Newtown (Fairfield)

TUFTS Health Plan FOUNDATION

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]	STATE ESTIMATE	MARGIN OF ERROR[2]
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	50.8%	[46.67% - 54.85%]	55.7%	[55.33% - 56.11%]
% 75-84 years		31.2%	[27.14% - 35.32%]	29.1%	[28.75% - 29.45%]
% 85 years or older		18.0%	[12.84% - 23.18%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		55.6%	[50.21% - 60.91%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		68.9%	[50.75% - 87.07%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.8%	[96.41% - 101.22%]	88.4%	[87.85% - 88.93%]
% African American	*	0.2%	[-0.92% - 1.36%]	6.8%	[6.63% - 6.88%]
% Asian		1.0%	[-0.52% - 2.44%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	0.8%	[-0.59% - 2.25%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married	*	64.6%	[61.35% - 67.77%]	53.8%	[53.46% - 54.12%]
% divorced/separated	*	8.1%	[5.28% - 10.94%]	14.9%	[14.58% - 15.29%]
% widowed		23.0%	[18.59% - 27.42%]	24.2%	[23.77% - 24.57%]
% never married	*	4.3%	[2.67% - 5.98%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	6.4%	[3.69% - 9.17%]	14.7%	[14.30% - 15.04%]
% with high school or some college		49.9%	[44.97% - 54.90%]	53.3%	[52.80% - 53.74%]
% with college degree	*	43.6%	[40.66% - 46.62%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	22.6%	[19.58% - 25.67%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	93.8%	[86.79% - 100.80%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		19.4%	[15.76% - 22.95%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		3.7%	[3.16% - 4.32%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		68.3%	[62.70% - 73.85%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month	B	81.0%	[77.07% - 84.92%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		30.1%	[24.66% - 35.48%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		62.4%	[56.52% - 68.19%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status	B	12.9%	[9.53% - 16.30%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		10.7%	[7.35% - 14.05%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
FALLS							
% 60+ who fell within last year		25.4%	[20.26%	- 30.59%]	26.3%	[25.38%	- 27.18%]
% 60+ who were injured in a fall within last year		8.5%	[5.34%	- 11.58%]	9.8%	[9.22%	- 10.46%]
% 65+ had hip fracture		4.0%	[3.31%	- 4.62%]	3.7%	[3.63%	- 3.75%]
PREVENTION							
% 60+ with physical exam/check-up in last year		84.9%	[81.17%	- 88.65%]	88.5%	[87.93%	- 89.09%]
% 60+ flu shot in last year		63.3%	[58.34%	- 68.35%]	57.5%	[56.60%	- 58.43%]
% 60+ with pneumonia vaccine		60.5%	[55.13%	- 65.88%]	63.9%	[62.97%	- 64.79%]
% 60+ with shingles vaccine		35.4%	[28.83%	- 41.87%]	33.5%	[32.43%	- 34.52%]
% 60+ women with a mammogram within last 2 years		78.3%	[70.99%	- 85.61%]	79.7%	[78.56%	- 80.79%]
% 60+ with colorectal cancer screening		79.6%	[74.40%	- 84.80%]	78.2%	[77.29%	- 79.05%]
% 60+ with HIV test		13.2%	[9.54%	- 16.88%]	16.1%	[15.40%	- 16.83%]
% 60+ met CDC preventive health screening goals		36.7%	[29.78%	- 43.57%]	39.6%	[38.38%	- 40.80%]
NUTRITION & DIET							
% 60+ with 5 or more servings of fruit or vegetables per day		23.8%	[18.80%	- 28.86%]	19.9%	[19.00%	- 20.72%]
% 60+ stressed about buying food in last month		8.1%	[4.89%	- 11.34%]	8.6%	[7.95%	- 9.17%]
% 60+ self-reported obese		22.0%	[17.55%	- 26.41%]	26.1%	[25.27%	- 26.93%]
% 65+ clinically diagnosed obesity	W	24.6%	[22.89%	- 26.33%]	22.5%	[22.35%	- 22.66%]
% 65+ with high cholesterol		78.1%	[76.54%	- 79.72%]	77.0%	[76.85%	- 77.15%]
% 60+ with cholesterol screening		97.9%	[96.45%	- 99.33%]	97.1%	[96.74%	- 97.42%]
ORAL HEALTH							
% 60+ with dental insurance		58.3%	[48.55%	- 67.99%]	59.2%	[57.60%	- 60.76%]
% 60+ with annual dental exam		83.6%	[79.18%	- 87.93%]	80.0%	[79.13%	- 80.76%]
% 60+ with loss of 6 or more teeth		21.3%	[16.28%	- 26.29%]	23.8%	[22.96%	- 24.69%]
CHRONIC DISEASE							
% 65+ with Alzheimer's disease or related dementias	B	13.0%	[11.75%	- 14.17%]	14.4%	[14.26%	- 14.49%]
% 65+ with anemia		49.5%	[47.63%	- 51.33%]	50.6%	[50.41%	- 50.76%]
% 65+ with asthma	W	16.8%	[15.45%	- 18.12%]	14.1%	[13.96%	- 14.19%]
% 65+ with atrial fibrillation	B	14.6%	[13.40%	- 15.89%]	16.1%	[15.94%	- 16.18%]
% 65+ with autism spectrum disorder		0.07%	[0.03%	0.11%]	0.12%	[0.11%	- 0.14%]
% 65+ with benign prostatic hyperplasia (men)		45.4%	[42.65%	- 48.25%]	42.8%	[42.49%	- 43.01%]
% 65+ with breast cancer (women)		11.2%	[9.70%	- 12.72%]	11.4%	[11.25%	- 11.53%]
% 65+ with cataract		64.0%	[62.17%	- 65.83%]	64.8%	[64.67%	- 65.00%]
% 65+ with chronic kidney disease		28.5%	[26.79%	- 30.24%]	29.9%	[29.70%	- 30.03%]
% 65+ with chronic obstructive pulmonary disease		19.6%	[18.15%	- 20.97%]	21.0%	[20.90%	- 21.17%]
% 65+ with colon cancer		2.2%	[1.72%	- 2.72%]	2.7%	[2.65%	- 2.75%]
% 65+ with congestive heart failure	B	16.7%	[15.32%	- 18.00%]	22.6%	[22.43%	- 22.72%]
% 65+ with diabetes	B	31.7%	[29.89%	- 33.53%]	33.8%	[33.59%	- 33.93%]
% 65+ with endometrial cancer (women)		2.0%	[1.37%	- 2.72%]	2.0%	[1.97%	- 2.10%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
% 65+ with epilepsy		2.7%	[2.07%	- 3.40%]	2.9%	[2.82% -	2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	W	31.3%	[29.51%	- 33.12%]	26.6%	[26.42% -	26.73%]
% 65+ with glaucoma		26.6%	[24.98%	- 28.14%]	28.3%	[28.11% -	28.41%]
% 65+ ever had a heart attack	B	3.6%	[2.95%	- 4.22%]	4.5%	[4.40% -	4.53%]
% 65+ with HIV/AIDS	*	0.14%	[0.08%	- 0.19%]	0.21%	[0.19% -	0.23%]
% 65+ with hypertension		74.4%	[72.73%	- 76.09%]	76.2%	[76.07% -	76.37%]
% 65+ with hypothyroidism		25.8%	[24.18%	- 27.33%]	25.1%	[24.99% -	25.28%]
% 65+ with ischemic heart disease		39.1%	[37.21%	- 40.99%]	40.7%	[40.55% -	40.90%]
% 65+ with leukemias and lymphomas		2.3%	[1.77%	- 2.91%]	2.7%	[2.60% -	2.71%]
% 65+ with liver disease		10.4%	[9.24%	- 11.64%]	9.5%	[9.37% -	9.59%]
% 65+ with lung cancer		1.6%	[1.10%	- 2.03%]	1.9%	[1.81% -	1.90%]
% 65+ with migraine and other chronic headache		6.0%	[5.04%	- 6.90%]	5.2%	[5.13% -	5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		55.8%	[53.81%	- 57.82%]	54.2%	[53.97% -	54.34%]
% 65+ with osteoporosis		20.7%	[19.27%	- 22.12%]	20.2%	[20.11% -	20.37%]
% 65+ with peripheral vascular disease	W	23.5%	[21.90%	- 25.06%]	19.9%	[19.72% -	19.99%]
% 65+ with pressure ulcer or chronic ulcer		9.7%	[8.63%	- 10.78%]	9.2%	[9.11% -	9.31%]
% 65+ with prostate cancer (men)	W	15.2%	[13.32%	- 17.18%]	13.1%	[12.93% -	13.28%]
% 65+ with stroke		11.3%	[10.17%	- 12.37%]	11.9%	[11.80% -	12.01%]
% 65+ with traumatic brain injury		1.5%	[1.01%	- 1.98%]	1.3%	[1.25% -	1.33%]
% 65+ with 4+ (out of 15) chronic conditions		59.8%	[57.95%	- 61.65%]	61.8%	[61.61% -	61.95%]
% 65+ with 0 chronic conditions		6.9%	[5.84%	- 7.87%]	7.2%	[7.10% -	7.29%]
BEHAVIORAL HEALTH							
% 65+ with opioid use disorder		2.8%	[2.12%	- 3.42%]	2.2%	[2.10% -	2.21%]
% 65+ with substance use disorder	B	5.6%	[4.68%	- 6.48%]	6.8%	[6.66% -	6.85%]
% 60+ who used marijuana in last month		*N/A*			2.9%	[2.30% -	3.53%]
% 60+ excessive drinking		8.9%	[5.88%	- 11.85%]	9.2%	[8.64% -	9.71%]
% 65+ with tobacco use disorder	B	8.1%	[6.98%	- 9.17%]	10.1%	[9.94% -	10.17%]
% 60+ current smokers	B	4.3%	[2.35%	- 6.29%]	7.7%	[7.20% -	8.17%]
% 60+ ever used E-Cigarettes in last month		5.5%	[3.11%	- 7.93%]	6.4%	[5.89% -	6.80%]
MENTAL HEALTH							
% 60+ who reported receiving adequate emotional support		78.2%	[75.03%	- 81.46%]	78.3%	[76.70% -	79.88%]
% 60+ with 15+ days poor mental health in last month		8.3%	[5.20%	- 11.30%]	6.9%	[6.41% -	7.37%]
% 65+ with depression		29.7%	[28.05%	- 31.38%]	30.3%	[30.10% -	30.41%]
% 65+ with anxiety disorder		25.2%	[23.52%	- 26.89%]	25.5%	[25.35% -	25.66%]
% 65+ with bipolar disorder		3.2%	[2.49%	- 3.85%]	3.9%	[3.78% -	3.92%]
% 65+ with post-traumatic stress disorder		0.8%	[0.46%	- 1.21%]	1.3%	[1.20% -	1.29%]
% 65+ with schizophrenia & other psychotic disorder	B	2.9%	[2.29%	- 3.53%]	4.6%	[4.53% -	4.68%]
% 65+ with personality disorder		2.3%	[1.76%	- 2.91%]	2.6%	[2.49% -	2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
LIVING WITH DISABILITY							
% 65+ with self-reported hearing difficulty		13.0%	[8.85% -	17.13%]	12.4%	[12.08% -	12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.8%	[15.37% -	18.17%]	15.7%	[15.60% -	15.85%]
% 65+ with self-reported vision difficulty		3.8%	[2.23% -	5.34%]	4.8%	[4.55% -	5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment	W	1.7%	[1.21% -	2.11%]	1.1%	[1.05% -	1.12%]
% 65+ with self-reported cognition difficulty		9.1%	[5.13% -	13.14%]	7.6%	[7.34% -	7.87%]
% 65+ with self-reported ambulatory difficulty		16.3%	[12.12% -	20.47%]	19.1%	[18.71% -	19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.8%	[3.98% -	5.64%]	4.0%	[3.95% -	4.09%]
% 65+ with self-reported self-care difficulty		9.2%	[5.39% -	13.07%]	7.5%	[7.25% -	7.77%]
% 65+ with self-reported independent living difficulty		16.6%	[11.65% -	21.54%]	13.6%	[13.23% -	13.93%]
CAREGIVING							
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% -	22.05%]	21.7%	[19.87% -	23.57%]
% of grandparents raising grandchildren		0.9%	[0.21% -	1.50%]	0.8%	[0.73% -	0.86%]
% of grandparents who live with grandchildren		2.6%	[1.52% -	3.74%]	2.7%	[2.62% -	2.83%]
ACCESS TO CARE							
% 65+ dually eligible for Medicare and Medicaid	*	11.9%	[10.98% -	12.88%]	22.1%	[21.96% -	22.17%]
% 65+ Medicare managed care enrollees	*	20.4%	[19.19% -	21.55%]	29.9%	[29.76% -	29.99%]
% 60+ with a regular doctor		95.7%	[93.46% -	97.86%]	96.0%	[95.68% -	96.39%]
% 60+ who did not see a doctor when needed due to cost		6.4%	[3.65% -	9.10%]	4.5%	[4.14% -	4.92%]
SERVICE UTILIZATION							
# physician visits per year	*	10.1	[9.74 -	10.43]	8.6	[8.60 -	8.66]
# emergency room visits/1000 persons 65+ years annually	*	445.0	[406.70 -	483.29]	636.7	[631.77 -	641.56]
# Part D monthly prescription fills per person annually	*	47.2	[45.86 -	48.45]	50.3	[50.15 -	50.39]
# home health visits annually		4.1	[3.27 -	4.96]	4.1	[4.02 -	4.14]
# durable medical equipment claims annually	*	1.6	[1.43 -	1.84]	1.9	[1.88 -	1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	223.4	[200.70 -	246.05]	273.3	[270.72 -	275.80]
% Medicare inpatient hospital readmissions (as % of admissions)	*	13.7%	[10.72% -	16.73%]	17.2%	[16.89% -	17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		94.2	[80.48 -	107.83]	104.7	[103.23 -	106.08]
% 65+ getting Medicaid long term services and supports	*	3.1%	[2.56% -	3.56%]	5.5%	[5.48% -	5.60%]
% 65+ hospice users		2.6%	[2.12% -	3.09%]	2.8%	[2.70% -	2.79%]
% 65+ hospice users as % of decedents		47.9%	[35.85% -	59.92%]	45.5%	[44.85% -	46.14%]
Median hospice days per hospice user (65+, deceased)		11.0	[9.0 -	16.0]	10.0	[10.00 -	10.00]
Median hospice payment (Medicare + other) per hospice user		$3,410	[$2,362 -	$4,439]	$3,741	[$3,650 -	$3,816]
COMMUNITY							
% 60+ who used Internet in last month	*	85.5%	[82.15% -	88.81%]	75.1%	[74.32% -	75.89%]
TRANSPORTATION							
% 65+ who own a motor vehicle	*	92.1%	[90.43% -	93.79%]	87.3%	[87.15% -	87.49%]
% 60+ who always drive or ride wearing a seatbelt		94.7%	[92.56% -	96.94%]	93.0%	[92.53% -	93.49%]
% 60+ who drove under the influence of drinking in last month		*N/A*			2.2%	[1.76% -	2.56%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE[1]	COMMUNITY ESTIMATE	MARGIN OF ERROR[2]		STATE ESTIMATE	MARGIN OF ERROR[2]	
HOUSING							
% 65+ population who live alone		25.8%	[20.56% -	31.01%]	28.4%	[27.99% -	28.89%]
% 60+ own home	*	83.6%	[80.71% -	86.59%]	76.9%	[76.70% -	77.17%]
% 60+ homeowners who have mortgage		44.7%	[39.10% -	50.28%]	47.1%	[46.58% -	47.64%]
% 60+ stressed about paying rent/mortgage in last month		17.3%	[12.60% -	22.02%]	17.4%	[16.52% -	18.19%]
% 65+ households (renter) spend >35% of income on housing		60.9%	[34.30% -	87.41%]	44.0%	[42.55% -	45.42%]
% 65+ households (owner) spend >35% of income on housing		29.3%	[21.98% -	36.62%]	29.5%	[28.89% -	30.15%]
% 65+ moved within same county in last year		2.3%	[-0.11% -	4.77%]	3.7%	[3.48% -	3.89%]
% 65+ moved from different county in last year		0.4%	[-0.66% -	1.56%]	0.8%	[0.71% -	0.90%]
% 65+ moved from different state in last year		1.2%	[0.26% -	2.15%]	0.9%	[0.82% -	1.05%]
% of vacant homes in community	*	6.4%	[4.18% -	8.64%]	9.6%	[9.29% -	9.87%]
ECONOMIC							
% 60+ receiving food benefits in last year	*	2.8%	[1.06% -	4.48%]	10.9%	[10.53% -	11.21%]
% 65+ employed in last year		21.7%	[18.12% -	25.34%]	24.8%	[24.48% -	25.15%]
% 65+ with income below the poverty line in last year		4.5%	[1.97% -	7.08%]	7.0%	[6.79% -	7.30%]
% 65+ households with annual income < $20,000	*	10.3%	[5.49% -	15.16%]	17.1%	[16.57% -	17.55%]
% 65+ households with annual income $20,000-$49,999		34.3%	[26.85% -	41.80%]	31.0%	[30.35% -	31.62%]
% 65+ households with annual income $50,000-$99,999		22.6%	[17.52% -	27.64%]	27.6%	[27.04% -	28.17%]
% 65+ households with annual income $100,000+	*	32.8%	[26.44% -	39.08%]	24.4%	[23.82% -	24.89%]

*Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).*
2 All community and state margins of error are 95% confidence intervals.

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