

Berlin (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		54.4%	[48.84% - 59.93%]	55.7%	[55.33% - 56.11%]
% 75-84 years		31.2%	[25.62% - 36.88%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.4%	[9.04% - 19.69%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		55.6%	[48.95% - 62.26%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		72.2%	[51.96% - 92.53%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	97.4%	[92.22% - 102.65%]	88.4%	[87.85% - 88.93%]
% African American	*	1.3%	[-0.54% - 3.10%]	6.8%	[6.63% - 6.88%]
% Asian		1.2%	[-0.62% - 3.01%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.6%	[-0.18% - 3.39%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		55.6%	[51.05% - 60.24%]	53.8%	[53.46% - 54.12%]
% divorced/separated		11.4%	[6.55% - 16.31%]	14.9%	[14.58% - 15.29%]
% widowed		28.7%	[22.80% - 34.51%]	24.2%	[23.77% - 24.57%]
% never married	*	4.3%	[2.21% - 6.31%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		18.3%	[13.87% - 22.65%]	14.7%	[14.30% - 15.04%]
% with high school or some college		55.6%	[49.99% - 61.26%]	53.3%	[52.80% - 53.74%]
% with college degree		26.1%	[20.45% - 31.78%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	12.1%	[7.83% - 16.31%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		81.4%	[76.65% - 86.14%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		17.4%	[12.78% - 22.04%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.8%	[3.28% - 4.40%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.7%	[62.05% - 73.44%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		75.9%	[71.14% - 80.73%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		26.7%	[21.30% - 32.18%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		61.9%	[55.82% - 67.95%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.7%	[8.70% - 16.68%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.2%	[6.49% - 13.94%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		24.2%	[19.04% - 29.45%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.4%	[5.07% - 11.78%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.2%	[2.55% - 3.82%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year	B	92.9%	[90.22% - 95.63%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.6%	[51.95% - 63.23%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		66.1%	[60.54% - 71.61%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	B	42.9%	[36.01% - 49.84%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		85.5%	[80.02% - 91.01%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		75.0%	[69.53% - 80.53%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		14.8%	[10.64% - 18.88%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		37.7%	[30.66% - 44.84%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		17.4%	[12.83% - 22.03%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		7.0%	[3.90% - 10.08%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		25.0%	[20.09% - 29.98%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		21.4%	[19.68% - 23.19%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		77.1%	[75.38% - 78.88%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening	B	99.4%	[98.73% - 100.00%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		58.3%	[47.51% - 69.16%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		80.1%	[75.05% - 85.13%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		22.0%	[16.83% - 27.18%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.2%	[11.87% - 14.59%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		50.3%	[48.27% - 52.28%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	12.3%	[11.04% - 13.58%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.9%	[15.51% - 18.39%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.27%	[0.22% - 0.32%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		40.0%	[37.02% - 43.03%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		10.7%	[9.13% - 12.27%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	69.9%	[68.03% - 71.85%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		30.9%	[28.96% - 32.82%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	18.9%	[17.40% - 20.44%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.5%	[1.95% - 3.13%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	24.8%	[23.06% - 26.57%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		32.1%	[30.12% - 34.05%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.4%	[1.58% - 3.13%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		3.5%	[2.68% - 4.38%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	24.2%	[22.40% - 25.98%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		28.6%	[26.78% - 30.33%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.8%	[4.01% - 5.64%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.25%	[0.20% - 0.30%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	79.8%	[78.13% - 81.49%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism		23.8%	[22.12% - 25.45%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	44.3%	[42.16% - 46.37%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		3.1%	[2.34% - 3.80%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.6%	[8.32% - 10.83%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.4%	[1.81% - 2.98%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.2%	[4.26% - 6.19%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		55.4%	[53.27% - 57.58%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		18.7%	[17.21% - 20.19%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	15.1%	[13.69% - 16.58%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		8.2%	[7.07% - 9.26%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		13.4%	[11.35% - 15.43%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	B	10.6%	[9.47% - 11.79%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	B	0.9%	[0.50% - 1.25%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		62.9%	[60.91% - 64.87%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		6.3%	[5.24% - 7.36%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.3%	[1.64% - 2.95%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	5.3%	[4.29% - 6.26%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		6.5%	[3.56% - 9.49%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		9.8%	[8.55% - 11.10%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		6.8%	[4.07% - 9.52%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.8%	[3.26% - 8.40%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		6.5%	[3.40% - 9.67%]	6.9%	[6.41% - 7.37%]
% 65+ with depression		31.3%	[29.43% - 33.11%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		26.4%	[24.52% - 28.24%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.4%	[2.59% - 4.21%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.0%	[0.59% - 1.51%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.5%	[3.66% - 5.42%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.3%	[1.65% - 2.95%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		16.1%	[10.66% - 21.54%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.8%	[13.42% - 16.27%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		8.3%	[4.98% - 11.66%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.2%	[0.74% - 1.62%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		8.2%	[3.74% - 12.71%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		18.6%	[13.22% - 23.96%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.6%	[2.88% - 4.41%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		4.8%	[1.99% - 7.59%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		10.7%	[6.23% - 15.15%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.0%	[-0.19% - 0.19%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		1.6%	[0.43% - 2.84%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	19.4%	[18.31% - 20.57%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	33.6%	[32.28% - 34.98%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	B	98.2%	[96.89% - 99.43%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.9%	[1.71% - 6.10%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.6	[8.29 - 8.90]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	581.0	[531.06 - 631.01]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		50.0	[48.65 - 51.35]	50.3	[50.15 - 50.39]
# home health visits annually		3.9	[3.07 - 4.69]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		2.0	[1.73 - 2.18]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	243.3	[217.04 - 269.53]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	13.6%	[10.38% - 16.79%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		95.7	[80.68 - 110.71]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	4.5%	[3.87% - 5.05%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.4%	[1.95% - 2.88%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		47.5%	[39.97% - 55.01%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		10.0	[7.5 - 13.5]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,657	[\$3,052 - \$4,553]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		78.7%	[74.16% - 83.19%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		91.5%	[86.78% - 96.20%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.5%	[91.77% - 97.21%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		27.7%	[23.15% - 32.30%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	83.2%	[81.11% - 85.35%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		44.4%	[37.22% - 51.65%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		13.7%	[9.16% - 18.18%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		59.7%	[44.49% - 74.93%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		25.3%	[17.30% - 33.37%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.8%	[1.47% - 6.22%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		2.6%	[0.04% - 5.18%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.2%	[-0.62% - 3.04%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	4.6%	[1.74% - 7.49%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	5.8%	[2.69% - 8.85%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		21.4%	[16.12% - 26.72%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	4.1%	[1.55% - 6.74%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		11.8%	[5.94% - 17.61%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		37.6%	[29.46% - 45.77%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		24.1%	[17.43% - 30.81%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		26.5%	[18.66% - 34.32%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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