

## Hamden (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	50.9%	[ 47.41% - 54.33% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		30.8%	[ 27.15% - 34.39% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		18.4%	[ 15.20% - 21.53% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		57.7%	[ 53.69% - 61.65% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		61.7%	[ 51.01% - 72.47% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White	*	79.8%	[ 77.14% - 82.39% ]	88.4%	[ 87.85% - 88.93% ]
% African American	*	14.9%	[ 12.06% - 17.81% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		3.2%	[ 1.67% - 4.73% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	3.1%	[ 1.85% - 4.28% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married		51.8%	[ 48.21% - 55.46% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		14.9%	[ 12.09% - 17.66% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		22.2%	[ 18.51% - 25.95% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	11.1%	[ 8.37% - 13.75% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education		11.9%	[ 9.32% - 14.57% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college		50.6%	[ 46.87% - 54.36% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	37.4%	[ 34.01% - 40.88% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	22.2%	[ 19.22% - 25.16% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home		84.3%	[ 80.81% - 87.86% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		16.2%	[ 13.76% - 18.64% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate		4.0%	[ 3.59% - 4.33% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		64.1%	[ 58.43% - 69.68% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month		73.7%	[ 68.61% - 78.82% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		26.3%	[ 20.81% - 31.84% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity		55.1%	[ 48.67% - 61.62% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status		19.1%	[ 14.22% - 23.90% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		12.7%	[ 8.52% - 16.81% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		25.7%	[ 20.49% - 30.89% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		9.9%	[ 6.15% - 13.70% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture	W	4.8%	[ 4.29% - 5.30% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		87.4%	[ 83.23% - 91.48% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		60.6%	[ 54.79% - 66.34% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		65.3%	[ 59.58% - 70.95% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		38.4%	[ 32.14% - 44.68% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		79.1%	[ 72.39% - 85.84% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		79.8%	[ 74.99% - 84.63% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		19.0%	[ 14.12% - 23.91% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		40.5%	[ 33.74% - 47.32% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[ 15.44% - 26.04% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		8.9%	[ 4.95% - 12.82% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		22.5%	[ 17.77% - 27.17% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	B	20.9%	[ 19.79% - 22.09% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		77.5%	[ 76.38% - 78.64% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening		96.4%	[ 94.04% - 98.73% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		66.4%	[ 56.56% - 76.23% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam	B	85.6%	[ 81.73% - 89.52% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth		25.0%	[ 19.85% - 30.05% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	W	17.5%	[ 16.57% - 18.51% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia	W	53.7%	[ 52.39% - 55.02% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		14.6%	[ 13.64% - 15.47% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		15.8%	[ 14.88% - 16.70% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder		0.17%	[ 0.11% - 0.22% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		44.0%	[ 41.97% - 46.05% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		12.1%	[ 11.03% - 13.18% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	W	66.3%	[ 65.05% - 67.61% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	W	33.4%	[ 32.16% - 34.73% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease		22.2%	[ 21.16% - 23.28% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		2.6%	[ 2.18% - 2.96% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure	W	27.1%	[ 25.92% - 28.28% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	35.8%	[ 34.47% - 37.11% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		2.4%	[ 1.89% - 2.92% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy		2.4%	[ 2.03% - 2.87% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue	W	28.3%	[ 27.02% - 29.48% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma	W	31.9%	[ 30.68% - 33.06% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.0%	[ 3.53% - 4.49% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS	*	0.51%	[ 0.42% - 0.61% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	78.8%	[ 77.64% - 79.88% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism	W	27.5%	[ 26.31% - 28.59% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease	W	43.4%	[ 42.01% - 44.73% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		3.0%	[ 2.52% - 3.43% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease		10.2%	[ 9.35% - 11.02% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		2.1%	[ 1.73% - 2.45% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.2%	[ 4.61% - 5.84% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis		55.5%	[ 54.15% - 56.95% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis	W	22.3%	[ 21.29% - 23.38% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	W	23.9%	[ 22.82% - 25.07% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	W	10.8%	[ 9.97% - 11.59% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)		12.6%	[ 11.32% - 13.95% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke		12.6%	[ 11.79% - 13.44% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.4%	[ 1.08% - 1.70% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	W	65.9%	[ 64.60% - 67.15% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions	W	6.0%	[ 5.30% - 6.64% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		2.3%	[ 1.91% - 2.79% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder		6.9%	[ 6.15% - 7.61% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		10.3%	[ 6.85% - 13.77% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder		9.1%	[ 8.32% - 9.97% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		5.2%	[ 2.88% - 7.48% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month		4.6%	[ 2.45% - 6.68% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month		7.3%	[ 3.79% - 10.84% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	W	34.0%	[ 32.82% - 35.28% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder		25.5%	[ 24.34% - 26.75% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder		4.3%	[ 3.72% - 4.88% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.2%	[ 0.91% - 1.57% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	W	5.6%	[ 5.02% - 6.27% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	W	3.2%	[ 2.69% - 3.63% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		12.7%	[ 10.04% - 15.39% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	17.9%	[ 16.95% - 18.95% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		5.4%	[ 3.21% - 7.52% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[ 0.98% - 1.56% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		7.4%	[ 5.12% - 9.75% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		22.7%	[ 19.03% - 26.37% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		4.5%	[ 4.00% - 5.08% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty		9.8%	[ 7.41% - 12.25% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		15.0%	[ 11.65% - 18.38% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16% - 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		0.9%	[ 0.42% - 1.34% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		2.4%	[ 1.71% - 3.15% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid		23.0%	[ 22.15% - 23.76% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees		29.8%	[ 28.94% - 30.69% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		95.3%	[ 92.20% - 98.43% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		3.3%	[ 1.26% - 5.42% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	9.1	[ 8.83 - 9.27 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	560.2	[ 528.20 - 592.22 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	51.4	[ 50.44 - 52.29 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually	*	5.5	[ 4.96 - 5.97 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually	*	2.2	[ 1.99 - 2.33 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		280.4	[ 260.22 - 300.64 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		17.9%	[ 15.55% - 20.21% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	120.4	[ 107.83 - 132.94 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	6.4%	[ 5.92% - 6.85% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users	*	3.4%	[ 3.00% - 3.72% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		50.9%	[ 45.36% - 56.48% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		10.0	[ 9.0 - 13.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user	*	\$4,874	[ \$4,310 - \$5,464 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		77.3%	[ 72.55% - 82.14% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	84.9%	[ 83.55% - 86.29% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt	B	95.7%	[ 93.53% - 97.80% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone		30.1%	[ 25.83% - 34.30% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home		77.1%	[ 74.19% - 79.99% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		47.2%	[ 41.74% - 52.62% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		16.5%	[ 11.36% - 21.62% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing		40.8%	[ 27.67% - 53.92% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		34.2%	[ 28.75% - 39.72% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		3.8%	[ 2.22% - 5.45% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.5%	[ -0.14% - 1.05% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year		0.5%	[ -0.08% - 1.00% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community		8.2%	[ 6.49% - 9.98% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	8.2%	[ 5.81% - 10.51% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		26.4%	[ 23.30% - 29.43% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		7.5%	[ 5.26% - 9.78% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		15.8%	[ 11.81% - 19.78% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		33.1%	[ 27.57% - 38.69% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		26.9%	[ 22.66% - 31.06% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+		24.2%	[ 20.22% - 28.22% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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