

Harwinton (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		58.5%	[50.76% - 66.23%]	55.7%	[55.33% - 56.11%]
% 75-84 years		31.6%	[23.34% - 39.91%]	29.1%	[28.75% - 29.45%]
% 85 years or older		9.9%	[4.81% - 14.94%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female	*	47.3%	[40.22% - 54.41%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		56.1%	[24.36% - 87.92%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		97.3%	[88.78% - 105.85%]	88.4%	[87.85% - 88.93%]
% African American	*	0.0%	[-4.30% - 4.30%]	6.8%	[6.63% - 6.88%]
% Asian		1.9%	[-2.47% - 6.28%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		2.1%	[-2.53% - 6.69%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	72.5%	[68.92% - 76.14%]	53.8%	[53.46% - 54.12%]
% divorced/separated		12.0%	[5.34% - 18.58%]	14.9%	[14.58% - 15.29%]
% widowed	*	10.5%	[4.58% - 16.39%]	24.2%	[23.77% - 24.57%]
% never married		5.0%	[0.27% - 9.78%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		9.4%	[3.01% - 15.88%]	14.7%	[14.30% - 15.04%]
% with high school or some college		61.7%	[52.94% - 70.45%]	53.3%	[52.80% - 53.74%]
% with college degree		28.9%	[21.89% - 35.82%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	10.1%	[5.04% - 15.07%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		91.4%	[81.48% - 101.37%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		24.1%	[16.33% - 31.85%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		1.8%	[0.88% - 2.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.6%	[3.31% - 5.98%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		68.5%	[63.88% - 73.12%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	81.2%	[77.28% - 85.11%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.9%	[25.04% - 34.77%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		64.1%	[58.88% - 69.38%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	11.5%	[8.53% - 14.53%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		11.7%	[8.46% - 14.86%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		27.4%	[22.87% - 31.90%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		10.4%	[7.36% - 13.46%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.9%	[2.62% - 5.23%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		90.2%	[87.40% - 92.92%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		58.6%	[53.98% - 63.26%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		65.0%	[60.41% - 69.68%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	B	42.0%	[36.44% - 47.58%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		81.0%	[75.27% - 86.65%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.1%	[72.75% - 81.36%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		15.9%	[12.29% - 19.46%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		41.3%	[35.04% - 47.64%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.5%	[16.20% - 24.75%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		6.7%	[3.93% - 9.49%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	B	17.2%	[13.57% - 20.83%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		19.5%	[16.47% - 22.58%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	71.7%	[68.27% - 75.21%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		98.3%	[97.10% - 99.54%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		57.3%	[48.73% - 65.85%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	B	91.2%	[88.47% - 93.99%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	12.3%	[9.04% - 15.55%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	10.3%	[8.19% - 12.50%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	40.1%	[36.54% - 43.70%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	10.9%	[8.57% - 13.15%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.0%	[12.49% - 17.51%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.27%	[0.22% - 0.32%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		44.9%	[39.45% - 50.34%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.4%	[8.25% - 14.58%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	69.2%	[65.65% - 72.80%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	25.7%	[22.30% - 29.03%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		19.4%	[16.57% - 22.17%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		3.0%	[2.53% - 3.52%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	13.5%	[11.07% - 15.98%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	23.8%	[20.53% - 27.15%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[1.19% - 2.20%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	B	2.1%	[1.66% - 2.57%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		23.1%	[19.79% - 26.44%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	24.4%	[21.31% - 27.58%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.0%	[2.66% - 5.41%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.25%	[0.20% - 0.30%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	69.8%	[66.26% - 73.28%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		22.4%	[19.35% - 25.40%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	36.0%	[32.29% - 39.70%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.6%	[2.06% - 3.07%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		8.4%	[6.25% - 10.62%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.8%	[1.38% - 2.18%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.1%	[3.50% - 6.78%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		50.1%	[46.13% - 54.17%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	17.3%	[14.66% - 19.94%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	15.9%	[13.15% - 18.72%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	6.2%	[4.39% - 7.96%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		15.1%	[11.31% - 18.98%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		10.2%	[8.08% - 12.29%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.3%	[1.00% - 1.70%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	54.6%	[50.84% - 58.31%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	9.9%	[7.49% - 12.38%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.5%	[1.10% - 1.86%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	3.9%	[2.27% - 5.44%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		10.0%	[7.20% - 12.75%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		8.1%	[5.95% - 10.18%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		5.9%	[3.84% - 7.95%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.2%	[3.01% - 7.29%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.4%	[69.91% - 82.80%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.6%	[3.39% - 7.73%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	22.9%	[19.81% - 25.92%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	20.3%	[17.19% - 23.31%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.8%	[2.21% - 3.31%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.0%	[0.63% - 1.32%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.7%	[3.16% - 4.31%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	1.9%	[1.45% - 2.33%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty	*	6.2%	[1.65% - 10.83%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		17.3%	[14.47% - 20.12%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		1.7%	[-1.50% - 4.97%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[0.97% - 1.68%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		3.8%	[-0.52% - 8.14%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		13.6%	[6.59% - 20.62%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	2.5%	[1.43% - 3.54%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		5.8%	[1.99% - 9.62%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	8.4%	[3.68% - 13.13%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		19.3%	[12.69% - 25.86%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.4%	[-0.14% - 0.99%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.5%	[0.69% - 4.28%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	12.7%	[10.88% - 14.59%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees		29.6%	[27.03% - 32.11%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		95.8%	[93.88% - 97.76%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		2.7%	[1.05% - 4.32%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	7.9	[7.35 - 8.43]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	506.8	[434.44 - 579.25]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	43.8	[41.38 - 46.15]	50.3	[50.15 - 50.39]
# home health visits annually		4.4	[3.13 - 5.74]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.6	[1.22 - 1.96]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		243.3	[195.14 - 291.38]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		12.1%	[6.47% - 17.71%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	75.0	[52.50 - 97.46]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	2.7%	[1.83% - 3.65%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.7%	[1.73% - 3.63%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		61.5%	[44.08% - 78.96%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		10.0	[5.0 - 22.8]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,543	[\$2,316 - \$5,069]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	80.9%	[77.11% - 84.61%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	95.8%	[90.09% - 101.42%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt	B	95.5%	[93.58% - 97.41%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	11.3%	[5.97% - 16.68%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	96.3%	[92.70% - 99.96%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage	*	28.9%	[19.82% - 37.92%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.3%	[11.17% - 19.43%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		41.9%	[-32.07% - 115.94%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing	*	15.5%	[7.14% - 23.93%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.8%	[-0.51% - 6.06%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-3.04% - 3.04%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.6%	[-2.08% - 3.29%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		14.0%	[7.83% - 20.15%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	0.7%	[-0.74% - 2.16%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		25.9%	[19.14% - 32.68%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	3.2%	[-0.21% - 6.63%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	6.6%	[0.07% - 13.14%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		31.4%	[18.02% - 44.88%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		31.8%	[21.08% - 42.44%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		30.2%	[17.93% - 42.44%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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