

## Barkhamsted (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	70.5%	[ 61.47% - 79.50% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		27.8%	[ 16.66% - 38.85% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older	*	1.8%	[ -1.86% - 5.38% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		52.1%	[ 40.73% - 63.53% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		0.0%	[ -119.1% - 119.15% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White		98.5%	[ 88.90% - 108.16% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.0%	[ -5.14% - 5.14% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		0.0%	[ -5.14% - 5.14% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	0.0%	[ -5.14% - 5.14% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	71.4%	[ 61.87% - 80.86% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		7.5%	[ -1.40% - 16.37% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		19.5%	[ 10.52% - 28.54% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	1.6%	[ -3.55% - 6.78% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		12.3%	[ 4.23% - 20.44% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		50.8%	[ 41.85% - 59.76% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree		36.9%	[ 24.17% - 49.54% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	9.7%	[ 2.84% - 16.54% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	97.2%	[ 85.72% - 108.70% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		16.4%	[ 8.04% - 24.86% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		1.8%	[ 0.88% - 2.66% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.1%	[ 1.97% - 4.27% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		68.2%	[ 62.72% - 73.66% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	B	80.9%	[ 76.57% - 85.22% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		26.5%	[ 21.21% - 31.83% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		64.4%	[ 58.26% - 70.51% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status	B	13.1%	[ 9.61% - 16.53% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		9.3%	[ 6.18% - 12.45% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		29.9%	[ 24.51% - 35.24% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		12.7%	[ 8.68% - 16.64% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		5.0%	[ 3.39% - 6.54% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		87.7%	[ 83.88% - 91.47% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		57.3%	[ 51.72% - 62.94% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		62.1%	[ 56.37% - 67.91% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		37.1%	[ 30.81% - 43.49% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		84.8%	[ 78.98% - 90.66% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		83.6%	[ 78.92% - 88.32% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test	*	10.5%	[ 7.13% - 13.90% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		42.6%	[ 35.73% - 49.53% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[ 15.58% - 25.82% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		8.8%	[ 4.88% - 12.65% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		26.8%	[ 21.42% - 32.16% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity		20.4%	[ 16.92% - 23.86% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		74.0%	[ 70.31% - 77.68% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		97.9%	[ 96.06% - 99.77% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		67.0%	[ 57.47% - 76.45% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		85.3%	[ 80.68% - 89.95% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	B	16.7%	[ 12.36% - 20.95% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		13.3%	[ 10.62% - 15.89% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	38.8%	[ 34.95% - 42.69% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		12.2%	[ 9.64% - 14.83% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		14.0%	[ 11.30% - 16.61% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.11%	[ 0.05% - 0.17% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		38.5%	[ 32.87% - 44.17% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		11.6%	[ 8.10% - 15.04% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	B	58.1%	[ 54.01% - 62.14% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	21.7%	[ 18.22% - 25.09% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		19.5%	[ 16.39% - 22.64% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.4%	[ 1.84% - 3.05% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	17.8%	[ 14.67% - 21.00% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	25.1%	[ 21.41% - 28.74% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.6%	[ 0.87% - 2.30% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	B	1.8%	[ 1.15% - 2.38% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	18.8%	[ 15.46% - 22.09% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		27.5%	[ 23.92% - 30.98% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		3.7%	[ 2.24% - 5.11% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.13%	[ 0.07% - 0.19% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	70.6%	[ 66.82% - 74.48% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		21.8%	[ 18.61% - 25.07% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	B	33.4%	[ 29.41% - 37.33% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.6%	[ 1.86% - 3.24% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		7.9%	[ 5.60% - 10.26% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.4%	[ 0.92% - 1.92% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		4.3%	[ 2.59% - 5.93% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	B	49.1%	[ 44.77% - 53.47% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis	B	14.6%	[ 11.92% - 17.37% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	12.0%	[ 9.50% - 14.52% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer		7.8%	[ 5.60% - 10.02% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		13.8%	[ 9.78% - 17.75% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	B	9.3%	[ 7.10% - 11.52% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury	B	0.7%	[ 0.36% - 1.09% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	51.7%	[ 47.68% - 55.81% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		7.5%	[ 5.21% - 9.73% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.9%	[ 1.21% - 2.50% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		5.6%	[ 3.70% - 7.57% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		13.0%	[ 8.80% - 17.20% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		10.1%	[ 7.54% - 12.66% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		5.4%	[ 2.79% - 7.95% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.4%	[ 2.70% - 8.13% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		76.4%	[ 69.91% - 82.80% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month	B	3.5%	[ 1.62% - 5.32% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	B	23.9%	[ 20.52% - 27.34% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	B	19.1%	[ 15.85% - 22.42% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	B	1.8%	[ 1.19% - 2.44% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.1%	[ 0.58% - 1.61% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	2.5%	[ 1.83% - 3.12% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	B	1.6%	[ 1.03% - 2.27% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty	*	5.7%	[ 0.24% - 11.22% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.4%	[ 11.54% - 17.33% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		1.3%	[ -3.16% - 5.80% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[ 0.57% - 1.56% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty	*	1.8%	[ -3.04% - 6.56% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty	*	4.8%	[ -0.55% - 10.24% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.3%	[ 1.80% - 4.77% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		4.7%	[ -1.26% - 10.66% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty	*	6.2%	[ -0.25% - 12.59% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		19.3%	[ 12.69% - 25.86% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.2%	[ -0.28% - 0.76% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		1.5%	[ 0.10% - 2.83% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	11.5%	[ 9.70% - 13.36% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	33.2%	[ 30.52% - 35.92% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.8%	[ 94.59% - 99.07% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		4.6%	[ 2.24% - 6.87% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	7.4	[ 6.87 - 7.97 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually		577.6	[ 491.19 - 664.07 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	41.4	[ 39.02 - 43.87 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		4.0	[ 2.34 - 5.65 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		1.7	[ 1.24 - 2.10 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		268.4	[ 207.93 - 328.91 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		19.5%	[ 13.97% - 25.08% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		97.8	[ 61.54 - 134.16 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	2.9%	[ 1.94% - 3.87% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.3%	[ 1.38% - 3.13% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		47.3%	[ 28.26% - 66.38% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.5	[ 4.3 - 23.7 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,725	[ \$2,269 - \$7,807 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month	*	82.9%	[ 79.14% - 86.76% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	100.0%	[ 94.93% - 105.07% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		94.5%	[ 91.81% - 97.28% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	8.5%	[ 0.70% - 16.33% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	97.2%	[ 95.40% - 99.00% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		40.9%	[ 27.72% - 54.04% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		12.9%	[ 8.39% - 17.33% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		0.0%	[ -178.7% - 178.72% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing	*	16.9%	[ 5.84% - 27.92% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		0.0%	[ -3.64% - 3.64% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		1.0%	[ -2.50% - 4.56% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.0%	[ -3.64% - 3.64% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		6.8%	[ 1.25% - 12.28% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	3.5%	[ -1.64% - 8.55% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		25.7%	[ 14.99% - 36.41% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		3.7%	[ -1.24% - 8.58% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000	*	6.5%	[ -1.30% - 14.33% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		38.1%	[ 19.09% - 57.10% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		23.3%	[ 11.51% - 35.11% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		32.1%	[ 15.88% - 48.28% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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