

Milford (New Haven)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		58.2%	[54.91% - 61.45%]	55.7%	[55.33% - 56.11%]
% 75-84 years		27.9%	[24.85% - 30.89%]	29.1%	[28.75% - 29.45%]
% 85 years or older		14.0%	[11.59% - 16.32%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		58.9%	[55.32% - 62.42%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		65.1%	[60.11% - 70.16%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	96.0%	[93.46% - 98.55%]	88.4%	[87.85% - 88.93%]
% African American	*	0.9%	[0.33% - 1.45%]	6.8%	[6.63% - 6.88%]
% Asian		2.5%	[1.15% - 3.78%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	2.0%	[1.06% - 3.03%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		53.6%	[51.20% - 55.99%]	53.8%	[53.46% - 54.12%]
% divorced/separated		15.3%	[12.61% - 18.04%]	14.9%	[14.58% - 15.29%]
% widowed		24.1%	[21.12% - 27.05%]	24.2%	[23.77% - 24.57%]
% never married		7.0%	[5.23% - 8.76%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	9.7%	[7.33% - 11.99%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	62.6%	[59.91% - 65.33%]	53.3%	[52.80% - 53.74%]
% with college degree	*	27.7%	[25.02% - 30.41%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	12.5%	[10.43% - 14.49%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	90.0%	[86.82% - 93.16%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		17.8%	[15.37% - 20.32%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.6%	[1.98% - 3.23%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.1%	[3.72% - 4.52%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		65.0%	[59.37% - 70.53%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		79.3%	[75.18% - 83.43%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		27.6%	[22.23% - 33.02%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		58.7%	[52.56% - 64.88%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		18.6%	[14.58% - 22.71%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		11.1%	[7.95% - 14.23%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		30.1%	[24.54% - 35.63%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		14.0%	[9.56% - 18.39%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.9%	[3.39% - 4.37%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.0%	[84.69% - 91.29%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		56.1%	[50.91% - 61.36%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		64.0%	[58.84% - 69.24%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine	W	26.0%	[20.38% - 31.58%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years	B	87.4%	[82.75% - 92.14%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		79.4%	[74.32% - 84.46%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		15.7%	[11.80% - 19.70%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		39.4%	[32.53% - 46.20%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.4%	[15.16% - 25.60%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		8.2%	[4.70% - 11.66%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		31.2%	[26.27% - 36.21%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		21.4%	[20.22% - 22.58%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		76.8%	[75.62% - 77.96%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.1%	[95.19% - 99.08%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		50.4%	[41.20% - 59.55%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		78.9%	[74.00% - 83.89%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		25.6%	[20.21% - 30.97%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	12.3%	[11.48% - 13.21%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	55.5%	[54.18% - 56.87%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		13.6%	[12.71% - 14.52%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		15.9%	[14.99% - 16.89%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.05% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	45.7%	[43.64% - 47.75%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.6%	[10.46% - 12.69%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	B	57.0%	[55.61% - 58.30%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	31.5%	[30.16% - 32.76%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	W	23.6%	[22.45% - 24.68%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.6%	[2.23% - 3.05%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		23.8%	[22.60% - 24.92%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	W	39.2%	[37.83% - 40.59%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.2%	[1.73% - 2.75%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	B	2.3%	[1.88% - 2.70%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		27.4%	[26.17% - 28.69%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		29.4%	[28.20% - 30.60%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.7%	[4.18% - 5.27%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.22%	[0.16% - 0.28%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	77.6%	[76.48% - 78.80%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	W	32.2%	[30.97% - 33.45%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		41.4%	[40.03% - 42.81%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.4%	[2.01% - 2.84%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		10.4%	[9.55% - 11.26%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.1%	[1.74% - 2.50%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.4%	[4.77% - 6.06%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	51.9%	[50.43% - 53.30%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	18.7%	[17.64% - 19.67%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		19.6%	[18.54% - 20.67%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.2%	[8.47% - 10.02%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.5%	[11.14% - 13.79%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.1%	[10.31% - 11.92%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.4%	[1.05% - 1.69%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		62.6%	[61.24% - 63.89%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	8.1%	[7.31% - 8.88%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.2%	[1.73% - 2.59%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.0%	[6.29% - 7.78%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		7.3%	[4.68% - 10.01%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		10.1%	[9.20% - 10.95%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.2%	[5.43% - 11.06%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.9%	[3.58% - 8.23%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		79.4%	[76.01% - 82.83%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.8%	[3.53% - 8.02%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	28.2%	[27.02% - 29.41%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		25.2%	[23.94% - 26.39%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.4%	[2.89% - 3.96%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder	B	0.8%	[0.57% - 1.12%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.2%	[3.59% - 4.71%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	2.0%	[1.62% - 2.43%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		13.2%	[10.59% - 15.77%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	13.6%	[12.69% - 14.53%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.9%	[3.25% - 6.53%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.65% - 1.13%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		7.3%	[5.35% - 9.34%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		18.7%	[15.41% - 22.07%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.7%	[3.23% - 4.26%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		7.1%	[5.11% - 9.17%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		14.2%	[11.66% - 16.76%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		25.3%	[21.16% - 29.39%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.5%	[0.20% - 0.79%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.9%	[1.43% - 2.41%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	16.8%	[16.08% - 17.51%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	33.7%	[32.79% - 34.61%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		94.0%	[91.20% - 96.72%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.8%	[2.45% - 7.16%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	9.1	[8.87 - 9.32]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		678.5	[639.34 - 717.65]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	48.7	[47.79 - 49.56]	50.3	[50.15 - 50.39]
# home health visits annually	*	6.2	[5.42 - 6.97]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.8	[1.67 - 1.97]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		256.3	[237.02 - 275.56]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		17.7%	[15.18% - 20.17%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		92.7	[81.92 - 103.46]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	3.5%	[3.11% - 3.81%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.9%	[2.59% - 3.28%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		49.8%	[44.61% - 54.96%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		8.0	[7.0 - 10.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,699	[\$3,136 - \$4,366]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		76.1%	[71.65% - 80.48%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		89.1%	[87.19% - 91.04%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.7%	[88.91% - 94.49%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		28.0%	[24.93% - 31.13%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	83.6%	[81.59% - 85.53%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		47.1%	[42.90% - 51.29%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		21.1%	[15.98% - 26.22%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		52.8%	[37.16% - 68.52%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		35.6%	[29.61% - 41.51%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.8%	[3.18% - 6.51%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.7%	[0.13% - 1.23%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		1.2%	[0.31% - 2.08%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community		8.3%	[6.54% - 9.99%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	5.2%	[3.47% - 7.00%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		23.7%	[21.55% - 25.80%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		5.5%	[3.78% - 7.19%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	12.6%	[9.23% - 15.90%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999	*	36.7%	[32.01% - 41.39%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		30.2%	[26.18% - 34.22%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		20.5%	[17.14% - 23.93%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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