Hartland (Hartford)

TUFTS
Health Plan
FOUNDATION

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		59.8%	[51.15% - 68.51%]	55.7%	[55.33% - 56.11%]
% 75-84 years		25.8%	[17.50% - 34.19%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.3%	[8.16% - 20.49%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female	*	45.5%	[36.74% - 54.27%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		62.7%	[39.56% - 85.93%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.0%	[90.47% - 105.60%]	88.4%	[87.85% - 88.93%]
% African American		0.0%	[-9.84% - 9.84%]	6.8%	[6.63% - 6.88%]
% Asian		0.0%	[-9.84% - 9.84%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		0.0%	[-9.84% - 9.84%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	69.4%	[58.85% - 79.91%]	53.8%	[53.46% - 54.12%]
% divorced/separated		10.1%	[-3.49% - 23.72%]	14.9%	[14.58% - 15.29%]
% widowed		19.9%	[12.39% - 27.50%]	24.2%	[23.77% - 24.57%]
% never married		0.6%	[-6.63% - 7.75%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		14.9%	[7.92% - 21.86%]	14.7%	[14.30% - 15.04%]
% with high school or some college		63.2%	[53.57% - 72.84%]	53.3%	[52.80% - 53.74%]
% with college degree	*	21.9%	[14.84% - 28.98%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	8.4%	[3.73% - 13.13%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		92.1%	[80.88% - 103.39%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service	*	30.1%	[21.93% - 38.19%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.1%	[1.97% - 4.27%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		68.2%	[62.72% - 73.66%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	80.9%	[76.57% - 85.22%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		26.5%	[21.21% - 31.83%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		64.4%	[58.26% - 70.51%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	13.1%	[9.61% - 16.53%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		9.3%	[6.18% - 12.45%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
FALLS							
% 60+ who fell within last year		29.9%	[24.51%	- 35.24%]	26.3%	[25.38% -	27.18%]
% 60+ who were injured in a fall within last year		12.7%	[8.68%	- 16.64%]	9.8%	[9.22% -	10.46%]
% 65+ had hip fracture		5.0%	[3.39%	- 6.54%]	3.7%	[3.63% -	3.75%]
PREVENTION							
% 60+ with physical exam/check-up in last year		87.7%	[83.88%	- 91.47%]	88.5%	[87.93% -	89.09%]
% 60+ flu shot in last year		57.3%	[51.72%	- 62.94%]	57.5%	[56.60% -	58.43%]
% 60+ with pneumonia vaccine		62.1%	[56.37%	- 67.91%]	63.9%	[62.97% -	64.79%]
% 60+ with shingles vaccine		37.1%	[30.81%	- 43.49%]	33.5%	[32.43% -	34.52%]
% 60+ women with a mammogram within last 2 years		84.8%	[78.98%	- 90.66%]	79.7%	[78.56% -	80.79%]
% 60+ with colorectal cancer screening		83.6%	[78.92%	- 88.32%]	78.2%	[77.29% -	79.05%]
% 60+ with HIV test	*	10.5%	[7.13%	- 13.90%]	16.1%	[15.40% -	16.83%]
% 60+ met CDC preventive health screening goals		42.6%	[35.73%	- 49.53%]	39.6%	[38.38% -	40.80%]
NUTRITION & DIET							
% 60+ with 5 or more servings of fruit or vegetables per day		20.7%	[15.58%	- 25.82%]	19.9%	[19.00% -	20.72%]
% 60+ stressed about buying food in last month		8.8%	[4.88%	- 12.65%]	8.6%	[7.95% -	9.17%]
% 60+ self-reported obese		26.8%	[21.42%	- 32.16%]	26.1%	[25.27% -	26.93%]
% 65+ clinically diagnosed obesity		20.4%	[16.92%	- 23.86%]	22.5%	[22.35% -	22.66%]
% 65+ with high cholesterol		74.0%	[70.31%	- 77.68%]	77.0%	[76.85% -	77.15%]
% 60+ with cholesterol screening		97.9%	[96.06%	- 99.77%]	97.1%	[96.74% -	97.42%]
ORAL HEALTH							
% 60+ with dental insurance		67.0%	[57.47%	- 76.45%]	59.2%	[57.60% -	60.76%]
% 60+ with annual dental exam		85.3%	[80.68%	- 89.95%]	80.0%	[79.13% -	80.76%]
% 60+ with loss of 6 or more teeth	B	16.7%	[12.36%	- 20.95%]	23.8%	[22.96% -	24.69%]
CHRONIC DISEASE							
% 65+ with Alzheimer's disease or related dementias		13.3%	[10.62%	- 15.89%]	14.4%	[14.26% -	14.49%]
% 65+ with anemia	B	38.8%	[34.95%	- 42.69%]	50.6%	[50.41% -	50.76%]
% 65+ with asthma		12.2%	[9.64%	- 14.83%]	14.1%	[13.96% -	14.19%]
% 65+ with atrial fibrillation		14.0%	[11.30%	- 16.61%]	16.1%	[15.94% -	16.18%]
% 65+ with autism spectrum disorder		0.11%	[0.05%	0.17%]	0.12%	[0.11% -	0.14%]
% 65+ with benign prostatic hyperplasia (men)		38.5%	[32.87%	- 44.17%]	42.8%	[42.49% -	43.01%]
% 65+ with breast cancer (women)		11.6%	[8.10%	- 15.04%]	11.4%	[11.25% -	11.53%]
% 65+ with cataract	B	58.1%	[54.01%	- 62.14%]	64.8%	[64.67% -	65.00%]
% 65+ with chronic kidney disease	B	21.7%	[18.22%	- 25.09%]	29.9%	[29.70% -	30.03%]
% 65+ with chronic obstructive pulmonary disease		19.5%	[16.39%	- 22.64%]	21.0%	[20.90% -	21.17%]
% 65+ with colon cancer		2.4%	[1.84%	- 3.05%]	2.7%	[2.65% -	2.75%]
% 65+ with congestive heart failure	B	17.8%	[14.67%	- 21.00%]	22.6%	[22.43% -	22.72%]
% 65+ with diabetes	B	25.1%	[21.41%	- 28.74%]	33.8%	[33.59% -	33.93%]
% 65+ with endometrial cancer (women)		1.6%	[0.87%	- 2.30%]	2.0%	[1.97% -	2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
% 65+ with epilepsy	B	1.8%	[1.15%	- 2.38%]	2.9%	[2.82% -	2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	18.8%	[15.46%	- 22.09%]	26.6%	[26.42% -	26.73%]
% 65+ with glaucoma		27.5%	[23.92%	- 30.98%]	28.3%	[28.11% -	28.41%]
% 65+ ever had a heart attack		3.7%	[2.24%	- 5.11%]	4.5%	[4.40% -	4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.07%	- 0.19%]	0.21%	[0.19% -	0.23%]
% 65+ with hypertension	B	70.6%	[66.82%	- 74.48%]	76.2%	[76.07% -	76.37%]
% 65+ with hypothyroidism		21.8%	[18.61%	- 25.07%]	25.1%	[24.99% -	25.28%]
% 65+ with ischemic heart disease	B	33.4%	[29.41%	- 37.33%]	40.7%	[40.55% -	40.90%]
% 65+ with leukemias and lymphomas		2.6%	[1.86%	- 3.24%]	2.7%	[2.60% -	2.71%]
% 65+ with liver disease		7.9%	[5.60%	- 10.26%]	9.5%	[9.37% -	9.59%]
% 65+ with lung cancer		1.4%	[0.92%	- 1.92%]	1.9%	[1.81% -	1.90%]
% 65+ with migraine and other chronic headache		4.3%	[2.59%	- 5.93%]	5.2%	[5.13% -	5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	49.1%	[44.77%	- 53.47%]	54.2%	[53.97% -	54.34%]
% 65+ with osteoporosis	B	14.6%	[11.92%	- 17.37%]	20.2%	[20.11% -	20.37%]
% 65+ with peripheral vascular disease	B	12.0%	[9.50%	- 14.52%]	19.9%	[19.72% -	19.99%]
% 65+ with pressure ulcer or chronic ulcer		7.8%	[5.60%	- 10.02%]	9.2%	[9.11% -	9.31%]
% 65+ with prostate cancer (men)		13.8%	[9.78%	- 17.75%]	13.1%	[12.93% -	13.28%]
% 65+ with stroke	B	9.3%	[7.10%	- 11.52%]	11.9%	[11.80% -	12.01%]
% 65+ with traumatic brain injury	B	0.7%	[0.36%	- 1.09%]	1.3%	[1.25% -	1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	51.7%	[47.68%	- 55.81%]	61.8%	[61.61% -	61.95%]
% 65+ with 0 chronic conditions		7.5%	[5.21%	- 9.73%]	7.2%	[7.10% -	7.29%]
BEHAVIORAL HEALTH							
% 65+ with opioid use disorder		1.9%	[1.21%	- 2.50%]	2.2%	[2.10% -	2.21%]
% 65+ with substance use disorder		5.6%	[3.70%	- 7.57%]	6.8%	[6.66% -	6.85%]
% 60+ who used marijuana in last month		N/A			2.9%	[2.30% -	3.53%]
% 60+ excessive drinking		13.0%	[8.80%	- 17.20%]	9.2%	[8.64% -	9.71%]
% 65+ with tobacco use disorder		10.1%	[7.54%	- 12.66%]	10.1%	[9.94% -	10.17%]
% 60+ current smokers		5.4%	[2.79%	- 7.95%]	7.7%	[7.20% -	8.17%]
% 60+ ever used E-Cigarettes in last month		5.4%	[2.70%	- 8.13%]	6.4%	[5.89% -	6.80%]
MENTAL HEALTH							
% 60+ who reported receiving adequate emotional support		76.6%	[73.29%	- 79.88%]	78.3%	[76.70% -	79.88%]
% 60+ with 15+ days poor mental health in last month	B	3.5%	[1.62%	- 5.32%]	6.9%	[6.41% -	7.37%]
% 65+ with depression	B	23.9%	[20.52%	- 27.34%]	30.3%	[30.10% -	30.41%]
% 65+ with anxiety disorder	B	19.1%	[15.85%	- 22.42%]	25.5%	[25.35% -	25.66%]
% 65+ with bipolar disorder	B	1.8%	[1.19%	- 2.44%]	3.9%	[3.78% -	3.92%]
% 65+ with post-traumatic stress disorder		1.1%	[0.58%	- 1.61%]	1.3%	[1.20% -	1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	2.5%	[1.83%	- 3.12%]	4.6%	[4.53% -	4.68%]
% 65+ with personality disorder	B	1.6%	[1.03%	- 2.27%]	2.6%	[2.49% -	2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
LIVING WITH DISABILITY							
% 65+ with self-reported hearing difficulty		12.6%	[5.94%	- 19.34%]	12.4%	[12.08% -	12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.4%	[11.54%	- 17.33%]	15.7%	[15.60% -	15.85%]
% 65+ with self-reported vision difficulty		5.3%	[1.14%	- 9.54%]	4.8%	[4.55% -	5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[0.57%	- 1.56%]	1.1%	[1.05% -	1.12%]
% 65+ with self-reported cognition difficulty		3.4%	[-2.09%	- 8.83%]	7.6%	[7.34% -	7.87%]
% 65+ with self-reported ambulatory difficulty		14.0%	[7.09%	- 21.00%]	19.1%	[18.71% -	19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.3%	[1.80%	- 4.77%]	4.0%	[3.95% -	4.09%]
% 65+ with self-reported self-care difficulty	*	2.5%	[-2.16%	- 7.22%]	7.5%	[7.25% -	7.77%]
% 65+ with self-reported independent living difficulty		9.8%	[4.45%	- 15.21%]	13.6%	[13.23% -	13.93%]
CAREGIVING							
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20%	- 24.71%]	21.7%	[19.87% -	23.57%]
% of grandparents raising grandchildren		1.0%	[-0.10%	- 2.07%]	0.8%	[0.73% -	0.86%]
% of grandparents who live with grandchildren		2.1%	[0.27%	- 3.95%]	2.7%	[2.62% -	2.83%]
ACCESS TO CARE							
% 65+ dually eligible for Medicare and Medicaid	*	11.5%	[9.70%	- 13.36%]	22.1%	[21.96% -	22.17%]
% 65+ Medicare managed care enrollees	*	33.2%	[30.52%	- 35.92%]	29.9%	[29.76% -	29.99%]
% 60+ with a regular doctor		96.8%	[94.59%	- 99.07%]	96.0%	[95.68% -	96.39%]
% 60+ who did not see a doctor when needed due to cost		4.6%	[2.24%	- 6.87%]	4.5%	[4.14% -	4.92%]
SERVICE UTILIZATION							
# physician visits per year	*	7.4	[6.87	- 7.97]	8.6	[8.60 -	8.66]
# emergency room visits/1000 persons 65+ years annually		577.6	[491.19	- 664.07]	636.7	[631.77 -	641.56]
# Part D monthly prescription fills per person annually	*	41.4	[39.02	- 43.87]	50.3	[50.15 -	50.39]
# home health visits annually		4.0	[2.34	- 5.65]	4.1	[4.02 -	4.14]
# durable medical equipment claims annually		1.7	[1.24	- 2.10]	1.9	[1.88 -	1.91]
# inpatient hospital stays/1000 persons 65+ years annually		268.4	[207.93	- 328.91]	273.3	[270.72 -	275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		19.5%	[13.97%	- 25.08%]	17.2%	[16.89% -	17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		97.8	[61.54	- 134.16]	104.7	[103.23 -	106.08]
% 65+ getting Medicaid long term services and supports	*	2.9%	[1.94%	- 3.87%]	5.5%	[5.48% -	5.60%]
% 65+ hospice users		2.3%	[1.38%	- 3.13%]	2.8%	[2.70% -	2.79%]
% 65+ hospice users as % of decedents		47.3%	[28.26%	- 66.38%]	45.5%	[44.85% -	46.14%]
Median hospice days per hospice user (65+, deceased)		11.5	[4.3	- 23.7]	10.0	[10.00 -	10.00]
Median hospice payment (Medicare + other) per hospice user		$3,725	[$2,269	- $7,807]	$3,741	[$3,650 -	$3,816]
COMMUNITY							
% 60+ who used Internet in last month	*	82.9%	[79.14%	- 86.76%]	75.1%	[74.32% -	75.89%]
TRANSPORTATION							
% 65+ who own a motor vehicle	*	94.1%	[91.02%	- 97.16%]	87.3%	[87.15% -	87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.5%	[91.81%	- 97.28%]	93.0%	[92.53% -	93.49%]
% 60+ who drove under the influence of drinking in last month		N/A			2.2%	[1.76% -	2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
HOUSING							
% 65+ population who live alone		23.8%	[14.73% -	32.86%]	28.4%	[27.99% -	28.89%]
% 60+ own home	*	91.6%	[86.68% -	96.45%]	76.9%	[76.70% -	77.17%]
% 60+ homeowners who have mortgage		42.4%	[32.43% -	52.44%]	47.1%	[46.58% -	47.64%]
% 60+ stressed about paying rent/mortgage in last month		12.9%	[8.39% -	17.33%]	17.4%	[16.52% -	18.19%]
% 65+ households (renter) spend >35% of income on housing		64.3%	[16.90% -	111.67%]	44.0%	[42.55% -	45.42%]
% 65+ households (owner) spend >35% of income on housing		24.8%	[14.77% -	34.75%]	29.5%	[28.89% -	30.15%]
% 65+ moved within same county in last year		1.4%	[-2.99% -	5.80%]	3.7%	[3.48% -	3.89%]
% 65+ moved from different county in last year		0.0%	[-6.96% -	6.96%]	0.8%	[0.71% -	0.90%]
% 65+ moved from different state in last year		0.0%	[-6.96% -	6.96%]	0.9%	[0.82% -	1.05%]
% of vacant homes in community		8.8%	[2.95% -	14.55%]	9.6%	[9.29% -	9.87%]
ECONOMIC							
% 60+ receiving food benefits in last year	*	3.7%	[-2.03% -	9.39%]	10.9%	[10.53% -	11.21%]
% 65+ employed in last year		32.0%	[23.95% -	40.10%]	24.8%	[24.48% -	25.15%]
% 65+ with income below the poverty line in last year		2.5%	[-2.57% -	7.63%]	7.0%	[6.79% -	7.30%]
% 65+ households with annual income < $20,000	*	5.5%	[-0.51% -	11.42%]	17.1%	[16.57% -	17.55%]
% 65+ households with annual income $20,000-$49,999		36.4%	[23.19% -	49.54%]	31.0%	[30.35% -	31.62%]
% 65+ households with annual income $50,000-$99,999		33.6%	[21.12% -	46.15%]	27.6%	[27.04% -	28.17%]
% 65+ households with annual income $100,000+		24.5%	[13.14% -	35.95%]	24.4%	[23.82% -	24.89%]

*Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).*

2 All community and state margins of error are 95% confidence intervals.

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