

Monroe (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		59.8%	[53.20% - 66.32%]	55.7%	[55.33% - 56.11%]
% 75-84 years		30.1%	[23.53% - 36.66%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	10.1%	[5.95% - 14.34%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		56.8%	[49.64% - 63.93%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		74.9%	[57.83% - 92.01%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		93.5%	[86.94% - 99.98%]	88.4%	[87.85% - 88.93%]
% African American		2.8%	[-1.03% - 6.72%]	6.8%	[6.63% - 6.88%]
% Asian		3.3%	[0.07% - 6.54%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.8%	[-1.95% - 5.45%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	65.5%	[60.66% - 70.43%]	53.8%	[53.46% - 54.12%]
% divorced/separated		9.6%	[4.67% - 14.62%]	14.9%	[14.58% - 15.29%]
% widowed		23.0%	[16.10% - 29.82%]	24.2%	[23.77% - 24.57%]
% never married	*	1.9%	[0.00% - 3.70%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		14.2%	[8.23% - 20.12%]	14.7%	[14.30% - 15.04%]
% with high school or some college		53.8%	[45.83% - 61.80%]	53.3%	[52.80% - 53.74%]
% with college degree		32.0%	[25.49% - 38.54%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		17.6%	[11.84% - 23.38%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		84.7%	[77.05% - 92.29%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		13.7%	[9.19% - 18.30%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	2.9%	[2.31% - 3.52%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		66.2%	[61.47% - 70.95%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		79.3%	[75.56% - 83.13%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		30.1%	[25.14% - 34.97%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity	B	65.4%	[60.16% - 70.65%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		15.1%	[11.79% - 18.43%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		11.1%	[8.10% - 14.05%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		26.5%	[22.13% - 30.79%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		12.1%	[8.80% - 15.49%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.1%	[2.30% - 3.87%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		87.7%	[84.66% - 90.66%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		62.3%	[57.88% - 66.72%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		61.6%	[57.05% - 66.13%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		31.3%	[25.96% - 36.64%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		73.7%	[67.66% - 79.80%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		78.0%	[73.88% - 82.22%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		12.9%	[9.72% - 16.01%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		39.8%	[33.86% - 45.74%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		22.1%	[17.60% - 26.61%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		5.6%	[3.15% - 8.04%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	B	20.6%	[16.79% - 24.33%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	20.2%	[17.99% - 22.32%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		78.3%	[76.21% - 80.46%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.5%	[94.09% - 98.97%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		51.5%	[43.97% - 59.05%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		80.1%	[75.99% - 84.19%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	15.7%	[12.11% - 19.33%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	12.1%	[10.56% - 13.67%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	W	54.0%	[51.48% - 56.44%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		13.9%	[12.20% - 15.52%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		14.6%	[12.91% - 16.22%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.09%	[0.05% - 0.13%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		42.3%	[38.60% - 46.00%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.5%	[9.45% - 13.47%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		65.2%	[62.73% - 67.59%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	27.3%	[25.03% - 29.62%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	18.3%	[16.42% - 20.10%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.6%	[2.26% - 2.96%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure		21.7%	[19.59% - 23.73%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		35.6%	[33.09% - 38.17%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[1.31% - 2.07%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.8%	[2.38% - 3.16%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.7%	[24.41% - 29.06%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	22.4%	[20.41% - 24.44%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		5.2%	[4.19% - 6.24%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.22%	[0.16% - 0.28%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension		77.8%	[75.65% - 79.94%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	W	29.2%	[27.01% - 31.40%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		41.7%	[39.13% - 44.31%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.9%	[2.49% - 3.28%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	7.8%	[6.46% - 9.23%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.8%	[1.50% - 2.09%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		4.7%	[3.61% - 5.79%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		52.6%	[49.94% - 55.34%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	W	22.4%	[20.39% - 24.34%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease		18.2%	[16.31% - 20.13%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	7.0%	[5.75% - 8.24%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	W	16.1%	[13.41% - 18.70%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.0%	[9.56% - 12.48%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.86% - 1.32%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		59.8%	[57.35% - 62.30%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.1%	[5.70% - 8.42%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.4%	[1.14% - 1.73%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.1%	[2.99% - 5.16%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		12.3%	[9.27% - 15.32%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	6.4%	[5.07% - 7.72%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.6%	[2.45% - 6.68%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.1%	[2.98% - 7.20%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		4.7%	[2.74% - 6.72%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	24.6%	[22.56% - 26.74%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	22.6%	[20.39% - 24.76%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.9%	[2.45% - 3.28%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder	B	0.6%	[0.35% - 0.76%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	3.7%	[3.21% - 4.10%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	1.9%	[1.59% - 2.27%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		8.5%	[4.81% - 12.10%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		14.2%	[12.48% - 15.94%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.7%	[0.60% - 8.85%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.2%	[0.93% - 1.44%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	2.4%	[0.59% - 4.24%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		19.4%	[12.63% - 26.09%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.2%	[2.35% - 4.07%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	1.4%	[-0.09% - 2.80%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	6.5%	[3.23% - 9.72%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.4%	[-0.08% - 0.85%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.9%	[1.48% - 4.38%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	14.1%	[12.88% - 15.29%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	35.2%	[33.57% - 36.88%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		96.5%	[94.79% - 98.12%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		2.8%	[1.44% - 4.18%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.9	[8.48 - 9.27]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	451.8	[402.60 - 501.04]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	45.7	[44.16 - 47.15]	50.3	[50.15 - 50.39]
# home health visits annually		4.1	[3.24 - 4.86]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.7	[1.40 - 1.94]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	238.2	[205.93 - 270.46]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		14.7%	[11.34% - 18.07%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		86.1	[67.24 - 104.98]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	1.6%	[1.13% - 1.99%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	2.1%	[1.58% - 2.64%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		47.5%	[37.76% - 57.30%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)	*	6.5	[4.1 - 8.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,417	[\$2,534 - \$4,267]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		79.4%	[75.54% - 83.18%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	92.7%	[87.92% - 97.45%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.8%	[90.35% - 95.30%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		21.5%	[14.52% - 28.42%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	88.2%	[84.73% - 91.64%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		44.3%	[35.02% - 53.52%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.0%	[11.13% - 18.80%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		56.2%	[28.47% - 83.97%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		38.7%	[26.32% - 50.99%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year	*	1.3%	[-0.57% - 3.08%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-1.30% - 1.30%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.4%	[-0.92% - 1.71%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	5.3%	[2.36% - 8.23%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		7.3%	[2.71% - 11.85%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		23.7%	[18.31% - 29.00%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	2.5%	[0.09% - 4.86%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		17.3%	[7.99% - 26.70%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		26.0%	[16.04% - 36.00%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		25.9%	[17.79% - 34.02%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		30.7%	[21.13% - 40.32%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu