

Lyme (New London)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		55.8%	[48.99% - 62.54%]	55.7%	[55.33% - 56.11%]
% 75-84 years		32.7%	[23.60% - 41.79%]	29.1%	[28.75% - 29.45%]
% 85 years or older		11.5%	[6.24% - 16.84%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		53.0%	[44.24% - 61.80%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		70.2%	[42.74% - 97.74%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.9%	[94.09% - 103.72%]	88.4%	[87.85% - 88.93%]
% African American	*	0.0%	[-4.81% - 4.81%]	6.8%	[6.63% - 6.88%]
% Asian		1.0%	[-3.85% - 5.77%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		1.6%	[-2.86% - 6.15%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	68.4%	[60.68% - 76.13%]	53.8%	[53.46% - 54.12%]
% divorced/separated		13.5%	[4.78% - 22.15%]	14.9%	[14.58% - 15.29%]
% widowed	*	16.6%	[9.72% - 23.52%]	24.2%	[23.77% - 24.57%]
% never married	*	1.5%	[-2.40% - 5.42%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	6.0%	[-0.30% - 12.38%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	31.9%	[24.02% - 39.71%]	53.3%	[52.80% - 53.74%]
% with college degree	*	62.1%	[53.41% - 70.77%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	30.6%	[22.89% - 38.37%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	91.5%	[85.40% - 97.57%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		14.6%	[8.13% - 21.00%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.7%	[1.80% - 3.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	3.3%	[2.60% - 4.04%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		69.9%	[64.64% - 75.19%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	81.5%	[77.57% - 85.41%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		28.5%	[22.50% - 34.53%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	B	69.7%	[63.75% - 75.68%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.1%	[8.98% - 15.25%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	B	7.4%	[4.89% - 9.93%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		25.4%	[20.57% - 30.21%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		6.8%	[4.02% - 9.60%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.1%	[2.35% - 3.90%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		90.8%	[87.86% - 93.82%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		59.6%	[54.50% - 64.69%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine	B	77.7%	[73.39% - 82.09%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	B	41.7%	[35.56% - 47.93%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		83.0%	[77.54% - 88.49%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	B	85.8%	[81.89% - 89.75%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		17.3%	[13.39% - 21.20%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals	B	54.3%	[47.63% - 60.91%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		21.3%	[15.84% - 26.85%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	B	4.9%	[2.32% - 7.55%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		23.4%	[18.90% - 27.88%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	17.3%	[15.37% - 19.22%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		77.2%	[75.09% - 79.24%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.9%	[93.44% - 98.34%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		58.9%	[50.35% - 67.35%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam	B	87.5%	[83.79% - 91.26%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	16.0%	[11.99% - 20.03%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	10.9%	[9.48% - 12.37%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		49.0%	[46.66% - 51.44%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	10.2%	[8.82% - 11.65%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.7%	[15.01% - 18.45%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.10%	[0.05% - 0.15%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		44.8%	[41.30% - 48.31%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		12.7%	[10.49% - 14.81%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	71.3%	[69.03% - 73.53%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	20.4%	[18.46% - 22.41%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	18.8%	[17.04% - 20.65%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer	B	1.9%	[1.32% - 2.56%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	16.4%	[14.62% - 18.13%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	22.7%	[20.61% - 24.79%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		3.0%	[1.96% - 4.08%]	2.0%	[1.97% - 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
% 65+ with epilepsy	B	1.7%	[1.10% - 2.39%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		24.5%	[22.36% - 26.66%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		26.9%	[24.80% - 28.94%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.2%	[3.29% - 5.09%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.08% - 0.18%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	68.7%	[66.41% - 70.97%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	22.0%	[20.02% - 23.88%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	33.9%	[31.56% - 36.27%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.8%	[1.97% - 3.60%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.2%	[7.73% - 10.67%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.7%	[1.10% - 2.27%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.8%	[3.77% - 5.92%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		54.6%	[52.01% - 57.14%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		19.2%	[17.42% - 21.05%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	12.6%	[10.99% - 14.15%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	6.4%	[5.30% - 7.58%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.3%	[10.97% - 15.57%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		10.8%	[9.36% - 12.16%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.4%	[0.83% - 2.02%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	54.4%	[52.02% - 56.83%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.8%	[6.43% - 9.19%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.5%	[1.66% - 3.37%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		6.2%	[4.98% - 7.43%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		12.7%	[9.36% - 16.06%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		8.8%	[7.33% - 10.22%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		6.5%	[3.80% - 9.15%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.3%	[3.87% - 8.82%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		83.7%	[79.38% - 88.09%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.4%	[3.23% - 7.58%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	27.9%	[25.81% - 30.04%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.1%	[21.93% - 26.20%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.3%	[2.37% - 4.13%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.5%	[0.88% - 2.17%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.0%	[2.17% - 3.77%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.3%	[1.55% - 3.06%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		11.5%	[5.65% - 17.43%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.3%	[14.50% - 18.05%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.5%	[1.26% - 7.80%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.62% - 1.18%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		5.1%	[1.15% - 9.02%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	10.4%	[5.81% - 15.07%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment	B	2.9%	[2.16% - 3.74%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		6.2%	[1.96% - 10.40%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	7.8%	[3.30% - 12.36%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		22.0%	[16.01% - 27.96%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.3%	[-0.19% - 0.74%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	0.5%	[-0.29% - 1.29%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	9.1%	[8.08% - 10.20%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	26.3%	[24.66% - 27.91%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.0%	[96.60% - 99.32%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		2.7%	[0.96% - 4.53%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.5	[8.13 - 8.81]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		579.8	[526.14 - 633.36]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	42.1	[40.59 - 43.57]	50.3	[50.15 - 50.39]
# home health visits annually	*	2.5	[1.95 - 2.99]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.4	[1.18 - 1.65]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	210.4	[183.29 - 237.47]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		14.4%	[10.70% - 18.10%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	66.6	[51.77 - 81.37]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	1.6%	[1.13% - 2.06%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.2%	[1.62% - 2.75%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		46.3%	[34.01% - 58.63%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		11.5	[7.0 - 14.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$4,751	[\$2,826 - \$5,947]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	84.2%	[80.39% - 87.97%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	98.9%	[91.58% - 106.17%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		93.5%	[90.78% - 96.21%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
HOUSING					
% 65+ population who live alone	*	20.2%	[13.12% - 27.32%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	91.8%	[89.04% - 94.57%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		48.0%	[37.36% - 58.67%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		12.6%	[8.48% - 16.76%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		71.4%	[17.94% - 124.92%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		32.0%	[20.68% - 43.22%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		2.6%	[-0.83% - 6.05%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.7%	[-2.38% - 3.76%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		2.2%	[-0.32% - 4.72%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		11.8%	[6.00% - 17.63%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	2.4%	[0.38% - 4.32%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		31.3%	[23.23% - 39.40%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	1.6%	[-1.12% - 4.41%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	2.2%	[-2.14% - 6.64%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		34.2%	[22.09% - 46.22%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		31.5%	[20.29% - 42.63%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		32.1%	[22.22% - 42.05%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu