

## Glastonbury (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		55.7%	[ 52.53% - 58.91% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		29.8%	[ 25.38% - 34.23% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		14.5%	[ 10.76% - 18.19% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		55.0%	[ 50.45% - 59.63% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female	*	80.7%	[ 67.27% - 94.07% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	94.0%	[ 91.58% - 96.40% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	1.2%	[ -0.01% - 2.44% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		4.0%	[ 1.71% - 6.35% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	1.0%	[ -0.11% - 2.08% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	60.5%	[ 57.59% - 63.48% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		12.0%	[ 8.92% - 14.99% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		23.6%	[ 19.45% - 27.75% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	3.9%	[ 1.65% - 6.18% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	3.3%	[ 1.70% - 4.93% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	47.0%	[ 41.75% - 52.24% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	49.7%	[ 46.27% - 53.11% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	27.5%	[ 24.56% - 30.39% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	89.7%	[ 85.23% - 94.22% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		16.8%	[ 13.48% - 20.19% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.4%	[ 1.80% - 2.95% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate	B	3.3%	[ 2.86% - 3.77% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		67.7%	[ 62.05% - 73.44% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		75.9%	[ 71.14% - 80.73% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		26.7%	[ 21.30% - 32.18% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		61.9%	[ 55.82% - 67.95% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status	B	12.7%	[ 8.70% - 16.68% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		10.2%	[ 6.49% - 13.94% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		24.2%	[ 19.04% - 29.45% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		8.4%	[ 5.07% - 11.78% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.8%	[ 3.21% - 4.36% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year	B	92.9%	[ 90.22% - 95.63% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		57.6%	[ 51.95% - 63.23% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		66.1%	[ 60.54% - 71.61% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine	B	42.9%	[ 36.01% - 49.84% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		85.5%	[ 80.02% - 91.01% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		75.0%	[ 69.53% - 80.53% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		14.8%	[ 10.64% - 18.88% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		37.7%	[ 30.66% - 44.84% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		17.4%	[ 12.83% - 22.03% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.0%	[ 3.90% - 10.08% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		25.0%	[ 20.09% - 29.98% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	B	16.2%	[ 14.89% - 17.60% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		77.7%	[ 76.23% - 79.23% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening	B	99.4%	[ 98.73% - 100.00% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		58.3%	[ 47.51% - 69.16% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		80.1%	[ 75.05% - 85.13% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		22.0%	[ 16.83% - 27.18% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		14.5%	[ 13.34% - 15.64% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	43.3%	[ 41.59% - 44.96% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		14.3%	[ 13.10% - 15.48% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation	W	17.5%	[ 16.23% - 18.71% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.27%	[ 0.22% - 0.32% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		42.9%	[ 40.24% - 45.48% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		13.0%	[ 11.50% - 14.47% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	W	68.3%	[ 66.63% - 70.00% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease		28.4%	[ 26.80% - 29.98% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	B	17.1%	[ 15.87% - 18.33% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.3%	[ 1.84% - 2.81% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	20.1%	[ 18.77% - 21.51% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	26.3%	[ 24.71% - 27.89% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.8%	[ 1.23% - 2.42% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	B	2.3%	[ 1.70% - 2.81% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	23.4%	[ 21.92% - 24.96% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		28.6%	[ 27.10% - 30.14% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.5%	[ 3.82% - 5.16% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.25%	[ 0.20% - 0.30% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	71.2%	[ 69.55% - 72.81% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		25.2%	[ 23.78% - 26.71% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	B	37.0%	[ 35.25% - 38.71% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.3%	[ 1.75% - 2.78% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		8.5%	[ 7.49% - 9.53% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.8%	[ 1.36% - 2.23% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.1%	[ 4.35% - 5.95% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	B	52.1%	[ 50.23% - 53.94% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		21.5%	[ 20.12% - 22.79% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	17.7%	[ 16.42% - 18.99% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	7.6%	[ 6.69% - 8.43% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		14.0%	[ 12.17% - 15.76% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	B	10.4%	[ 9.43% - 11.39% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.9%	[ 0.55% - 1.19% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	57.8%	[ 56.11% - 59.59% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions	W	5.9%	[ 4.97% - 6.77% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder	B	1.4%	[ 1.00% - 1.82% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	B	4.7%	[ 3.93% - 5.45% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		6.5%	[ 3.56% - 9.49% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	B	7.3%	[ 6.32% - 8.23% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		6.8%	[ 4.07% - 9.52% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.8%	[ 3.26% - 8.40% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		76.6%	[ 73.29% - 79.88% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		6.5%	[ 3.40% - 9.67% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		30.9%	[ 29.34% - 32.48% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		24.4%	[ 22.81% - 25.89% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.2%	[ 2.62% - 3.86% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.1%	[ 0.72% - 1.53% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder		4.4%	[ 3.67% - 5.08% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.4%	[ 1.85% - 3.04% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		12.3%	[ 8.83% - 15.75% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	17.4%	[ 16.09% - 18.68% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		4.7%	[ 2.41% - 7.06% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[ 0.67% - 1.29% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		6.5%	[ 3.63% - 9.28% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty	*	14.3%	[ 10.86% - 17.78% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.4%	[ 2.79% - 4.05% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		7.4%	[ 4.20% - 10.54% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		10.1%	[ 6.54% - 13.63% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		21.0%	[ 17.20% - 24.71% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.2%	[ -0.05% - 0.43% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren	*	1.0%	[ 0.44% - 1.65% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	13.4%	[ 12.54% - 14.23% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	31.5%	[ 30.37% - 32.68% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor	B	98.2%	[ 96.89% - 99.43% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.9%	[ 1.71% - 6.10% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.5	[ 8.18 - 8.77 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	523.5	[ 483.63 - 563.29 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	47.0	[ 45.91 - 48.14 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		4.3	[ 3.70 - 4.81 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		2.1	[ 1.86 - 2.29 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		258.1	[ 234.49 - 281.65 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		17.1%	[ 14.29% - 19.92% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		102.1	[ 88.70 - 115.53 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	3.8%	[ 3.28% - 4.23% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		3.0%	[ 2.53% - 3.41% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		53.0%	[ 45.23% - 60.76% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		10.0	[ 8.0 - 13.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,080	[ \$2,516 - \$4,450 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		78.7%	[ 74.16% - 83.19% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle		87.2%	[ 85.52% - 88.97% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.5%	[ 91.77% - 97.21% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		30.0%	[ 26.68% - 33.34% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	82.1%	[ 79.45% - 84.67% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		46.6%	[ 41.10% - 52.01% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		13.7%	[ 9.16% - 18.18% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		48.7%	[ 27.84% - 69.60% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing	*	23.9%	[ 19.01% - 28.74% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		4.7%	[ 2.17% - 7.29% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.9%	[ -0.04% - 1.90% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.1%	[ -0.62% - 0.92% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	3.7%	[ 2.52% - 4.92% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	4.7%	[ 3.04% - 6.34% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year	*	28.6%	[ 25.39% - 31.80% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		5.9%	[ 3.56% - 8.30% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		14.5%	[ 9.69% - 19.32% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		25.5%	[ 20.09% - 30.87% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		26.7%	[ 20.95% - 32.51% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	33.3%	[ 27.79% - 38.77% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? [Beth.Dugan@umb.edu](mailto:Beth.Dugan@umb.edu)