

New Canaan (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		51.0%	[45.75% - 56.27%]	55.7%	[55.33% - 56.11%]
% 75-84 years		33.5%	[26.63% - 40.28%]	29.1%	[28.75% - 29.45%]
% 85 years or older		15.5%	[10.60% - 20.47%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		56.9%	[50.24% - 63.58%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		67.2%	[48.30% - 86.10%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	94.6%	[92.03% - 97.22%]	88.4%	[87.85% - 88.93%]
% African American	*	1.8%	[-0.26% - 3.86%]	6.8%	[6.63% - 6.88%]
% Asian		2.4%	[0.17% - 4.67%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.5%	[-0.76% - 3.74%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	61.3%	[56.28% - 66.24%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	7.4%	[3.15% - 11.58%]	14.9%	[14.58% - 15.29%]
% widowed		26.7%	[20.20% - 33.11%]	24.2%	[23.77% - 24.57%]
% never married		4.7%	[1.86% - 7.59%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	7.1%	[3.49% - 10.73%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	25.5%	[19.66% - 31.35%]	53.3%	[52.80% - 53.74%]
% with college degree	*	67.4%	[62.03% - 72.74%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	35.4%	[29.44% - 41.39%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		84.5%	[80.12% - 88.81%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		18.0%	[13.26% - 22.77%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate	B	3.4%	[2.75% - 3.99%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep	B	73.0%	[69.01% - 76.91%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	84.6%	[81.78% - 87.45%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity	B	34.3%	[29.37% - 39.15%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		60.6%	[55.42% - 65.80%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.9%	[10.29% - 15.49%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month	B	9.4%	[7.13% - 11.70%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		23.2%	[19.35% - 26.97%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.6%	[5.97% - 11.24%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		4.2%	[3.44% - 4.98%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year	W	82.8%	[79.88% - 85.80%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		60.4%	[56.45% - 64.28%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		59.2%	[55.23% - 63.22%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		39.2%	[33.76% - 44.69%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		79.2%	[74.09% - 84.40%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		80.0%	[76.23% - 83.79%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		19.0%	[15.68% - 22.29%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		44.8%	[39.38% - 50.29%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.4%	[16.04% - 24.66%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	B	5.3%	[3.22% - 7.45%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese	B	16.4%	[13.43% - 19.33%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	B	13.3%	[11.75% - 14.81%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	68.8%	[66.83% - 70.80%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		95.0%	[92.62% - 97.36%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		52.5%	[45.54% - 59.37%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		83.8%	[80.34% - 87.17%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth	B	17.4%	[13.85% - 21.04%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.1%	[11.78% - 14.50%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	45.2%	[43.17% - 47.31%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	11.2%	[9.92% - 12.47%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		16.9%	[15.36% - 18.36%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.04%	[0.02% - 0.06%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)	W	48.3%	[45.05% - 51.57%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		12.9%	[11.10% - 14.64%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		67.0%	[64.99% - 69.10%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	18.4%	[16.82% - 20.06%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	15.6%	[14.13% - 17.00%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.7%	[2.21% - 3.16%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	15.8%	[14.33% - 17.31%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	20.8%	[19.07% - 22.53%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.9%	[1.38% - 2.46%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	B	2.3%	[1.81% - 2.75%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		26.6%	[24.66% - 28.50%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	W	41.9%	[39.87% - 43.96%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	2.7%	[2.06% - 3.36%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.19%	[0.14% - 0.25%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	64.0%	[61.92% - 66.03%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	22.7%	[21.03% - 24.43%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	33.1%	[31.06% - 35.12%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.9%	[2.38% - 3.40%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	6.0%	[5.04% - 7.03%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.7%	[1.30% - 2.05%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.9%	[4.91% - 6.94%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		54.1%	[51.85% - 56.34%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		21.0%	[19.39% - 22.64%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	16.1%	[14.58% - 17.56%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		8.9%	[7.77% - 10.01%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	W	18.4%	[15.97% - 20.83%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		11.6%	[10.38% - 12.90%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury	W	1.8%	[1.44% - 2.22%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	50.9%	[48.77% - 52.96%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	9.3%	[7.94% - 10.57%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.6%	[1.23% - 2.04%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	5.2%	[4.29% - 6.18%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking	W	12.7%	[10.05% - 15.37%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder	B	4.0%	[3.12% - 4.87%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.4%	[2.78% - 6.03%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		4.9%	[3.17% - 6.63%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month	B	4.5%	[2.78% - 6.14%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	24.0%	[22.22% - 25.72%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	18.4%	[16.76% - 20.12%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder	B	2.9%	[2.36% - 3.44%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder	B	0.4%	[0.20% - 0.62%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	2.4%	[1.93% - 2.85%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder	B	1.7%	[1.22% - 2.10%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		9.1%	[5.73% - 12.51%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		17.2%	[15.64% - 18.78%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		3.2%	[0.65% - 5.80%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.5%	[0.30% - 0.72%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		6.7%	[2.66% - 10.69%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	12.9%	[8.45% - 17.38%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		3.7%	[2.93% - 4.50%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		4.5%	[0.98% - 7.93%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		9.3%	[5.22% - 13.47%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren	*	0.0%	[-0.21% - 0.21%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren	*	1.5%	[0.62% - 2.46%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	5.9%	[5.12% - 6.78%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	11.0%	[9.91% - 12.10%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor	W	93.4%	[91.33% - 95.41%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.2%	[1.80% - 4.64%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	9.1	[8.71 - 9.43]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	407.1	[371.52 - 442.73]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	39.2	[37.75 - 40.66]	50.3	[50.15 - 50.39]
# home health visits annually	*	2.9	[2.29 - 3.44]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.1	[0.89 - 1.28]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	208.0	[184.48 - 231.50]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	11.7%	[8.66% - 14.71%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	58.4	[47.18 - 69.69]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	2.1%	[1.57% - 2.57%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.7%	[2.13% - 3.32%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		48.6%	[32.76% - 64.52%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		10.0	[7.0 - 15.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,480	[\$2,644 - \$5,071]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	85.2%	[82.27% - 88.23%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	96.5%	[88.85% - 104.13%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		92.3%	[90.18% - 94.47%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		24.1%	[18.17% - 29.98%]	28.4%	[27.99% - 28.89%]
% 60+ own home		76.5%	[73.86% - 79.23%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		47.7%	[40.19% - 55.14%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.5%	[12.00% - 18.94%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		49.8%	[25.48% - 74.11%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		29.4%	[20.47% - 38.34%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.8%	[0.82% - 8.75%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.6%	[-1.05% - 2.23%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.0%	[-1.47% - 1.47%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	6.6%	[4.12% - 9.01%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	3.8%	[0.29% - 7.32%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		26.5%	[21.65% - 31.41%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year	*	2.6%	[0.38% - 4.78%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	5.4%	[1.54% - 9.20%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		23.7%	[14.60% - 32.82%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999	*	18.6%	[11.98% - 25.21%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	52.3%	[44.28% - 60.37%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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