Groton (New London)

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		55.7%	[51.55% - 59.85%]	55.7%	[55.33% - 56.11%]
% 75-84 years		30.9%	[27.46% - 34.29%]	29.1%	[28.75% - 29.45%]
% 85 years or older		13.4%	[10.49% - 16.35%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		57.3%	[53.33% - 61.30%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		65.7%	[52.57% - 78.77%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	92.7%	[91.42% - 93.88%]	88.4%	[87.85% - 88.93%]
% African American	*	3.5%	[1.22% - 5.69%]	6.8%	[6.63% - 6.88%]
% Asian		2.0%	[0.51% - 3.55%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	3.1%	[1.27% - 4.99%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		53.9%	[50.95% - 56.77%]	53.8%	[53.46% - 54.12%]
% divorced/separated		14.6%	[11.20% - 18.06%]	14.9%	[14.58% - 15.29%]
% widowed		23.2%	[19.46% - 27.01%]	24.2%	[23.77% - 24.57%]
% never married		8.3%	[5.33% - 11.23%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	10.2%	[6.95% - 13.45%]	14.7%	[14.30% - 15.04%]
% with high school or some college		54.3%	[49.64% - 58.88%]	53.3%	[52.80% - 53.74%]
% with college degree		35.5%	[32.25% - 38.83%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		19.8%	[17.05% - 22.47%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	91.7%	[88.65% - 94.79%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		19.3%	[16.21% - 22.40%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.7%	[1.80% - 3.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.6%	[4.11% - 5.07%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.4%	[62.98% - 71.91%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		73.0%	[69.20% - 76.89%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		24.0%	[19.44% - 28.58%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		60.3%	[54.99% - 65.52%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		16.7%	[13.38% - 20.03%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		12.3%	[9.47% - 15.09%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
FALLS							
% 60+ who fell within last year		29.2%	[24.72%	- 33.64%]	26.3%	[25.38%	- 27.18%]
% 60+ who were injured in a fall within last year		11.8%	[8.66%	- 15.00%]	9.8%	[9.22%	- 10.46%]
% 65+ had hip fracture		4.2%	[3.65%	- 4.70%]	3.7%	[3.63%	- 3.75%]
PREVENTION							
% 60+ with physical exam/check-up in last year		88.8%	[86.13%	- 91.52%]	88.5%	[87.93%	- 89.09%]
% 60+ flu shot in last year		53.0%	[48.62%	- 57.32%]	57.5%	[56.60%	- 58.43%]
% 60+ with pneumonia vaccine		64.8%	[60.47%	- 69.09%]	63.9%	[62.97%	- 64.79%]
% 60+ with shingles vaccine		36.7%	[32.02%	- 41.46%]	33.5%	[32.43%	- 34.52%]
% 60+ women with a mammogram within last 2 years	W	70.2%	[64.06%	- 76.41%]	79.7%	[78.56%	- 80.79%]
% 60+ with colorectal cancer screening		81.5%	[77.64%	- 85.46%]	78.2%	[77.29%	- 79.05%]
% 60+ with HIV test		18.1%	[14.67%	- 21.43%]	16.1%	[15.40%	- 16.83%]
% 60+ met CDC preventive health screening goals		37.2%	[31.50%	- 42.92%]	39.6%	[38.38%	- 40.80%]
NUTRITION & DIET							
% 60+ with 5 or more servings of fruit or vegetables per day		22.5%	[18.11%	- 26.98%]	19.9%	[19.00%	- 20.72%]
% 60+ stressed about buying food in last month		7.3%	[4.34%	- 10.18%]	8.6%	[7.95%	- 9.17%]
% 60+ self-reported obese		26.8%	[22.92%	- 30.76%]	26.1%	[25.27%	- 26.93%]
% 65+ clinically diagnosed obesity	W	25.0%	[23.66%	- 26.32%]	22.5%	[22.35%	- 22.66%]
% 65+ with high cholesterol		77.9%	[76.71%	- 79.19%]	77.0%	[76.85%	- 77.15%]
% 60+ with cholesterol screening		97.4%	[95.81%	- 98.99%]	97.1%	[96.74%	- 97.42%]
ORAL HEALTH							
% 60+ with dental insurance		61.4%	[53.83%	- 68.87%]	59.2%	[57.60%	- 60.76%]
% 60+ with annual dental exam		79.7%	[75.84%	- 83.54%]	80.0%	[79.13%	- 80.76%]
% 60+ with loss of 6 or more teeth		22.0%	[17.97%	- 25.94%]	23.8%	[22.96%	- 24.69%]
CHRONIC DISEASE							
% 65+ with Alzheimer's disease or related dementias		15.4%	[14.41%	- 16.42%]	14.4%	[14.26%	- 14.49%]
% 65+ with anemia		51.6%	[50.17%	- 53.05%]	50.6%	[50.41%	- 50.76%]
% 65+ with asthma		15.2%	[14.16%	- 16.18%]	14.1%	[13.96%	- 14.19%]
% 65+ with atrial fibrillation		17.1%	[16.08%	- 18.14%]	16.1%	[15.94%	- 16.18%]
% 65+ with autism spectrum disorder		0.12%	[0.07%	- 0.18%]	0.12%	[0.11%	- 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	49.7%	[47.48%	- 51.89%]	42.8%	[42.49%	- 43.01%]
% 65+ with breast cancer (women)		12.4%	[11.18%	- 13.65%]	11.4%	[11.25%	- 11.53%]
% 65+ with cataract	W	69.7%	[68.32%	- 71.08%]	64.8%	[64.67%	- 65.00%]
% 65+ with chronic kidney disease		30.5%	[29.15%	- 31.90%]	29.9%	[29.70%	- 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	26.0%	[24.73%	- 27.19%]	21.0%	[20.90%	- 21.17%]
% 65+ with colon cancer		2.7%	[2.28%	- 3.16%]	2.7%	[2.65%	- 2.75%]
% 65+ with congestive heart failure		22.0%	[20.83%	- 23.23%]	22.6%	[22.43%	- 22.72%]
% 65+ with diabetes	B	30.7%	[29.33%	- 32.12%]	33.8%	[33.59%	- 33.93%]
% 65+ with endometrial cancer (women)		2.1%	[1.55%	- 2.59%]	2.0%	[1.97%	- 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
% 65+ with epilepsy		3.3%	[2.78%	- 3.88%]	2.9%	[2.82% -	2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.7%	[25.37%	- 28.02%]	26.6%	[26.42% -	26.73%]
% 65+ with glaucoma	W	32.8%	[31.52%	- 34.17%]	28.3%	[28.11% -	28.41%]
% 65+ ever had a heart attack		4.2%	[3.70%	- 4.79%]	4.5%	[4.40% -	4.53%]
% 65+ with HIV/AIDS		0.15%	[0.10%	- 0.21%]	0.21%	[0.19% -	0.23%]
% 65+ with hypertension		76.3%	[75.07%	- 77.61%]	76.2%	[76.07% -	76.37%]
% 65+ with hypothyroidism	B	23.5%	[22.27%	- 24.65%]	25.1%	[24.99% -	25.28%]
% 65+ with ischemic heart disease	B	39.1%	[37.62%	- 40.53%]	40.7%	[40.55% -	40.90%]
% 65+ with leukemias and lymphomas		2.7%	[2.21%	- 3.17%]	2.7%	[2.60% -	2.71%]
% 65+ with liver disease	W	11.3%	[10.38%	- 12.25%]	9.5%	[9.37% -	9.59%]
% 65+ with lung cancer		1.5%	[1.18%	- 1.86%]	1.9%	[1.81% -	1.90%]
% 65+ with migraine and other chronic headache		5.6%	[4.91%	- 6.31%]	5.2%	[5.13% -	5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	W	55.9%	[54.38%	- 57.45%]	54.2%	[53.97% -	54.34%]
% 65+ with osteoporosis	W	23.2%	[22.07%	- 24.40%]	20.2%	[20.11% -	20.37%]
% 65+ with peripheral vascular disease		21.0%	[19.85%	- 22.19%]	19.9%	[19.72% -	19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.8%	[8.92%	- 10.64%]	9.2%	[9.11% -	9.31%]
% 65+ with prostate cancer (men)		13.9%	[12.46%	- 15.38%]	13.1%	[12.93% -	13.28%]
% 65+ with stroke	W	14.8%	[13.81%	- 15.74%]	11.9%	[11.80% -	12.01%]
% 65+ with traumatic brain injury		1.0%	[0.70%	- 1.26%]	1.3%	[1.25% -	1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	63.8%	[62.33%	- 65.17%]	61.8%	[61.61% -	61.95%]
% 65+ with 0 chronic conditions		6.8%	[6.03%	- 7.61%]	7.2%	[7.10% -	7.29%]
BEHAVIORAL HEALTH							
% 65+ with opioid use disorder		2.1%	[1.67%	- 2.60%]	2.2%	[2.10% -	2.21%]
% 65+ with substance use disorder	W	8.1%	[7.28%	- 9.01%]	6.8%	[6.66% -	6.85%]
% 60+ who used marijuana in last month		*N/A*			2.9%	[2.30% -	3.53%]
% 60+ excessive drinking		7.9%	[5.57%	- 10.18%]	9.2%	[8.64% -	9.71%]
% 65+ with tobacco use disorder	W	11.3%	[10.26%	- 12.26%]	10.1%	[9.94% -	10.17%]
% 60+ current smokers		6.3%	[4.16%	- 8.50%]	7.7%	[7.20% -	8.17%]
% 60+ ever used E-Cigarettes in last month		5.7%	[3.58%	- 7.73%]	6.4%	[5.89% -	6.80%]
MENTAL HEALTH							
% 60+ who reported receiving adequate emotional support		83.7%	[79.38%	- 88.09%]	78.3%	[76.70% -	79.88%]
% 60+ with 15+ days poor mental health in last month		6.5%	[4.14%	- 8.82%]	6.9%	[6.41% -	7.37%]
% 65+ with depression	W	33.8%	[32.41%	- 35.11%]	30.3%	[30.10% -	30.41%]
% 65+ with anxiety disorder	W	28.2%	[26.80%	- 29.51%]	25.5%	[25.35% -	25.66%]
% 65+ with bipolar disorder		4.3%	[3.66%	- 4.92%]	3.9%	[3.78% -	3.92%]
% 65+ with post-traumatic stress disorder	W	1.9%	[1.45%	- 2.37%]	1.3%	[1.20% -	1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.4%	[3.83%	- 5.06%]	4.6%	[4.53% -	4.68%]
% 65+ with personality disorder		2.5%	[2.05%	- 3.02%]	2.6%	[2.49% -	2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
LIVING WITH DISABILITY							
% 65+ with self-reported hearing difficulty		16.0%	[12.17%	- 19.83%]	12.4%	[12.08% -	12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	20.5%	[19.35%	- 21.67%]	15.7%	[15.60% -	15.85%]
% 65+ with self-reported vision difficulty	*	2.7%	[1.41%	- 4.08%]	4.8%	[4.55% -	5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.2%	[0.85%	- 1.49%]	1.1%	[1.05% -	1.12%]
% 65+ with self-reported cognition difficulty		6.0%	[4.06%	- 7.97%]	7.6%	[7.34% -	7.87%]
% 65+ with self-reported ambulatory difficulty		20.3%	[16.10%	- 24.52%]	19.1%	[18.71% -	19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.6%	[3.97%	- 5.19%]	4.0%	[3.95% -	4.09%]
% 65+ with self-reported self-care difficulty		6.4%	[4.29%	- 8.48%]	7.5%	[7.25% -	7.77%]
% 65+ with self-reported independent living difficulty		13.6%	[10.43%	- 16.69%]	13.6%	[13.23% -	13.93%]
CAREGIVING							
% of 60+ who provide care to a family/friend in last month		22.0%	[16.01%	- 27.96%]	21.7%	[19.87% -	23.57%]
% of grandparents raising grandchildren		0.9%	[0.21%	- 1.55%]	0.8%	[0.73% -	0.86%]
% of grandparents who live with grandchildren		2.2%	[1.34%	- 2.98%]	2.7%	[2.62% -	2.83%]
ACCESS TO CARE							
% 65+ dually eligible for Medicare and Medicaid	*	17.2%	[16.34%	- 18.03%]	22.1%	[21.96% -	22.17%]
% 65+ Medicare managed care enrollees	*	23.9%	[22.91%	- 24.82%]	29.9%	[29.76% -	29.99%]
% 60+ with a regular doctor		95.2%	[93.50%	- 96.98%]	96.0%	[95.68% -	96.39%]
% 60+ who did not see a doctor when needed due to cost		3.3%	[1.64%	- 5.03%]	4.5%	[4.14% -	4.92%]
SERVICE UTILIZATION							
# physician visits per year	*	8.2	[8.02	- 8.45]	8.6	[8.60 -	8.66]
# emergency room visits/1000 persons 65+ years annually	*	797.2	[755.97	- 838.34]	636.7	[631.77 -	641.56]
# Part D monthly prescription fills per person annually	*	52.1	[50.87	- 53.26]	50.3	[50.15 -	50.39]
# home health visits annually		4.3	[3.85	- 4.84]	4.1	[4.02 -	4.14]
# durable medical equipment claims annually		1.8	[1.68	- 1.99]	1.9	[1.88 -	1.91]
# inpatient hospital stays/1000 persons 65+ years annually		273.3	[252.64	- 293.87]	273.3	[270.72 -	275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		15.7%	[13.51%	- 17.81%]	17.2%	[16.89% -	17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		115.9	[103.23	- 128.47]	104.7	[103.23 -	106.08]
% 65+ getting Medicaid long term services and supports		5.1%	[4.65%	- 5.64%]	5.5%	[5.48% -	5.60%]
% 65+ hospice users		2.7%	[2.30%	- 3.07%]	2.8%	[2.70% -	2.79%]
% 65+ hospice users as % of decedents		43.5%	[37.86%	- 49.14%]	45.5%	[44.85% -	46.14%]
Median hospice days per hospice user (65+, deceased)		11.0	[9.0	- 13.0]	10.0	[10.00 -	10.00]
Median hospice payment (Medicare + other) per hospice user		$3,593	[$2,861	- $4,175]	$3,741	[$3,650 -	$3,816]
COMMUNITY							
% 60+ who used Internet in last month		75.8%	[71.89%	- 79.74%]	75.1%	[74.32% -	75.89%]
TRANSPORTATION							
% 65+ who own a motor vehicle		85.5%	[83.03%	- 87.92%]	87.3%	[87.15% -	87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.0%	[91.66%	- 96.27%]	93.0%	[92.53% -	93.49%]
% 60+ who drove under the influence of drinking in last month		*N/A*			2.2%	[1.76% -	2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
HOUSING							
% 65+ population who live alone	*	34.1%	[31.14%	- 37.14%]	28.4%	[27.99%	- 28.89%]
% 60+ own home	*	73.0%	[70.18%	- 75.76%]	76.9%	[76.70%	- 77.17%]
% 60+ homeowners who have mortgage		45.3%	[39.37%	- 51.32%]	47.1%	[46.58%	- 47.64%]
% 60+ stressed about paying rent/mortgage in last month		13.8%	[10.03%	- 17.53%]	17.4%	[16.52%	- 18.19%]
% 65+ households (renter) spend >35% of income on housing		45.2%	[32.38%	- 58.09%]	44.0%	[42.55%	- 45.42%]
% 65+ households (owner) spend >35% of income on housing		26.6%	[21.46%	- 31.65%]	29.5%	[28.89%	- 30.15%]
% 65+ moved within same county in last year		6.7%	[3.86%	- 9.45%]	3.7%	[3.48% -	3.89%]
% 65+ moved from different county in last year		1.4%	[-0.22%	- 2.96%]	0.8%	[0.71% -	0.90%]
% 65+ moved from different state in last year		0.9%	[-0.04%	- 1.83%]	0.9%	[0.82% -	1.05%]
% of vacant homes in community		11.8%	[9.74%	- 13.94%]	9.6%	[9.29% -	9.87%]
ECONOMIC							
% 60+ receiving food benefits in last year		10.1%	[6.49%	- 13.67%]	10.9%	[10.53%	- 11.21%]
% 65+ employed in last year	*	29.6%	[25.64%	- 33.63%]	24.8%	[24.48%	- 25.15%]
% 65+ with income below the poverty line in last year		5.5%	[3.33%	- 7.60%]	7.0%	[6.79% -	7.30%]
% 65+ households with annual income < $20,000		17.2%	[12.81%	- 21.60%]	17.1%	[16.57%	- 17.55%]
% 65+ households with annual income $20,000-$49,999		29.2%	[23.64%	- 34.75%]	31.0%	[30.35%	- 31.62%]
% 65+ households with annual income $50,000-$99,999		30.1%	[25.30%	- 34.84%]	27.6%	[27.04%	- 28.17%]
% 65+ households with annual income $100,000+		23.5%	[19.65%	- 27.42%]	24.4%	[23.82%	- 24.89%]

*Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).*
2 All community and state margins of error are 95% confidence intervals.

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