

Hartford (Hartford)



| HEALTHY AGING INDICATORS | HIGHER / LOWER STATE RATE ¹ | COMMUNITY ESTIMATE | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|-----------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| Population 65 years or older | | | | | |
| % 65-74 years | * | 58.8% | [56.19% - 61.51%] | 55.7% | [55.33% - 56.11%] |
| % 75-84 years | | 29.5% | [26.49% - 32.55%] | 29.1% | [28.75% - 29.45%] |
| % 85 years or older | * | 11.6% | [9.82% - 13.44%] | 15.2% | [14.93% - 15.43%] |
| % 65+ population who are female | * | 61.0% | [58.22% - 63.79%] | 56.8% | [56.36% - 57.18%] |
| % 85+ population who are female | | 67.2% | [59.05% - 75.32%] | 66.6% | [65.94% - 67.18%] |
| Race and ethnicity of the population 65+ | | | | | |
| % White | * | 41.0% | [38.26% - 43.73%] | 88.4% | [87.85% - 88.93%] |
| % African American | * | 37.9% | [35.41% - 40.43%] | 6.8% | [6.63% - 6.88%] |
| % Asian | | 1.9% | [0.97% - 2.83%] | 2.3% | [2.20% - 2.35%] |
| % Hispanic/Latino | * | 35.3% | [33.09% - 37.49%] | 5.8% | [5.66% - 5.84%] |
| Marital status of the population 65+ | | | | | |
| % married | * | 30.7% | [27.88% - 33.47%] | 53.8% | [53.46% - 54.12%] |
| % divorced/separated | * | 23.7% | [20.84% - 26.54%] | 14.9% | [14.58% - 15.29%] |
| % widowed | | 27.2% | [24.43% - 30.03%] | 24.2% | [23.77% - 24.57%] |
| % never married | * | 18.4% | [16.20% - 20.61%] | 7.1% | [6.85% - 7.36%] |
| Education of the population 65+ | | | | | |
| % with less than high school education | * | 44.6% | [41.22% - 47.98%] | 14.7% | [14.30% - 15.04%] |
| % with high school or some college | * | 42.6% | [39.77% - 45.38%] | 53.3% | [52.80% - 53.74%] |
| % with college degree | * | 12.8% | [10.72% - 14.93%] | 32.1% | [31.72% - 32.40%] |
| % with graduate or professional degree | * | 6.7% | [5.05% - 8.37%] | 16.8% | [16.58% - 17.09%] |
| % of 65+ population who speak only English at home | * | 58.4% | [55.50% - 61.35%] | 84.3% | [83.76% - 84.83%] |
| % of 65+ population who are veterans of military service | * | 7.8% | [6.25% - 9.32%] | 17.5% | [17.21% - 17.69%] |
| % of 60+ who are LGBT (County) | | 2.4% | [1.80% - 2.95%] | 2.5% | [2.17% - 2.74%] |
| Age-sex adjusted 1-year mortality rate | | 4.5% | [4.10% - 4.88%] | 4.1% | [4.08% - 4.18%] |
| WELLNESS | | | | | |
| % 60+ getting the recommended hours of sleep | | 57.1% | [49.19% - 64.93%] | 65.2% | [64.24% - 66.16%] |
| % 60+ doing any physical activity within last month | W | 61.0% | [53.71% - 68.38%] | 75.0% | [74.20% - 75.79%] |
| % 60+ met CDC guidelines for muscle-strengthening activity | | 26.5% | [19.59% - 33.32%] | 27.6% | [26.62% - 28.52%] |
| % 60+ met CDC guidelines for aerobic physical activity | W | 44.2% | [36.41% - 51.92%] | 58.1% | [56.98% - 59.11%] |
| % 60+ with fair or poor health status | W | 32.3% | [24.92% - 39.70%] | 17.6% | [16.90% - 18.31%] |
| % 60+ with 15+ physically unhealthy days in last month | | 13.8% | [7.36% - 20.15%] | 12.4% | [11.74% - 12.96%] |

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| FALLS | | | | | |
| % 60+ who fell within last year | | 27.4% | [20.22% - 34.65%] | 26.3% | [25.38% - 27.18%] |
| % 60+ who were injured in a fall within last year | | 9.3% | [4.23% - 14.44%] | 9.8% | [9.22% - 10.46%] |
| % 65+ had hip fracture | B | 3.2% | [2.74% - 3.62%] | 3.7% | [3.63% - 3.75%] |
| PREVENTION | | | | | |
| % 60+ with physical exam/check-up in last year | | 88.7% | [84.54% - 92.83%] | 88.5% | [87.93% - 89.09%] |
| % 60+ flu shot in last year | W | 45.4% | [37.66% - 53.07%] | 57.5% | [56.60% - 58.43%] |
| % 60+ with pneumonia vaccine | | 57.1% | [49.25% - 64.90%] | 63.9% | [62.97% - 64.79%] |
| % 60+ with shingles vaccine | W | 14.7% | [9.51% - 19.97%] | 33.5% | [32.43% - 34.52%] |
| % 60+ women with a mammogram within last 2 years | | 83.4% | [75.70% - 91.09%] | 79.7% | [78.56% - 80.79%] |
| % 60+ with colorectal cancer screening | | 71.0% | [63.97% - 78.10%] | 78.2% | [77.29% - 79.05%] |
| % 60+ with HIV test | * | 32.8% | [25.08% - 40.52%] | 16.1% | [15.40% - 16.83%] |
| % 60+ met CDC preventive health screening goals | | 30.1% | [20.40% - 39.85%] | 39.6% | [38.38% - 40.80%] |
| NUTRITION & DIET | | | | | |
| % 60+ with 5 or more servings of fruit or vegetables per day | | 23.9% | [16.97% - 30.82%] | 19.9% | [19.00% - 20.72%] |
| % 60+ stressed about buying food in last month | W | 17.2% | [10.14% - 24.21%] | 8.6% | [7.95% - 9.17%] |
| % 60+ self-reported obese | | 32.6% | [24.97% - 40.33%] | 26.1% | [25.27% - 26.93%] |
| % 65+ clinically diagnosed obesity | W | 26.8% | [25.50% - 28.05%] | 22.5% | [22.35% - 22.66%] |
| % 65+ with high cholesterol | B | 75.2% | [73.99% - 76.36%] | 77.0% | [76.85% - 77.15%] |
| % 60+ with cholesterol screening | | 95.5% | [92.97% - 97.95%] | 97.1% | [96.74% - 97.42%] |
| ORAL HEALTH | | | | | |
| % 60+ with dental insurance | | 63.8% | [51.87% - 75.77%] | 59.2% | [57.60% - 60.76%] |
| % 60+ with annual dental exam | W | 68.1% | [60.69% - 75.54%] | 80.0% | [79.13% - 80.76%] |
| % 60+ with loss of 6 or more teeth | W | 42.1% | [34.44% - 49.86%] | 23.8% | [22.96% - 24.69%] |
| CHRONIC DISEASE | | | | | |
| % 65+ with Alzheimer's disease or related dementias | W | 21.4% | [20.30% - 22.56%] | 14.4% | [14.26% - 14.49%] |
| % 65+ with anemia | W | 55.5% | [54.15% - 56.85%] | 50.6% | [50.41% - 50.76%] |
| % 65+ with asthma | W | 18.9% | [17.89% - 20.00%] | 14.1% | [13.96% - 14.19%] |
| % 65+ with atrial fibrillation | B | 12.9% | [12.07% - 13.82%] | 16.1% | [15.94% - 16.18%] |
| % 65+ with autism spectrum disorder | * | 0.27% | [0.22% - 0.32%] | 0.12% | [0.11% - 0.14%] |
| % 65+ with benign prostatic hyperplasia (men) | B | 36.3% | [34.41% - 38.25%] | 42.8% | [42.49% - 43.01%] |
| % 65+ with breast cancer (women) | | 10.4% | [9.33% - 11.54%] | 11.4% | [11.25% - 11.53%] |
| % 65+ with cataract | B | 61.3% | [59.97% - 62.64%] | 64.8% | [64.67% - 65.00%] |
| % 65+ with chronic kidney disease | W | 41.7% | [40.31% - 43.12%] | 29.9% | [29.70% - 30.03%] |
| % 65+ with chronic obstructive pulmonary disease | W | 22.9% | [21.76% - 24.00%] | 21.0% | [20.90% - 21.17%] |
| % 65+ with colon cancer | | 2.6% | [2.18% - 3.00%] | 2.7% | [2.65% - 2.75%] |
| % 65+ with congestive heart failure | W | 31.6% | [30.28% - 32.89%] | 22.6% | [22.43% - 22.72%] |
| % 65+ with diabetes | W | 50.7% | [49.22% - 52.08%] | 33.8% | [33.59% - 33.93%] |
| % 65+ with endometrial cancer (women) | B | 1.5% | [1.09% - 1.97%] | 2.0% | [1.97% - 2.10%] |

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| % 65+ with epilepsy | W | 7.9% | [7.14% - 8.74%] | 2.9% | [2.82% - 2.95%] |
| % 65+ with fibromyalgia, chronic pain, and fatigue | B | 23.1% | [21.94% - 24.33%] | 26.6% | [26.42% - 26.73%] |
| % 65+ with glaucoma | W | 29.9% | [28.67% - 31.11%] | 28.3% | [28.11% - 28.41%] |
| % 65+ ever had a heart attack | | 4.8% | [4.20% - 5.31%] | 4.5% | [4.40% - 4.53%] |
| % 65+ with HIV/AIDS | | 0.25% | [0.20% - 0.30%] | 0.21% | [0.19% - 0.23%] |
| % 65+ with hypertension | W | 81.2% | [80.13% - 82.29%] | 76.2% | [76.07% - 76.37%] |
| % 65+ with hypothyroidism | B | 21.8% | [20.73% - 22.94%] | 25.1% | [24.99% - 25.28%] |
| % 65+ with ischemic heart disease | W | 43.2% | [41.78% - 44.59%] | 40.7% | [40.55% - 40.90%] |
| % 65+ with leukemias and lymphomas | B | 2.1% | [1.70% - 2.49%] | 2.7% | [2.60% - 2.71%] |
| % 65+ with liver disease | W | 13.9% | [12.86% - 14.86%] | 9.5% | [9.37% - 9.59%] |
| % 65+ with lung cancer | B | 1.4% | [1.12% - 1.75%] | 1.9% | [1.81% - 1.90%] |
| % 65+ with migraine and other chronic headache | B | 4.1% | [3.54% - 4.70%] | 5.2% | [5.13% - 5.29%] |
| % 65+ with osteoarthritis or rheumatoid arthritis | B | 50.4% | [49.02% - 51.88%] | 54.2% | [53.97% - 54.34%] |
| % 65+ with osteoporosis | | 19.9% | [18.86% - 20.97%] | 20.2% | [20.11% - 20.37%] |
| % 65+ with peripheral vascular disease | W | 22.0% | [20.81% - 23.12%] | 19.9% | [19.72% - 19.99%] |
| % 65+ with pressure ulcer or chronic ulcer | W | 11.3% | [10.39% - 12.13%] | 9.2% | [9.11% - 9.31%] |
| % 65+ with prostate cancer (men) | | 12.6% | [11.25% - 13.87%] | 13.1% | [12.93% - 13.28%] |
| % 65+ with stroke | W | 13.3% | [12.39% - 14.18%] | 11.9% | [11.80% - 12.01%] |
| % 65+ with traumatic brain injury | | 1.5% | [1.11% - 1.81%] | 1.3% | [1.25% - 1.33%] |
| % 65+ with 4+ (out of 15) chronic conditions | W | 68.5% | [67.24% - 69.79%] | 61.8% | [61.61% - 61.95%] |
| % 65+ with 0 chronic conditions | | 7.3% | [6.55% - 8.01%] | 7.2% | [7.10% - 7.29%] |
| BEHAVIORAL HEALTH | | | | | |
| % 65+ with opioid use disorder | W | 3.6% | [3.02% - 4.12%] | 2.2% | [2.10% - 2.21%] |
| % 65+ with substance use disorder | W | 11.7% | [10.75% - 12.63%] | 6.8% | [6.66% - 6.85%] |
| % 60+ who used marijuana in last month | | N/A | | 2.9% | [2.30% - 3.53%] |
| % 60+ excessive drinking | | 10.8% | [6.41% - 15.21%] | 9.2% | [8.64% - 9.71%] |
| % 65+ with tobacco use disorder | W | 14.6% | [13.59% - 15.66%] | 10.1% | [9.94% - 10.17%] |
| % 60+ current smokers | W | 15.8% | [10.55% - 20.95%] | 7.7% | [7.20% - 8.17%] |
| % 60+ ever used E-Cigarettes in last month | | 5.3% | [2.11% - 8.41%] | 6.4% | [5.89% - 6.80%] |
| MENTAL HEALTH | | | | | |
| % 60+ who reported receiving adequate emotional support | | 76.6% | [73.29% - 79.88%] | 78.3% | [76.70% - 79.88%] |
| % 60+ with 15+ days poor mental health in last month | | 6.8% | [3.46% - 10.21%] | 6.9% | [6.41% - 7.37%] |
| % 65+ with depression | W | 36.2% | [34.88% - 37.47%] | 30.3% | [30.10% - 30.41%] |
| % 65+ with anxiety disorder | W | 27.5% | [26.20% - 28.76%] | 25.5% | [25.35% - 25.66%] |
| % 65+ with bipolar disorder | W | 7.5% | [6.68% - 8.25%] | 3.9% | [3.78% - 3.92%] |
| % 65+ with post-traumatic stress disorder | W | 2.2% | [1.75% - 2.64%] | 1.3% | [1.20% - 1.29%] |
| % 65+ with schizophrenia & other psychotic disorder | W | 12.2% | [11.27% - 13.17%] | 4.6% | [4.53% - 4.68%] |
| % 65+ with personality disorder | W | 5.5% | [4.84% - 6.21%] | 2.6% | [2.49% - 2.61%] |

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| LIVING WITH DISABILITY | | | | | |
| % 65+ with self-reported hearing difficulty | | 10.7% | [8.62% - 12.82%] | 12.4% | [12.08% - 12.71%] |
| % 65+ with clinical diagnosis of deafness or hearing impairment | | 14.7% | [13.72% - 15.69%] | 15.7% | [15.60% - 15.85%] |
| % 65+ with self-reported vision difficulty | * | 10.8% | [8.66% - 12.86%] | 4.8% | [4.55% - 5.04%] |
| % 65+ with clinical diagnosis of blindness or visual impairment | W | 2.9% | [2.46% - 3.41%] | 1.1% | [1.05% - 1.12%] |
| % 65+ with self-reported cognition difficulty | * | 14.8% | [12.47% - 17.16%] | 7.6% | [7.34% - 7.87%] |
| % 65+ with self-reported ambulatory difficulty | * | 29.4% | [26.32% - 32.38%] | 19.1% | [18.71% - 19.52%] |
| % 65+ with clinical diagnosis of mobility impairment | W | 6.9% | [6.22% - 7.66%] | 4.0% | [3.95% - 4.09%] |
| % 65+ with self-reported self-care difficulty | * | 11.9% | [9.73% - 14.00%] | 7.5% | [7.25% - 7.77%] |
| % 65+ with self-reported independent living difficulty | * | 21.4% | [18.56% - 24.22%] | 13.6% | [13.23% - 13.93%] |
| CAREGIVING | | | | | |
| % of 60+ who provide care to a family/friend in last month | | 21.0% | [17.20% - 24.71%] | 21.7% | [19.87% - 23.57%] |
| % of grandparents raising grandchildren | * | 2.3% | [1.79% - 2.87%] | 0.8% | [0.73% - 0.86%] |
| % of grandparents who live with grandchildren | * | 5.4% | [4.67% - 6.15%] | 2.7% | [2.62% - 2.83%] |
| ACCESS TO CARE | | | | | |
| % 65+ dually eligible for Medicare and Medicaid | * | 57.6% | [56.75% - 58.44%] | 22.1% | [21.96% - 22.17%] |
| % 65+ Medicare managed care enrollees | * | 44.7% | [43.89% - 45.59%] | 29.9% | [29.76% - 29.99%] |
| % 60+ with a regular doctor | W | 90.6% | [86.60% - 94.58%] | 96.0% | [95.68% - 96.39%] |
| % 60+ who did not see a doctor when needed due to cost | | 6.4% | [2.91% - 9.98%] | 4.5% | [4.14% - 4.92%] |
| SERVICE UTILIZATION | | | | | |
| # physician visits per year | * | 6.6 | [6.40 - 6.78] | 8.6 | [8.60 - 8.66] |
| # emergency room visits/1000 persons 65+ years annually | * | 968.5 | [914.47 - 1,022.58] | 636.7 | [631.77 - 641.56] |
| # Part D monthly prescription fills per person annually | * | 60.4 | [59.46 - 61.31] | 50.3 | [50.15 - 50.39] |
| # home health visits annually | | 4.5 | [4.00 - 4.93] | 4.1 | [4.02 - 4.14] |
| # durable medical equipment claims annually | * | 2.3 | [2.13 - 2.44] | 1.9 | [1.88 - 1.91] |
| # inpatient hospital stays/1000 persons 65+ years annually | * | 369.2 | [344.19 - 394.18] | 273.3 | [270.72 - 275.80] |
| % Medicare inpatient hospital readmissions (as % of admissions) | | 19.0% | [16.92% - 21.07%] | 17.2% | [16.89% - 17.47%] |
| # skilled nursing facility stays/1000 persons 65+ years annually | * | 135.0 | [121.40 - 148.51] | 104.7 | [103.23 - 106.08] |
| % 65+ getting Medicaid long term services and supports | * | 16.3% | [15.67% - 16.93%] | 5.5% | [5.48% - 5.60%] |
| % 65+ hospice users | * | 2.3% | [2.06% - 2.62%] | 2.8% | [2.70% - 2.79%] |
| % 65+ hospice users as % of decedents | * | 38.6% | [34.80% - 42.41%] | 45.5% | [44.85% - 46.14%] |
| Median hospice days per hospice user (65+, deceased) | | 10.0 | [8.0 - 12.0] | 10.0 | [10.00 - 10.00] |
| Median hospice payment (Medicare + other) per hospice user | | \$3,343 | [\$3,029 - \$4,057] | \$3,741 | [\$3,650 - \$3,816] |
| COMMUNITY | | | | | |
| % 60+ who used Internet in last month | * | 55.3% | [48.35% - 62.22%] | 75.1% | [74.32% - 75.89%] |
| TRANSPORTATION | | | | | |
| % 65+ who own a motor vehicle | * | 56.0% | [52.55% - 59.36%] | 87.3% | [87.15% - 87.49%] |
| % 60+ who always drive or ride wearing a seatbelt | | 92.9% | [88.99% - 96.85%] | 93.0% | [92.53% - 93.49%] |
| % 60+ who drove under the influence of drinking in last month | | N/A | | 2.2% | [1.76% - 2.56%] |

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| HOUSING | | | | | |
| % 65+ population who live alone | * | 37.2% | [34.22% - 40.08%] | 28.4% | [27.99% - 28.89%] |
| % 60+ own home | * | 37.2% | [35.04% - 39.41%] | 76.9% | [76.70% - 77.17%] |
| % 60+ homeowners who have mortgage | * | 59.1% | [54.59% - 63.69%] | 47.1% | [46.58% - 47.64%] |
| % 60+ stressed about paying rent/mortgage in last month | | 24.8% | [17.14% - 32.53%] | 17.4% | [16.52% - 18.19%] |
| % 65+ households (renter) spend >35% of income on housing | | 46.1% | [40.47% - 51.78%] | 44.0% | [42.55% - 45.42%] |
| % 65+ households (owner) spend >35% of income on housing | | 33.0% | [27.27% - 38.72%] | 29.5% | [28.89% - 30.15%] |
| % 65+ moved within same county in last year | * | 7.2% | [5.36% - 9.04%] | 3.7% | [3.48% - 3.89%] |
| % 65+ moved from different county in last year | | 0.7% | [0.17% - 1.14%] | 0.8% | [0.71% - 0.90%] |
| % 65+ moved from different state in last year | | 0.8% | [0.22% - 1.29%] | 0.9% | [0.82% - 1.05%] |
| % of vacant homes in community | * | 14.8% | [13.61% - 16.04%] | 9.6% | [9.29% - 9.87%] |
| ECONOMIC | | | | | |
| % 60+ receiving food benefits in last year | * | 41.0% | [38.07% - 43.83%] | 10.9% | [10.53% - 11.21%] |
| % 65+ employed in last year | * | 17.1% | [14.67% - 19.58%] | 24.8% | [24.48% - 25.15%] |
| % 65+ with income below the poverty line in last year | * | 24.2% | [21.47% - 26.97%] | 7.0% | [6.79% - 7.30%] |
| % 65+ households with annual income < \$20,000 | * | 40.0% | [34.89% - 45.17%] | 17.1% | [16.57% - 17.55%] |
| % 65+ households with annual income \$20,000-\$49,999 | | 33.7% | [29.81% - 37.63%] | 31.0% | [30.35% - 31.62%] |
| % 65+ households with annual income \$50,000-\$99,999 | * | 17.8% | [14.85% - 20.79%] | 27.6% | [27.04% - 28.17%] |
| % 65+ households with annual income \$100,000+ | * | 8.4% | [6.37% - 10.48%] | 24.4% | [23.82% - 24.89%] |

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu