

## Guilford (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	62.2%	[ 58.21% - 66.23% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		26.6%	[ 22.13% - 31.11% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older	*	11.2%	[ 7.56% - 14.76% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		52.5%	[ 47.64% - 57.43% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		53.9%	[ 36.92% - 70.85% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	95.3%	[ 91.72% - 98.85% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	0.4%	[ -0.29% - 1.08% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		4.1%	[ 0.97% - 7.20% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	2.2%	[ 0.24% - 4.22% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	67.7%	[ 65.78% - 69.58% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated	*	10.7%	[ 7.48% - 13.97% ]	14.9%	[ 14.58% - 15.29% ]
% widowed	*	16.0%	[ 12.13% - 19.93% ]	24.2%	[ 23.77% - 24.57% ]
% never married		5.6%	[ 3.48% - 7.64% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	4.2%	[ 2.69% - 5.79% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	41.0%	[ 35.87% - 46.09% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	54.8%	[ 50.42% - 59.15% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	31.9%	[ 27.29% - 36.45% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	91.3%	[ 87.18% - 95.43% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		17.5%	[ 13.55% - 21.35% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		3.7%	[ 3.14% - 4.25% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		67.8%	[ 61.56% - 74.01% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	B	82.6%	[ 78.02% - 87.19% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		31.4%	[ 25.14% - 37.64% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity	B	69.4%	[ 63.07% - 75.73% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status	B	12.3%	[ 8.49% - 16.19% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		9.5%	[ 6.40% - 12.61% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year	B	19.3%	[ 14.19% - 24.43% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		6.5%	[ 3.68% - 9.32% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.4%	[ 2.82% - 4.05% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		87.4%	[ 83.72% - 91.15% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		61.5%	[ 55.78% - 67.23% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		68.5%	[ 62.76% - 74.17% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine	B	47.2%	[ 39.97% - 54.36% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		79.7%	[ 71.82% - 87.54% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		81.3%	[ 75.88% - 86.79% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		14.5%	[ 10.02% - 18.89% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		39.0%	[ 31.34% - 46.56% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.9%	[ 17.24% - 28.55% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		7.4%	[ 3.95% - 10.82% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		23.1%	[ 18.10% - 28.15% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	B	16.1%	[ 14.67% - 17.55% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol	B	73.7%	[ 72.03% - 75.37% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening	B	98.9%	[ 97.80% - 100.09% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		61.9%	[ 52.02% - 71.73% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		83.4%	[ 78.23% - 88.65% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	B	16.7%	[ 11.77% - 21.56% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	12.3%	[ 11.13% - 13.42% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	B	45.6%	[ 43.80% - 47.45% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma	B	11.8%	[ 10.67% - 12.98% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		15.8%	[ 14.52% - 17.06% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.10%	[ 0.05% - 0.15% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		40.6%	[ 37.88% - 43.31% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		12.0%	[ 10.43% - 13.55% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	W	67.5%	[ 65.75% - 69.32% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	B	24.8%	[ 23.20% - 26.46% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	B	14.9%	[ 13.61% - 16.11% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer	B	1.9%	[ 1.46% - 2.41% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	B	17.1%	[ 15.76% - 18.48% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	B	24.6%	[ 22.96% - 26.28% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.7%	[ 1.95% - 3.47% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	B	2.1%	[ 1.53% - 2.68% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		25.1%	[ 23.42% - 26.75% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma		29.2%	[ 27.56% - 30.83% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack	B	3.4%	[ 2.79% - 4.04% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.13%	[ 0.08% - 0.18% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	B	70.9%	[ 69.20% - 72.66% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		25.6%	[ 24.00% - 27.13% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	B	33.4%	[ 31.66% - 35.24% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		3.0%	[ 2.29% - 3.62% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		8.4%	[ 7.33% - 9.46% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.7%	[ 1.20% - 2.11% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		4.6%	[ 3.80% - 5.45% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		55.1%	[ 53.15% - 57.12% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		21.5%	[ 20.01% - 22.92% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	B	13.8%	[ 12.61% - 15.07% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	B	7.8%	[ 6.81% - 8.72% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		13.0%	[ 11.18% - 14.82% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	B	8.9%	[ 7.97% - 9.91% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.0%	[ 0.62% - 1.36% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	B	54.5%	[ 52.68% - 56.39% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		6.9%	[ 5.87% - 7.90% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.6%	[ 1.12% - 2.14% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	B	5.1%	[ 4.20% - 5.92% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		8.6%	[ 5.50% - 11.79% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	B	5.2%	[ 4.37% - 6.11% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		5.7%	[ 3.08% - 8.26% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		5.6%	[ 2.92% - 8.30% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		4.8%	[ 2.57% - 6.97% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression		29.1%	[ 27.40% - 30.70% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	B	21.8%	[ 20.18% - 23.35% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		3.7%	[ 2.95% - 4.40% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		0.9%	[ 0.55% - 1.33% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	B	3.7%	[ 2.99% - 4.46% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder		2.3%	[ 1.70% - 2.83% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty	*	8.4%	[ 5.55% - 11.24% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	14.2%	[ 12.95% - 15.51% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty	*	2.5%	[ 0.94% - 4.11% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.5%	[ 0.30% - 0.78% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		7.0%	[ 4.25% - 9.77% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty	*	10.7%	[ 7.55% - 13.75% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment	B	2.9%	[ 2.30% - 3.52% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty	*	4.8%	[ 2.57% - 7.10% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty	*	7.2%	[ 4.63% - 9.84% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16% - 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren	*	0.1%	[ -0.04% - 0.27% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		1.8%	[ 0.80% - 2.71% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	10.9%	[ 10.01% - 11.69% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	27.3%	[ 26.07% - 28.48% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		96.4%	[ 93.96% - 98.92% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		4.6%	[ 2.25% - 7.05% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.8	[ 8.50 - 9.05 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	545.1	[ 503.39 - 586.90 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	44.8	[ 43.60 - 45.98 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		3.9	[ 3.32 - 4.43 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	1.3	[ 1.14 - 1.48 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	228.6	[ 203.92 - 253.38 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		15.5%	[ 12.33% - 18.63% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	76.4	[ 63.58 - 89.20 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	2.7%	[ 2.25% - 3.13% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		2.7%	[ 2.21% - 3.13% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents	*	59.5%	[ 51.25% - 67.77% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		13.0	[ 10.0 - 15.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$5,698	[ \$4,393 - \$6,897 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month	*	87.1%	[ 83.56% - 90.55% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	97.5%	[ 94.73% - 100.35% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		93.4%	[ 90.61% - 96.28% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	20.3%	[ 16.73% - 23.90% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	88.9%	[ 86.57% - 91.24% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		48.9%	[ 45.37% - 52.48% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month	B	11.6%	[ 7.43% - 15.76% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		42.7%	[ 21.82% - 63.62% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		28.6%	[ 23.60% - 33.54% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		4.7%	[ 1.68% - 7.74% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.4%	[ -0.34% - 1.09% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.7%	[ -0.08% - 1.38% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		9.4%	[ 6.78% - 12.06% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	4.9%	[ 2.76% - 7.08% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year	*	36.5%	[ 32.15% - 40.89% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year	*	2.1%	[ 0.83% - 3.43% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000	*	6.5%	[ 3.48% - 9.57% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999	*	22.9%	[ 17.20% - 28.58% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		30.5%	[ 24.51% - 36.58% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	40.0%	[ 33.21% - 46.87% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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