

## Meriden (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		59.3%	[ 55.34% - 63.34% ]	55.7%	[ 55.33% - 56.11% ]
% 75-84 years		27.0%	[ 23.95% - 30.04% ]	29.1%	[ 28.75% - 29.45% ]
% 85 years or older		13.7%	[ 10.80% - 16.53% ]	15.2%	[ 14.93% - 15.43% ]
% 65+ population who are female		54.2%	[ 50.36% - 57.96% ]	56.8%	[ 56.36% - 57.18% ]
% 85+ population who are female		67.1%	[ 57.14% - 77.02% ]	66.6%	[ 65.94% - 67.18% ]
Race and ethnicity of the population 65+					
% White		87.2%	[ 84.50% - 89.97% ]	88.4%	[ 87.85% - 88.93% ]
% African American		7.6%	[ 4.94% - 10.27% ]	6.8%	[ 6.63% - 6.88% ]
% Asian		1.4%	[ 0.32% - 2.57% ]	2.3%	[ 2.20% - 2.35% ]
% Hispanic/Latino	*	17.5%	[ 14.74% - 20.33% ]	5.8%	[ 5.66% - 5.84% ]
Marital status of the population 65+					
% married	*	48.1%	[ 44.53% - 51.58% ]	53.8%	[ 53.46% - 54.12% ]
% divorced/separated		14.5%	[ 11.90% - 17.14% ]	14.9%	[ 14.58% - 15.29% ]
% widowed		26.8%	[ 23.20% - 30.34% ]	24.2%	[ 23.77% - 24.57% ]
% never married	*	10.7%	[ 8.14% - 13.16% ]	7.1%	[ 6.85% - 7.36% ]
Education of the population 65+					
% with less than high school education	*	21.9%	[ 18.28% - 25.52% ]	14.7%	[ 14.30% - 15.04% ]
% with high school or some college	*	63.4%	[ 60.35% - 66.38% ]	53.3%	[ 52.80% - 53.74% ]
% with college degree	*	14.7%	[ 12.21% - 17.25% ]	32.1%	[ 31.72% - 32.40% ]
% with graduate or professional degree	*	7.5%	[ 5.58% - 9.35% ]	16.8%	[ 16.58% - 17.09% ]
% of 65+ population who speak only English at home	*	76.9%	[ 75.18% - 78.53% ]	84.3%	[ 83.76% - 84.83% ]
% of 65+ population who are veterans of military service		15.6%	[ 12.98% - 18.20% ]	17.5%	[ 17.21% - 17.69% ]
% of 60+ who are LGBT (County)		2.6%	[ 1.98% - 3.23% ]	2.5%	[ 2.17% - 2.74% ]
Age-sex adjusted 1-year mortality rate	W	5.0%	[ 4.54% - 5.50% ]	4.1%	[ 4.08% - 4.18% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		64.9%	[ 58.48% - 71.30% ]	65.2%	[ 64.24% - 66.16% ]
% 60+ doing any physical activity within last month	W	65.2%	[ 59.39% - 70.99% ]	75.0%	[ 74.20% - 75.79% ]
% 60+ met CDC guidelines for muscle-strengthening activity		23.0%	[ 16.60% - 29.38% ]	27.6%	[ 26.62% - 28.52% ]
% 60+ met CDC guidelines for aerobic physical activity	W	48.5%	[ 40.79% - 56.28% ]	58.1%	[ 56.98% - 59.11% ]
% 60+ with fair or poor health status	W	24.1%	[ 18.71% - 29.41% ]	17.6%	[ 16.90% - 18.31% ]
% 60+ with 15+ physically unhealthy days in last month		14.1%	[ 9.70% - 18.48% ]	12.4%	[ 11.74% - 12.96% ]

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<b>FALLS</b>					
% 60+ who fell within last year		31.3%	[ 24.74% - 37.91% ]	26.3%	[ 25.38% - 27.18% ]
% 60+ who were injured in a fall within last year		12.4%	[ 7.85% - 16.95% ]	9.8%	[ 9.22% - 10.46% ]
% 65+ had hip fracture		3.5%	[ 3.03% - 4.05% ]	3.7%	[ 3.63% - 3.75% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		90.5%	[ 87.20% - 93.77% ]	88.5%	[ 87.93% - 89.09% ]
% 60+ flu shot in last year		53.8%	[ 47.67% - 59.96% ]	57.5%	[ 56.60% - 58.43% ]
% 60+ with pneumonia vaccine		67.4%	[ 61.33% - 73.50% ]	63.9%	[ 62.97% - 64.79% ]
% 60+ with shingles vaccine		33.4%	[ 26.79% - 40.06% ]	33.5%	[ 32.43% - 34.52% ]
% 60+ women with a mammogram within last 2 years		82.5%	[ 74.98% - 90.02% ]	79.7%	[ 78.56% - 80.79% ]
% 60+ with colorectal cancer screening		78.0%	[ 71.76% - 84.22% ]	78.2%	[ 77.29% - 79.05% ]
% 60+ with HIV test		18.2%	[ 13.12% - 23.21% ]	16.1%	[ 15.40% - 16.83% ]
% 60+ met CDC preventive health screening goals		37.3%	[ 29.35% - 45.27% ]	39.6%	[ 38.38% - 40.80% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		16.4%	[ 10.77% - 22.06% ]	19.9%	[ 19.00% - 20.72% ]
% 60+ stressed about buying food in last month		10.9%	[ 6.49% - 15.35% ]	8.6%	[ 7.95% - 9.17% ]
% 60+ self-reported obese		28.3%	[ 22.38% - 34.20% ]	26.1%	[ 25.27% - 26.93% ]
% 65+ clinically diagnosed obesity	W	24.2%	[ 22.81% - 25.56% ]	22.5%	[ 22.35% - 22.66% ]
% 65+ with high cholesterol		76.8%	[ 75.50% - 78.11% ]	77.0%	[ 76.85% - 77.15% ]
% 60+ with cholesterol screening	B	99.3%	[ 98.55% - 100.10% ]	97.1%	[ 96.74% - 97.42% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		59.2%	[ 48.82% - 69.64% ]	59.2%	[ 57.60% - 60.76% ]
% 60+ with annual dental exam		74.3%	[ 68.23% - 80.35% ]	80.0%	[ 79.13% - 80.76% ]
% 60+ with loss of 6 or more teeth	W	35.2%	[ 28.58% - 41.74% ]	23.8%	[ 22.96% - 24.69% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	W	17.1%	[ 15.95% - 18.18% ]	14.4%	[ 14.26% - 14.49% ]
% 65+ with anemia		50.1%	[ 48.58% - 51.56% ]	50.6%	[ 50.41% - 50.76% ]
% 65+ with asthma		14.0%	[ 12.95% - 15.00% ]	14.1%	[ 13.96% - 14.19% ]
% 65+ with atrial fibrillation		16.3%	[ 15.20% - 17.30% ]	16.1%	[ 15.94% - 16.18% ]
% 65+ with autism spectrum disorder	*	0.27%	[ 0.22% - 0.32% ]	0.12%	[ 0.11% - 0.14% ]
% 65+ with benign prostatic hyperplasia (men)		43.2%	[ 40.98% - 45.52% ]	42.8%	[ 42.49% - 43.01% ]
% 65+ with breast cancer (women)		11.0%	[ 9.83% - 12.23% ]	11.4%	[ 11.25% - 11.53% ]
% 65+ with cataract	B	63.2%	[ 61.68% - 64.64% ]	64.8%	[ 64.67% - 65.00% ]
% 65+ with chronic kidney disease	W	34.3%	[ 32.87% - 35.82% ]	29.9%	[ 29.70% - 30.03% ]
% 65+ with chronic obstructive pulmonary disease	W	24.6%	[ 23.39% - 25.91% ]	21.0%	[ 20.90% - 21.17% ]
% 65+ with colon cancer		3.0%	[ 2.55% - 3.52% ]	2.7%	[ 2.65% - 2.75% ]
% 65+ with congestive heart failure		24.0%	[ 22.71% - 25.30% ]	22.6%	[ 22.43% - 22.72% ]
% 65+ with diabetes	W	39.2%	[ 37.63% - 40.72% ]	33.8%	[ 33.59% - 33.93% ]
% 65+ with endometrial cancer (women)		1.9%	[ 1.41% - 2.44% ]	2.0%	[ 1.97% - 2.10% ]

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% 65+ with epilepsy	W	4.2%	[ 3.59% - 4.88% ]	2.9%	[ 2.82% - 2.95% ]
% 65+ with fibromyalgia, chronic pain, and fatigue		27.0%	[ 25.62% - 28.41% ]	26.6%	[ 26.42% - 26.73% ]
% 65+ with glaucoma	B	24.9%	[ 23.61% - 26.14% ]	28.3%	[ 28.11% - 28.41% ]
% 65+ ever had a heart attack		4.4%	[ 3.79% - 4.95% ]	4.5%	[ 4.40% - 4.53% ]
% 65+ with HIV/AIDS		0.25%	[ 0.20% - 0.30% ]	0.21%	[ 0.19% - 0.23% ]
% 65+ with hypertension	W	77.8%	[ 76.54% - 79.11% ]	76.2%	[ 76.07% - 76.37% ]
% 65+ with hypothyroidism		25.8%	[ 24.55% - 27.11% ]	25.1%	[ 24.99% - 25.28% ]
% 65+ with ischemic heart disease		40.2%	[ 38.63% - 41.70% ]	40.7%	[ 40.55% - 40.90% ]
% 65+ with leukemias and lymphomas		2.8%	[ 2.26% - 3.29% ]	2.7%	[ 2.60% - 2.71% ]
% 65+ with liver disease	W	10.6%	[ 9.66% - 11.61% ]	9.5%	[ 9.37% - 9.59% ]
% 65+ with lung cancer		1.7%	[ 1.36% - 2.12% ]	1.9%	[ 1.81% - 1.90% ]
% 65+ with migraine and other chronic headache		5.4%	[ 4.71% - 6.19% ]	5.2%	[ 5.13% - 5.29% ]
% 65+ with osteoarthritis or rheumatoid arthritis	W	56.1%	[ 54.54% - 57.73% ]	54.2%	[ 53.97% - 54.34% ]
% 65+ with osteoporosis		19.5%	[ 18.41% - 20.66% ]	20.2%	[ 20.11% - 20.37% ]
% 65+ with peripheral vascular disease	W	21.5%	[ 20.25% - 22.76% ]	19.9%	[ 19.72% - 19.99% ]
% 65+ with pressure ulcer or chronic ulcer	W	10.4%	[ 9.49% - 11.35% ]	9.2%	[ 9.11% - 9.31% ]
% 65+ with prostate cancer (men)	B	11.4%	[ 9.99% - 12.81% ]	13.1%	[ 12.93% - 13.28% ]
% 65+ with stroke	W	13.0%	[ 12.04% - 13.97% ]	11.9%	[ 11.80% - 12.01% ]
% 65+ with traumatic brain injury		1.1%	[ 0.78% - 1.45% ]	1.3%	[ 1.25% - 1.33% ]
% 65+ with 4+ (out of 15) chronic conditions	W	64.9%	[ 63.45% - 66.37% ]	61.8%	[ 61.61% - 61.95% ]
% 65+ with 0 chronic conditions		7.1%	[ 6.32% - 7.96% ]	7.2%	[ 7.10% - 7.29% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder	W	3.4%	[ 2.80% - 4.00% ]	2.2%	[ 2.10% - 2.21% ]
% 65+ with substance use disorder	W	8.5%	[ 7.59% - 9.41% ]	6.8%	[ 6.66% - 6.85% ]
% 60+ who used marijuana in last month		N/A		2.9%	[ 2.30% - 3.53% ]
% 60+ excessive drinking		8.3%	[ 5.23% - 11.38% ]	9.2%	[ 8.64% - 9.71% ]
% 65+ with tobacco use disorder	W	13.0%	[ 11.93% - 14.12% ]	10.1%	[ 9.94% - 10.17% ]
% 60+ current smokers		11.7%	[ 7.97% - 15.45% ]	7.7%	[ 7.20% - 8.17% ]
% 60+ ever used E-Cigarettes in last month	W	11.4%	[ 7.30% - 15.41% ]	6.4%	[ 5.89% - 6.80% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		79.4%	[ 76.01% - 82.83% ]	78.3%	[ 76.70% - 79.88% ]
% 60+ with 15+ days poor mental health in last month	W	11.6%	[ 7.48% - 15.78% ]	6.9%	[ 6.41% - 7.37% ]
% 65+ with depression	W	33.9%	[ 32.47% - 35.27% ]	30.3%	[ 30.10% - 30.41% ]
% 65+ with anxiety disorder	W	30.9%	[ 29.44% - 32.36% ]	25.5%	[ 25.35% - 25.66% ]
% 65+ with bipolar disorder	W	5.6%	[ 4.89% - 6.40% ]	3.9%	[ 3.78% - 3.92% ]
% 65+ with post-traumatic stress disorder		1.6%	[ 1.19% - 2.08% ]	1.3%	[ 1.20% - 1.29% ]
% 65+ with schizophrenia & other psychotic disorder	W	6.1%	[ 5.29% - 6.82% ]	4.6%	[ 4.53% - 4.68% ]
% 65+ with personality disorder	W	3.2%	[ 2.61% - 3.74% ]	2.6%	[ 2.49% - 2.61% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		13.0%	[ 10.27% - 15.76% ]	12.4%	[ 12.08% - 12.71% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	13.1%	[ 12.07% - 14.06% ]	15.7%	[ 15.60% - 15.85% ]
% 65+ with self-reported vision difficulty		5.5%	[ 3.45% - 7.53% ]	4.8%	[ 4.55% - 5.04% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[ 0.96% - 1.62% ]	1.1%	[ 1.05% - 1.12% ]
% 65+ with self-reported cognition difficulty		6.2%	[ 4.31% - 8.14% ]	7.6%	[ 7.34% - 7.87% ]
% 65+ with self-reported ambulatory difficulty		17.9%	[ 14.56% - 21.21% ]	19.1%	[ 18.71% - 19.52% ]
% 65+ with clinical diagnosis of mobility impairment		3.9%	[ 3.30% - 4.50% ]	4.0%	[ 3.95% - 4.09% ]
% 65+ with self-reported self-care difficulty	*	5.1%	[ 3.24% - 7.03% ]	7.5%	[ 7.25% - 7.77% ]
% 65+ with self-reported independent living difficulty		13.5%	[ 10.72% - 16.25% ]	13.6%	[ 13.23% - 13.93% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		25.3%	[ 21.16% - 29.39% ]	21.7%	[ 19.87% - 23.57% ]
% of grandparents raising grandchildren		1.0%	[ 0.58% - 1.49% ]	0.8%	[ 0.73% - 0.86% ]
% of grandparents who live with grandchildren		2.2%	[ 1.64% - 2.82% ]	2.7%	[ 2.62% - 2.83% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	32.6%	[ 31.65% - 33.60% ]	22.1%	[ 21.96% - 22.17% ]
% 65+ Medicare managed care enrollees	*	36.8%	[ 35.77% - 37.77% ]	29.9%	[ 29.76% - 29.99% ]
% 60+ with a regular doctor		97.0%	[ 95.25% - 98.73% ]	96.0%	[ 95.68% - 96.39% ]
% 60+ who did not see a doctor when needed due to cost		5.2%	[ 2.25% - 8.24% ]	4.5%	[ 4.14% - 4.92% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year	*	8.1	[ 7.88 - 8.36 ]	8.6	[ 8.60 - 8.66 ]
# emergency room visits/1000 persons 65+ years annually	*	824.0	[ 777.28 - 870.73 ]	636.7	[ 631.77 - 641.56 ]
# Part D monthly prescription fills per person annually	*	55.1	[ 54.11 - 56.15 ]	50.3	[ 50.15 - 50.39 ]
# home health visits annually		3.8	[ 3.33 - 4.21 ]	4.1	[ 4.02 - 4.14 ]
# durable medical equipment claims annually		2.0	[ 1.83 - 2.19 ]	1.9	[ 1.88 - 1.91 ]
# inpatient hospital stays/1000 persons 65+ years annually		279.4	[ 257.25 - 301.56 ]	273.3	[ 270.72 - 275.80 ]
% Medicare inpatient hospital readmissions (as % of admissions)		16.2%	[ 13.64% - 18.66% ]	17.2%	[ 16.89% - 17.47% ]
# skilled nursing facility stays/1000 persons 65+ years annually		117.3	[ 104.11 - 130.47 ]	104.7	[ 103.23 - 106.08 ]
% 65+ getting Medicaid long term services and supports	*	8.3%	[ 7.69% - 8.83% ]	5.5%	[ 5.48% - 5.60% ]
% 65+ hospice users		3.0%	[ 2.64% - 3.40% ]	2.8%	[ 2.70% - 2.79% ]
% 65+ hospice users as % of decedents		43.6%	[ 38.97% - 48.20% ]	45.5%	[ 44.85% - 46.14% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 8.0 - 15.0 ]	10.0	[ 10.00 - 10.00 ]
Median hospice payment (Medicare + other) per hospice user		\$3,664	[ \$3,285 - \$4,402 ]	\$3,741	[ \$3,650 - \$3,816 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		71.2%	[ 65.79% - 76.52% ]	75.1%	[ 74.32% - 75.89% ]
<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	83.3%	[ 82.74% - 83.93% ]	87.3%	[ 87.15% - 87.49% ]
% 60+ who always drive or ride wearing a seatbelt		91.8%	[ 88.21% - 95.31% ]	93.0%	[ 92.53% - 93.49% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[ 1.76% - 2.56% ]

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<b>HOUSING</b>					
% 65+ population who live alone	*	34.1%	[ 31.20% - 37.10% ]	28.4%	[ 27.99% - 28.89% ]
% 60+ own home	*	67.9%	[ 64.10% - 71.74% ]	76.9%	[ 76.70% - 77.17% ]
% 60+ homeowners who have mortgage		46.9%	[ 42.00% - 51.77% ]	47.1%	[ 46.58% - 47.64% ]
% 60+ stressed about paying rent/mortgage in last month		20.7%	[ 15.04% - 26.41% ]	17.4%	[ 16.52% - 18.19% ]
% 65+ households (renter) spend >35% of income on housing	*	34.1%	[ 27.47% - 40.74% ]	44.0%	[ 42.55% - 45.42% ]
% 65+ households (owner) spend >35% of income on housing		24.7%	[ 20.05% - 29.41% ]	29.5%	[ 28.89% - 30.15% ]
% 65+ moved within same county in last year		5.0%	[ 3.37% - 6.63% ]	3.7%	[ 3.48% - 3.89% ]
% 65+ moved from different county in last year		0.7%	[ 0.06% - 1.29% ]	0.8%	[ 0.71% - 0.90% ]
% 65+ moved from different state in last year	*	0.1%	[ -0.44% - 0.56% ]	0.9%	[ 0.82% - 1.05% ]
% of vacant homes in community	*	12.3%	[ 10.57% - 13.95% ]	9.6%	[ 9.29% - 9.87% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year	*	23.1%	[ 19.45% - 26.79% ]	10.9%	[ 10.53% - 11.21% ]
% 65+ employed in last year		21.8%	[ 18.39% - 25.16% ]	24.8%	[ 24.48% - 25.15% ]
% 65+ with income below the poverty line in last year		6.2%	[ 4.32% - 8.05% ]	7.0%	[ 6.79% - 7.30% ]
% 65+ households with annual income < \$20,000		13.9%	[ 10.90% - 16.82% ]	17.1%	[ 16.57% - 17.55% ]
% 65+ households with annual income \$20,000-\$49,999		35.9%	[ 30.66% - 41.11% ]	31.0%	[ 30.35% - 31.62% ]
% 65+ households with annual income \$50,000-\$99,999		32.4%	[ 27.44% - 37.44% ]	27.6%	[ 27.04% - 28.17% ]
% 65+ households with annual income \$100,000+	*	17.8%	[ 14.50% - 21.13% ]	24.4%	[ 23.82% - 24.89% ]

Notes. 1 We use B, W, or \* to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, \*=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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