

Newington (Hartford)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	51.4%	[47.91% - 54.80%]	55.7%	[55.33% - 56.11%]
% 75-84 years		29.4%	[25.34% - 33.53%]	29.1%	[28.75% - 29.45%]
% 85 years or older		19.2%	[15.37% - 23.06%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		60.1%	[55.19% - 64.94%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		70.3%	[58.66% - 81.92%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	92.1%	[90.04% - 94.18%]	88.4%	[87.85% - 88.93%]
% African American	*	1.8%	[0.47% - 3.09%]	6.8%	[6.63% - 6.88%]
% Asian		3.3%	[1.65% - 5.03%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		5.0%	[2.24% - 7.69%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	49.0%	[46.26% - 51.72%]	53.8%	[53.46% - 54.12%]
% divorced/separated		15.3%	[12.09% - 18.57%]	14.9%	[14.58% - 15.29%]
% widowed		28.6%	[24.42% - 32.75%]	24.2%	[23.77% - 24.57%]
% never married		7.1%	[5.32% - 8.88%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		17.3%	[13.50% - 21.09%]	14.7%	[14.30% - 15.04%]
% with high school or some college		53.0%	[50.08% - 55.85%]	53.3%	[52.80% - 53.74%]
% with college degree		29.7%	[25.90% - 33.59%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		15.0%	[11.82% - 18.09%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	73.2%	[72.59% - 73.83%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		15.8%	[13.07% - 18.46%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.4%	[1.80% - 2.95%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.2%	[3.68% - 4.64%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		59.9%	[54.02% - 65.88%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		73.3%	[68.25% - 78.34%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		28.0%	[22.18% - 33.73%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		53.0%	[46.37% - 59.63%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	W	25.9%	[20.82% - 31.05%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		15.4%	[11.53% - 19.36%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		30.9%	[24.98% - 36.74%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		9.1%	[5.38% - 12.81%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.8%	[3.17% - 4.34%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.9%	[85.55% - 92.32%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		53.2%	[47.58% - 58.79%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		58.7%	[52.99% - 64.44%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		28.3%	[22.15% - 34.41%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		78.6%	[71.34% - 85.84%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening	W	69.4%	[63.38% - 75.44%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		17.0%	[12.71% - 21.35%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		35.7%	[28.48% - 43.00%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		19.1%	[14.02% - 24.27%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		12.8%	[8.24% - 17.45%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		30.4%	[25.17% - 35.71%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		21.5%	[20.09% - 23.00%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	W	79.5%	[78.15% - 80.94%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.5%	[95.58% - 99.43%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		62.7%	[52.81% - 72.57%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		77.1%	[72.04% - 82.13%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		24.8%	[19.55% - 30.12%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		15.1%	[13.94% - 16.24%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia		50.0%	[48.37% - 51.71%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		15.1%	[13.96% - 16.32%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		17.1%	[15.89% - 18.30%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder	*	0.27%	[0.22% - 0.32%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		44.6%	[42.02% - 47.19%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)		11.7%	[10.35% - 13.08%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract	W	72.1%	[70.51% - 73.63%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	W	32.8%	[31.17% - 34.40%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	19.5%	[18.24% - 20.82%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		3.1%	[2.50% - 3.60%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	W	25.0%	[23.52% - 26.42%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes		35.3%	[33.67% - 37.01%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.1%	[1.49% - 2.72%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		2.9%	[2.28% - 3.45%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	23.2%	[21.72% - 24.65%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma		27.9%	[26.40% - 29.34%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		4.6%	[3.93% - 5.24%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS		0.25%	[0.20% - 0.30%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	W	80.3%	[78.93% - 81.71%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	23.4%	[22.01% - 24.78%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	W	43.6%	[41.88% - 45.33%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.8%	[2.20% - 3.33%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.0%	[8.03% - 10.03%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		2.1%	[1.65% - 2.59%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache	B	4.2%	[3.51% - 4.92%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		53.5%	[51.71% - 55.24%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		21.5%	[20.14% - 22.78%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	17.2%	[15.98% - 18.48%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.9%	[8.91% - 10.85%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)	W	15.7%	[13.85% - 17.55%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	B	10.4%	[9.41% - 11.34%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.78% - 1.48%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	W	66.6%	[64.97% - 68.21%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	W	5.3%	[4.47% - 6.08%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder	B	1.4%	[0.96% - 1.78%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	5.1%	[4.30% - 5.87%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		8.4%	[5.41% - 11.44%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		9.9%	[8.86% - 11.01%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		9.3%	[6.19% - 12.35%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		8.7%	[5.67% - 11.65%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.6%	[73.29% - 79.88%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		7.1%	[4.18% - 10.11%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	W	33.1%	[31.56% - 34.67%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		26.4%	[24.88% - 27.93%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		4.1%	[3.42% - 4.83%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.5%	[1.05% - 1.98%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.6%	[3.93% - 5.36%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		3.1%	[2.49% - 3.73%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		15.2%	[12.10% - 18.30%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.1%	[14.83% - 17.27%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		4.3%	[2.70% - 5.94%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	W	1.6%	[1.13% - 1.98%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		9.0%	[6.18% - 11.90%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		22.9%	[19.03% - 26.73%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.3%	[3.63% - 5.00%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		7.1%	[4.55% - 9.62%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	18.1%	[14.28% - 21.94%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		21.0%	[17.20% - 24.71%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.9%	[0.20% - 1.67%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.6%	[1.57% - 3.60%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid		22.6%	[21.62% - 23.65%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	34.0%	[32.81% - 35.11%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		94.5%	[91.81% - 97.23%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.8%	[2.69% - 6.91%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year		8.7	[8.38 - 8.93]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	541.8	[500.32 - 583.27]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	52.8	[51.70 - 53.98]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.4	[2.97 - 3.78]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		2.1	[1.89 - 2.31]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		256.3	[232.21 - 280.36]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		17.0%	[13.83% - 20.11%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	120.9	[107.18 - 134.67]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports		6.1%	[5.54% - 6.70%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.9%	[2.47% - 3.32%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		39.5%	[33.43% - 45.66%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		9.0	[7.0 - 12.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,081	[\$2,479 - \$3,781]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month	*	66.9%	[61.89% - 71.93%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		86.9%	[86.36% - 87.41%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.5%	[88.31% - 94.61%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone	*	31.9%	[29.33% - 34.54%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	82.5%	[79.74% - 85.24%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage	*	37.2%	[32.16% - 42.31%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		20.2%	[15.08% - 25.28%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		36.0%	[22.92% - 49.08%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		26.6%	[21.82% - 31.29%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		3.9%	[1.75% - 6.02%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year	*	0.0%	[-0.66% - 0.70%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		2.3%	[0.75% - 3.83%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	3.1%	[1.61% - 4.52%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year	*	8.2%	[5.90% - 10.43%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		24.3%	[21.31% - 27.29%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		7.5%	[5.25% - 9.78%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		14.9%	[11.36% - 18.53%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		33.6%	[28.65% - 38.62%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		32.9%	[28.17% - 37.69%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+	*	18.5%	[14.66% - 22.33%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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