

Manchester (Hartford)



| HEALTHY AGING INDICATORS | HIGHER / LOWER STATE RATE ¹ | COMMUNITY ESTIMATE | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|-----------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| Population 65 years or older | | | | | |
| % 65-74 years | | 58.5% | [55.21% - 61.69%] | 55.7% | [55.33% - 56.11%] |
| % 75-84 years | * | 25.6% | [22.67% - 28.62%] | 29.1% | [28.75% - 29.45%] |
| % 85 years or older | | 15.9% | [13.04% - 18.76%] | 15.2% | [14.93% - 15.43%] |
| % 65+ population who are female | | 58.7% | [55.42% - 62.01%] | 56.8% | [56.36% - 57.18%] |
| % 85+ population who are female | | 62.7% | [56.63% - 68.69%] | 66.6% | [65.94% - 67.18%] |
| Race and ethnicity of the population 65+ | | | | | |
| % White | | 88.0% | [86.10% - 89.91%] | 88.4% | [87.85% - 88.93%] |
| % African American | | 5.3% | [3.41% - 7.13%] | 6.8% | [6.63% - 6.88%] |
| % Asian | | 2.7% | [1.40% - 3.91%] | 2.3% | [2.20% - 2.35%] |
| % Hispanic/Latino | | 6.2% | [3.78% - 8.69%] | 5.8% | [5.66% - 5.84%] |
| Marital status of the population 65+ | | | | | |
| % married | | 53.5% | [51.03% - 55.91%] | 53.8% | [53.46% - 54.12%] |
| % divorced/separated | | 17.4% | [13.98% - 20.91%] | 14.9% | [14.58% - 15.29%] |
| % widowed | | 21.6% | [18.45% - 24.77%] | 24.2% | [23.77% - 24.57%] |
| % never married | | 7.5% | [5.24% - 9.72%] | 7.1% | [6.85% - 7.36%] |
| Education of the population 65+ | | | | | |
| % with less than high school education | * | 9.5% | [6.83% - 12.26%] | 14.7% | [14.30% - 15.04%] |
| % with high school or some college | * | 61.9% | [58.40% - 65.43%] | 53.3% | [52.80% - 53.74%] |
| % with college degree | * | 28.5% | [25.44% - 31.63%] | 32.1% | [31.72% - 32.40%] |
| % with graduate or professional degree | * | 12.8% | [10.70% - 14.86%] | 16.8% | [16.58% - 17.09%] |
| % of 65+ population who speak only English at home | | 85.1% | [83.66% - 86.57%] | 84.3% | [83.76% - 84.83%] |
| % of 65+ population who are veterans of military service | | 19.6% | [17.02% - 22.23%] | 17.5% | [17.21% - 17.69%] |
| % of 60+ who are LGBT (County) | | 2.4% | [1.80% - 2.95%] | 2.5% | [2.17% - 2.74%] |
| Age-sex adjusted 1-year mortality rate | | 4.5% | [4.09% - 4.99%] | 4.1% | [4.08% - 4.18%] |
| WELLNESS | | | | | |
| % 60+ getting the recommended hours of sleep | | 65.5% | [60.28% - 70.79%] | 65.2% | [64.24% - 66.16%] |
| % 60+ doing any physical activity within last month | | 71.8% | [67.50% - 76.20%] | 75.0% | [74.20% - 75.79%] |
| % 60+ met CDC guidelines for muscle-strengthening activity | | 30.2% | [25.05% - 35.25%] | 27.6% | [26.62% - 28.52%] |
| % 60+ met CDC guidelines for aerobic physical activity | | 57.7% | [52.36% - 63.03%] | 58.1% | [56.98% - 59.11%] |
| % 60+ with fair or poor health status | | 20.2% | [16.32% - 24.18%] | 17.6% | [16.90% - 18.31%] |
| % 60+ with 15+ physically unhealthy days in last month | | 14.3% | [10.87% - 17.69%] | 12.4% | [11.74% - 12.96%] |

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| FALLS | | | | | |
| % 60+ who fell within last year | | 26.9% | [21.96% - 31.90%] | 26.3% | [25.38% - 27.18%] |
| % 60+ who were injured in a fall within last year | | 10.9% | [7.52% - 14.19%] | 9.8% | [9.22% - 10.46%] |
| % 65+ had hip fracture | | 3.6% | [3.16% - 4.14%] | 3.7% | [3.63% - 3.75%] |
| PREVENTION | | | | | |
| % 60+ with physical exam/check-up in last year | | 91.2% | [88.56% - 93.80%] | 88.5% | [87.93% - 89.09%] |
| % 60+ flu shot in last year | | 58.1% | [53.12% - 63.10%] | 57.5% | [56.60% - 58.43%] |
| % 60+ with pneumonia vaccine | | 69.0% | [64.15% - 73.82%] | 63.9% | [62.97% - 64.79%] |
| % 60+ with shingles vaccine | | 35.9% | [29.88% - 41.83%] | 33.5% | [32.43% - 34.52%] |
| % 60+ women with a mammogram within last 2 years | | 76.6% | [70.48% - 82.71%] | 79.7% | [78.56% - 80.79%] |
| % 60+ with colorectal cancer screening | | 75.2% | [70.24% - 80.26%] | 78.2% | [77.29% - 79.05%] |
| % 60+ with HIV test | | 13.2% | [9.81% - 16.63%] | 16.1% | [15.40% - 16.83%] |
| % 60+ met CDC preventive health screening goals | | 39.9% | [33.45% - 46.29%] | 39.6% | [38.38% - 40.80%] |
| NUTRITION & DIET | | | | | |
| % 60+ with 5 or more servings of fruit or vegetables per day | | 21.2% | [16.85% - 25.49%] | 19.9% | [19.00% - 20.72%] |
| % 60+ stressed about buying food in last month | | 8.6% | [5.55% - 11.74%] | 8.6% | [7.95% - 9.17%] |
| % 60+ self-reported obese | W | 32.3% | [27.51% - 37.13%] | 26.1% | [25.27% - 26.93%] |
| % 65+ clinically diagnosed obesity | W | 27.1% | [25.73% - 28.50%] | 22.5% | [22.35% - 22.66%] |
| % 65+ with high cholesterol | W | 80.2% | [78.98% - 81.40%] | 77.0% | [76.85% - 77.15%] |
| % 60+ with cholesterol screening | | 96.9% | [95.13% - 98.76%] | 97.1% | [96.74% - 97.42%] |
| ORAL HEALTH | | | | | |
| % 60+ with dental insurance | | 61.2% | [52.96% - 69.44%] | 59.2% | [57.60% - 60.76%] |
| % 60+ with annual dental exam | | 76.1% | [71.22% - 80.97%] | 80.0% | [79.13% - 80.76%] |
| % 60+ with loss of 6 or more teeth | W | 31.5% | [26.26% - 36.80%] | 23.8% | [22.96% - 24.69%] |
| CHRONIC DISEASE | | | | | |
| % 65+ with Alzheimer's disease or related dementias | W | 16.0% | [14.99% - 17.10%] | 14.4% | [14.26% - 14.49%] |
| % 65+ with anemia | | 49.2% | [47.78% - 50.69%] | 50.6% | [50.41% - 50.76%] |
| % 65+ with asthma | W | 16.0% | [14.92% - 17.02%] | 14.1% | [13.96% - 14.19%] |
| % 65+ with atrial fibrillation | | 17.1% | [16.08% - 18.14%] | 16.1% | [15.94% - 16.18%] |
| % 65+ with autism spectrum disorder | * | 0.07% | [0.04% - 0.10%] | 0.12% | [0.11% - 0.14%] |
| % 65+ with benign prostatic hyperplasia (men) | B | 39.2% | [37.02% - 41.38%] | 42.8% | [42.49% - 43.01%] |
| % 65+ with breast cancer (women) | | 11.0% | [9.82% - 12.14%] | 11.4% | [11.25% - 11.53%] |
| % 65+ with cataract | W | 69.3% | [67.93% - 70.73%] | 64.8% | [64.67% - 65.00%] |
| % 65+ with chronic kidney disease | W | 33.5% | [32.04% - 34.90%] | 29.9% | [29.70% - 30.03%] |
| % 65+ with chronic obstructive pulmonary disease | W | 22.5% | [21.32% - 23.68%] | 21.0% | [20.90% - 21.17%] |
| % 65+ with colon cancer | | 2.8% | [2.35% - 3.26%] | 2.7% | [2.65% - 2.75%] |
| % 65+ with congestive heart failure | | 23.1% | [21.85% - 24.32%] | 22.6% | [22.43% - 22.72%] |
| % 65+ with diabetes | | 34.4% | [32.93% - 35.84%] | 33.8% | [33.59% - 33.93%] |
| % 65+ with endometrial cancer (women) | | 2.1% | [1.56% - 2.59%] | 2.0% | [1.97% - 2.10%] |

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| % 65+ with epilepsy | | 3.2% | [2.61% - 3.70%] | 2.9% | [2.82% - 2.95%] |
| % 65+ with fibromyalgia, chronic pain, and fatigue | B | 23.6% | [22.28% - 24.85%] | 26.6% | [26.42% - 26.73%] |
| % 65+ with glaucoma | | 28.0% | [26.72% - 29.27%] | 28.3% | [28.11% - 28.41%] |
| % 65+ ever had a heart attack | | 4.3% | [3.79% - 4.90%] | 4.5% | [4.40% - 4.53%] |
| % 65+ with HIV/AIDS | * | 0.11% | [0.08% - 0.15%] | 0.21% | [0.19% - 0.23%] |
| % 65+ with hypertension | | 77.5% | [76.21% - 78.74%] | 76.2% | [76.07% - 76.37%] |
| % 65+ with hypothyroidism | | 24.7% | [23.49% - 25.95%] | 25.1% | [24.99% - 25.28%] |
| % 65+ with ischemic heart disease | W | 42.6% | [41.14% - 44.15%] | 40.7% | [40.55% - 40.90%] |
| % 65+ with leukemias and lymphomas | | 2.5% | [2.01% - 2.94%] | 2.7% | [2.60% - 2.71%] |
| % 65+ with liver disease | | 10.3% | [9.40% - 11.24%] | 9.5% | [9.37% - 9.59%] |
| % 65+ with lung cancer | | 1.6% | [1.29% - 1.99%] | 1.9% | [1.81% - 1.90%] |
| % 65+ with migraine and other chronic headache | | 5.3% | [4.59% - 5.96%] | 5.2% | [5.13% - 5.29%] |
| % 65+ with osteoarthritis or rheumatoid arthritis | | 52.8% | [51.28% - 54.38%] | 54.2% | [53.97% - 54.34%] |
| % 65+ with osteoporosis | | 21.0% | [19.85% - 22.12%] | 20.2% | [20.11% - 20.37%] |
| % 65+ with peripheral vascular disease | W | 21.9% | [20.74% - 23.15%] | 19.9% | [19.72% - 19.99%] |
| % 65+ with pressure ulcer or chronic ulcer | | 9.4% | [8.52% - 10.19%] | 9.2% | [9.11% - 9.31%] |
| % 65+ with prostate cancer (men) | | 11.9% | [10.54% - 13.33%] | 13.1% | [12.93% - 13.28%] |
| % 65+ with stroke | | 12.0% | [11.11% - 12.89%] | 11.9% | [11.80% - 12.01%] |
| % 65+ with traumatic brain injury | | 1.0% | [0.74% - 1.35%] | 1.3% | [1.25% - 1.33%] |
| % 65+ with 4+ (out of 15) chronic conditions | W | 63.5% | [62.09% - 64.97%] | 61.8% | [61.61% - 61.95%] |
| % 65+ with 0 chronic conditions | W | 6.3% | [5.54% - 7.08%] | 7.2% | [7.10% - 7.29%] |
| BEHAVIORAL HEALTH | | | | | |
| % 65+ with opioid use disorder | | 2.2% | [1.72% - 2.69%] | 2.2% | [2.10% - 2.21%] |
| % 65+ with substance use disorder | | 6.5% | [5.69% - 7.28%] | 6.8% | [6.66% - 6.85%] |
| % 60+ who used marijuana in last month | | N/A | | 2.9% | [2.30% - 3.53%] |
| % 60+ excessive drinking | | 6.7% | [4.18% - 9.16%] | 9.2% | [8.64% - 9.71%] |
| % 65+ with tobacco use disorder | | 10.7% | [9.74% - 11.70%] | 10.1% | [9.94% - 10.17%] |
| % 60+ current smokers | | 10.1% | [7.23% - 13.05%] | 7.7% | [7.20% - 8.17%] |
| % 60+ ever used E-Cigarettes in last month | | 4.6% | [2.62% - 6.59%] | 6.4% | [5.89% - 6.80%] |
| MENTAL HEALTH | | | | | |
| % 60+ who reported receiving adequate emotional support | | 76.6% | [73.29% - 79.88%] | 78.3% | [76.70% - 79.88%] |
| % 60+ with 15+ days poor mental health in last month | | 8.0% | [5.12% - 10.80%] | 6.9% | [6.41% - 7.37%] |
| % 65+ with depression | W | 32.8% | [31.40% - 34.11%] | 30.3% | [30.10% - 30.41%] |
| % 65+ with anxiety disorder | W | 27.4% | [26.07% - 28.80%] | 25.5% | [25.35% - 25.66%] |
| % 65+ with bipolar disorder | W | 5.1% | [4.39% - 5.82%] | 3.9% | [3.78% - 3.92%] |
| % 65+ with post-traumatic stress disorder | | 1.6% | [1.13% - 1.97%] | 1.3% | [1.20% - 1.29%] |
| % 65+ with schizophrenia & other psychotic disorder | W | 7.4% | [6.57% - 8.21%] | 4.6% | [4.53% - 4.68%] |
| % 65+ with personality disorder | W | 3.9% | [3.31% - 4.59%] | 2.6% | [2.49% - 2.61%] |

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| LIVING WITH DISABILITY | | | | | |
| % 65+ with self-reported hearing difficulty | | 12.1% | [9.46% - 14.64%] | 12.4% | [12.08% - 12.71%] |
| % 65+ with clinical diagnosis of deafness or hearing impairment | W | 17.7% | [16.63% - 18.85%] | 15.7% | [15.60% - 15.85%] |
| % 65+ with self-reported vision difficulty | | 5.6% | [3.35% - 7.79%] | 4.8% | [4.55% - 5.04%] |
| % 65+ with clinical diagnosis of blindness or visual impairment | | 1.3% | [0.95% - 1.58%] | 1.1% | [1.05% - 1.12%] |
| % 65+ with self-reported cognition difficulty | | 6.7% | [4.65% - 8.73%] | 7.6% | [7.34% - 7.87%] |
| % 65+ with self-reported ambulatory difficulty | | 16.1% | [13.05% - 19.22%] | 19.1% | [18.71% - 19.52%] |
| % 65+ with clinical diagnosis of mobility impairment | | 4.3% | [3.70% - 4.92%] | 4.0% | [3.95% - 4.09%] |
| % 65+ with self-reported self-care difficulty | | 7.1% | [4.51% - 9.73%] | 7.5% | [7.25% - 7.77%] |
| % 65+ with self-reported independent living difficulty | | 12.8% | [9.89% - 15.77%] | 13.6% | [13.23% - 13.93%] |
| CAREGIVING | | | | | |
| % of 60+ who provide care to a family/friend in last month | | 21.0% | [17.20% - 24.71%] | 21.7% | [19.87% - 23.57%] |
| % of grandparents raising grandchildren | | 0.8% | [0.24% - 1.28%] | 0.8% | [0.73% - 0.86%] |
| % of grandparents who live with grandchildren | | 2.4% | [1.57% - 3.19%] | 2.7% | [2.62% - 2.83%] |
| ACCESS TO CARE | | | | | |
| % 65+ dually eligible for Medicare and Medicaid | * | 23.3% | [22.38% - 24.14%] | 22.1% | [21.96% - 22.17%] |
| % 65+ Medicare managed care enrollees | * | 33.9% | [32.92% - 34.88%] | 29.9% | [29.76% - 29.99%] |
| % 60+ with a regular doctor | | 94.7% | [92.10% - 97.29%] | 96.0% | [95.68% - 96.39%] |
| % 60+ who did not see a doctor when needed due to cost | | 4.4% | [2.43% - 6.38%] | 4.5% | [4.14% - 4.92%] |
| SERVICE UTILIZATION | | | | | |
| # physician visits per year | * | 9.2 | [8.88 - 9.42] | 8.6 | [8.60 - 8.66] |
| # emergency room visits/1000 persons 65+ years annually | | 657.3 | [617.50 - 697.05] | 636.7 | [631.77 - 641.56] |
| # Part D monthly prescription fills per person annually | * | 54.9 | [53.80 - 56.02] | 50.3 | [50.15 - 50.39] |
| # home health visits annually | | 4.2 | [3.68 - 4.62] | 4.1 | [4.02 - 4.14] |
| # durable medical equipment claims annually | * | 2.6 | [2.42 - 2.81] | 1.9 | [1.88 - 1.91] |
| # inpatient hospital stays/1000 persons 65+ years annually | | 298.0 | [275.56 - 320.46] | 273.3 | [270.72 - 275.80] |
| % Medicare inpatient hospital readmissions (as % of admissions) | | 16.7% | [14.45% - 19.02%] | 17.2% | [16.89% - 17.47%] |
| # skilled nursing facility stays/1000 persons 65+ years annually | | 111.8 | [99.40 - 124.13] | 104.7 | [103.23 - 106.08] |
| % 65+ getting Medicaid long term services and supports | * | 6.8% | [6.28% - 7.33%] | 5.5% | [5.48% - 5.60%] |
| % 65+ hospice users | * | 3.2% | [2.83% - 3.61%] | 2.8% | [2.70% - 2.79%] |
| % 65+ hospice users as % of decedents | | 48.0% | [43.17% - 52.75%] | 45.5% | [44.85% - 46.14%] |
| Median hospice days per hospice user (65+, deceased) | | 13.0 | [10.0 - 17.3] | 10.0 | [10.00 - 10.00] |
| Median hospice payment (Medicare + other) per hospice user | | \$3,857 | [\$3,241 - \$4,326] | \$3,741 | [\$3,650 - \$3,816] |
| COMMUNITY | | | | | |
| % 60+ who used Internet in last month | * | 67.8% | [63.30% - 72.21%] | 75.1% | [74.32% - 75.89%] |
| TRANSPORTATION | | | | | |
| % 65+ who own a motor vehicle | | 88.2% | [86.86% - 89.64%] | 87.3% | [87.15% - 87.49%] |
| % 60+ who always drive or ride wearing a seatbelt | | 94.3% | [92.05% - 96.60%] | 93.0% | [92.53% - 93.49%] |
| % 60+ who drove under the influence of drinking in last month | | N/A | | 2.2% | [1.76% - 2.56%] |

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| HOUSING | | | | | |
| % 65+ population who live alone | | 29.9% | [26.23% - 33.59%] | 28.4% | [27.99% - 28.89%] |
| % 60+ own home | * | 73.3% | [71.00% - 75.65%] | 76.9% | [76.70% - 77.17%] |
| % 60+ homeowners who have mortgage | | 46.8% | [42.49% - 51.09%] | 47.1% | [46.58% - 47.64%] |
| % 60+ stressed about paying rent/mortgage in last month | | 14.5% | [10.59% - 18.38%] | 17.4% | [16.52% - 18.19%] |
| % 65+ households (renter) spend >35% of income on housing | | 40.7% | [32.24% - 49.16%] | 44.0% | [42.55% - 45.42%] |
| % 65+ households (owner) spend >35% of income on housing | | 24.8% | [19.79% - 29.71%] | 29.5% | [28.89% - 30.15%] |
| % 65+ moved within same county in last year | | 2.8% | [1.11% - 4.48%] | 3.7% | [3.48% - 3.89%] |
| % 65+ moved from different county in last year | | 0.4% | [-0.18% - 1.02%] | 0.8% | [0.71% - 0.90%] |
| % 65+ moved from different state in last year | | 0.7% | [0.05% - 1.26%] | 0.9% | [0.82% - 1.05%] |
| % of vacant homes in community | * | 6.4% | [4.78% - 7.95%] | 9.6% | [9.29% - 9.87%] |
| ECONOMIC | | | | | |
| % 60+ receiving food benefits in last year | | 11.9% | [9.09% - 14.74%] | 10.9% | [10.53% - 11.21%] |
| % 65+ employed in last year | * | 21.5% | [19.16% - 23.78%] | 24.8% | [24.48% - 25.15%] |
| % 65+ with income below the poverty line in last year | | 5.3% | [3.39% - 7.29%] | 7.0% | [6.79% - 7.30%] |
| % 65+ households with annual income < \$20,000 | | 17.1% | [12.91% - 21.27%] | 17.1% | [16.57% - 17.55%] |
| % 65+ households with annual income \$20,000-\$49,999 | | 30.2% | [25.77% - 34.57%] | 31.0% | [30.35% - 31.62%] |
| % 65+ households with annual income \$50,000-\$99,999 | | 32.4% | [27.74% - 37.12%] | 27.6% | [27.04% - 28.17%] |
| % 65+ households with annual income \$100,000+ | * | 20.3% | [16.93% - 23.68%] | 24.4% | [23.82% - 24.89%] |

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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