

## East Windsor (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	46.6%	[ 38.22% - 54.93% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		35.1%	[ 24.79% - 45.51% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		18.3%	[ 11.75% - 24.80% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		58.8%	[ 49.86% - 67.77% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		69.0%	[ 48.15% - 89.90% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White		92.2%	[ 88.02% - 96.45% ]	88.4%	[ 87.85% - 88.93% ]
% African American		4.3%	[ 0.11% - 8.51% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		2.0%	[ -1.97% - 5.96% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	0.6%	[ -2.39% - 3.69% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		53.6%	[ 43.92% - 63.25% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		19.4%	[ 11.58% - 27.13% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		22.4%	[ 14.53% - 30.22% ]	24.2%	[ 23.77% - 24.57% ]
% never married		4.7%	[ 0.61% - 8.77% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		11.3%	[ 6.27% - 16.26% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	67.9%	[ 58.88% - 76.97% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	20.8%	[ 14.55% - 27.07% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	11.7%	[ 6.88% - 16.52% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		90.7%	[ 82.27% - 99.07% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		18.4%	[ 12.83% - 24.05% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.4%	[ 1.80% - 2.95% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.3%	[ 3.36% - 5.23% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		66.3%	[ 61.58% - 70.95% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		76.6%	[ 72.75% - 80.44% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		31.1%	[ 26.08% - 36.08% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		58.1%	[ 52.80% - 63.36% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		18.7%	[ 15.00% - 22.31% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		9.7%	[ 7.06% - 12.28% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		24.5%	[ 20.17% - 28.76% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		8.0%	[ 5.47% - 10.53% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.8%	[ 2.73% - 4.93% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		89.7%	[ 86.95% - 92.48% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		55.4%	[ 50.72% - 60.01% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		65.0%	[ 60.40% - 69.54% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		30.8%	[ 25.85% - 35.69% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		79.1%	[ 73.84% - 84.43% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening	W	72.5%	[ 67.79% - 77.15% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		13.4%	[ 10.17% - 16.55% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		37.3%	[ 31.44% - 43.13% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		18.3%	[ 14.12% - 22.53% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		5.8%	[ 3.38% - 8.19% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		28.9%	[ 24.50% - 33.26% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	W	25.8%	[ 22.82% - 28.84% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		76.6%	[ 73.90% - 79.39% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		98.3%	[ 96.54% - 100.01% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance	B	72.4%	[ 65.35% - 79.42% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		82.7%	[ 78.98% - 86.52% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		20.5%	[ 16.52% - 24.52% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		16.8%	[ 14.47% - 19.12% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	47.2%	[ 44.08% - 50.33% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		13.7%	[ 11.60% - 15.80% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		16.6%	[ 14.37% - 18.83% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.07%	[ 0.04% - 0.10% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)	B	32.3%	[ 28.05% - 36.60% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		11.7%	[ 9.01% - 14.37% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract		63.7%	[ 60.55% - 66.78% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		32.7%	[ 29.61% - 35.85% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	24.3%	[ 21.67% - 26.93% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.6%	[ 2.23% - 2.89% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		23.4%	[ 20.59% - 26.14% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	37.9%	[ 34.63% - 41.17% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.9%	[ 1.48% - 2.25% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.5%	[ 2.11% - 2.86% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	23.1%	[ 20.26% - 25.96% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		27.7%	[ 24.97% - 30.47% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		3.5%	[ 2.46% - 4.60% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.11%	[ 0.08% - 0.15% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	80.7%	[ 78.16% - 83.33% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	B	22.0%	[ 19.39% - 24.52% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	W	44.9%	[ 41.57% - 48.28% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.8%	[ 2.40% - 3.16% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		9.6%	[ 7.62% - 11.56% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.7%	[ 1.39% - 1.94% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		6.3%	[ 4.63% - 8.03% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		54.9%	[ 51.44% - 58.27% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		18.9%	[ 16.52% - 21.22% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease		18.3%	[ 15.90% - 20.73% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		9.0%	[ 7.14% - 10.86% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		10.5%	[ 7.85% - 13.16% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		11.7%	[ 9.79% - 13.61% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.9%	[ 0.67% - 1.11% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	W	65.9%	[ 62.86% - 69.00% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.0%	[ 4.42% - 7.59% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.0%	[ 1.69% - 2.39% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		8.7%	[ 6.73% - 10.70% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking	B	6.2%	[ 4.04% - 8.31% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		11.7%	[ 9.39% - 13.94% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		7.2%	[ 4.84% - 9.47% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.2%	[ 3.17% - 7.16% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		76.6%	[ 73.29% - 79.88% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		6.6%	[ 4.27% - 8.97% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		31.1%	[ 28.24% - 34.02% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		28.0%	[ 24.94% - 31.03% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	3.3%	[ 2.83% - 3.72% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.4%	[ 1.09% - 1.75% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		4.1%	[ 3.66% - 4.60% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	2.1%	[ 1.70% - 2.42% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		13.8%	[ 6.38% - 21.14% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.3%	[ 12.11% - 16.54% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		3.4%	[ -0.45% - 7.30% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.8%	[ 0.64% - 1.03% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty	*	2.5%	[ -0.91% - 5.99% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		19.1%	[ 11.67% - 26.49% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		4.7%	[ 3.35% - 6.04% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		4.1%	[ 0.53% - 7.74% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		12.7%	[ 5.57% - 19.83% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		21.0%	[ 17.20% - 24.71% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.4%	[ -0.41% - 1.22% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	0.8%	[ -0.32% - 1.84% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid		22.8%	[ 21.02% - 24.57% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	40.7%	[ 38.64% - 42.79% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor	B	98.0%	[ 96.69% - 99.35% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost	B	2.5%	[ 0.96% - 3.95% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	7.8	[ 7.38 - 8.27 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		577.6	[ 485.83 - 669.43 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	53.5	[ 51.52 - 55.57 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	2.8	[ 2.09 - 3.54 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		2.3	[ 1.90 - 2.73 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		254.5	[ 209.07 - 300.02 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		15.0%	[ 9.89% - 20.11% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		95.2	[ 69.02 - 121.45 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	7.2%	[ 6.10% - 8.29% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.9%	[ 2.19% - 3.70% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		47.0%	[ 37.01% - 57.06% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 7.0 - 13.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$2,905	[ \$2,330 - \$3,818 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		74.5%	[ 70.64% - 78.43% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	94.4%	[ 93.11% - 95.60% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt	B	95.9%	[ 94.10% - 97.79% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	19.5%	[ 14.50% - 24.58% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	88.0%	[ 80.27% - 95.82% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		38.5%	[ 27.57% - 49.44% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		16.1%	[ 11.96% - 20.25% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		33.3%	[ 0.22% - 66.45% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		24.7%	[ 14.61% - 34.83% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		8.1%	[ -1.70% - 17.88% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.0%	[ -2.11% - 2.11% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.9%	[ -1.53% - 3.26% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	5.4%	[ 2.20% - 8.60% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		7.9%	[ 2.73% - 13.10% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		20.1%	[ 11.81% - 28.30% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		4.2%	[ 0.80% - 7.61% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		11.5%	[ 5.28% - 17.66% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		38.8%	[ 26.59% - 51.01% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		26.4%	[ 16.97% - 35.90% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		23.3%	[ 11.38% - 35.21% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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