

Norfolk (Litchfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		53.4%	[46.88% - 59.91%]	55.7%	[55.33% - 56.11%]
% 75-84 years	*	39.4%	[30.14% - 48.59%]	29.1%	[28.75% - 29.45%]
% 85 years or older	*	7.2%	[3.68% - 10.80%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		53.4%	[44.84% - 61.95%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female	*	28.1%	[6.50% - 49.75%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White	*	98.0%	[95.18% - 100.75%]	88.4%	[87.85% - 88.93%]
% African American		0.0%	[-7.92% - 7.92%]	6.8%	[6.63% - 6.88%]
% Asian		1.1%	[-5.62% - 7.88%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino		2.0%	[-5.28% - 9.35%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		58.8%	[49.64% - 68.00%]	53.8%	[53.46% - 54.12%]
% divorced/separated		21.3%	[10.06% - 32.48%]	14.9%	[14.58% - 15.29%]
% widowed	*	14.0%	[5.43% - 22.63%]	24.2%	[23.77% - 24.57%]
% never married		5.9%	[1.38% - 10.38%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education		10.6%	[4.77% - 16.50%]	14.7%	[14.30% - 15.04%]
% with high school or some college		44.1%	[33.75% - 54.49%]	53.3%	[52.80% - 53.74%]
% with college degree	*	45.2%	[37.48% - 53.01%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree	*	26.0%	[18.92% - 33.12%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home	*	96.6%	[92.60% - 100.61%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		15.4%	[8.20% - 22.57%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		1.8%	[0.88% - 2.66%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.3%	[2.88% - 5.74%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.4%	[62.20% - 72.67%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		70.0%	[64.99% - 74.96%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		29.7%	[24.14% - 35.22%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		59.0%	[53.15% - 64.85%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		15.5%	[11.77% - 19.30%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		13.7%	[10.18% - 17.15%]	12.4%	[11.74% - 12.96%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
FALLS					
% 60+ who fell within last year		27.6%	[22.46% - 32.75%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		9.3%	[5.96% - 12.56%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		3.1%	[1.91% - 4.29%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		88.9%	[85.70% - 92.18%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		57.8%	[52.54% - 63.02%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		60.1%	[54.81% - 65.38%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		32.1%	[26.48% - 37.78%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		77.4%	[71.23% - 83.49%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		77.2%	[72.46% - 81.89%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		15.8%	[11.94% - 19.74%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		36.1%	[29.49% - 42.74%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		19.5%	[14.66% - 24.29%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month	B	4.4%	[2.22% - 6.49%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		24.5%	[19.97% - 29.01%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity		20.9%	[17.53% - 24.22%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol	B	68.6%	[65.03% - 72.13%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		96.2%	[94.10% - 98.35%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		49.0%	[40.00% - 58.06%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		78.7%	[74.13% - 83.33%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		27.9%	[22.79% - 33.10%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	8.5%	[6.49% - 10.49%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	39.1%	[35.50% - 42.72%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma	B	11.0%	[8.77% - 13.30%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation		13.9%	[11.47% - 16.36%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.11%	[0.05% - 0.17%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		40.1%	[34.84% - 45.46%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	B	8.3%	[5.61% - 11.06%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		61.5%	[57.73% - 65.20%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease	B	25.3%	[21.83% - 28.74%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease	B	16.4%	[13.77% - 19.02%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.5%	[1.83% - 3.14%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	16.4%	[13.58% - 19.13%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	24.0%	[20.59% - 27.47%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		2.5%	[1.58% - 3.40%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy		3.0%	[2.14% - 3.79%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue	B	22.6%	[19.23% - 25.99%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	23.9%	[20.83% - 26.97%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack		3.3%	[2.09% - 4.60%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.13%	[0.07% - 0.19%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	65.0%	[61.37% - 68.69%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	20.4%	[17.52% - 23.38%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease	B	33.5%	[29.77% - 37.17%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.6%	[1.81% - 3.30%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease	B	7.0%	[4.99% - 9.06%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.6%	[1.02% - 2.09%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.1%	[3.35% - 6.81%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis	B	48.2%	[44.19% - 52.26%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis	B	12.3%	[10.02% - 14.62%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	B	14.2%	[11.64% - 16.85%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer	B	5.3%	[3.58% - 7.00%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.4%	[9.01% - 15.75%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke	B	7.6%	[5.77% - 9.47%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.1%	[0.63% - 1.60%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions	B	51.7%	[47.94% - 55.45%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions	B	12.1%	[9.46% - 14.68%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		2.5%	[1.67% - 3.24%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder		7.5%	[5.29% - 9.67%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		9.3%	[6.23% - 12.38%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		9.5%	[7.07% - 11.96%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers		8.6%	[5.76% - 11.49%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		6.7%	[4.04% - 9.41%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		76.4%	[69.91% - 82.80%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		5.0%	[2.91% - 7.05%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	24.2%	[21.02% - 27.39%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder	B	21.2%	[17.88% - 24.46%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		3.3%	[2.41% - 4.17%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		1.9%	[1.20% - 2.60%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.0%	[3.10% - 4.90%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		2.6%	[1.80% - 3.35%]	2.6%	[2.49% - 2.61%]

HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		12.9%	[7.75% - 18.04%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment		13.2%	[10.78% - 15.66%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty		6.3%	[0.19% - 12.48%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[0.58% - 1.40%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty		10.2%	[3.96% - 16.40%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty		17.2%	[9.16% - 25.23%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		2.9%	[1.63% - 4.17%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty		8.6%	[2.02% - 15.17%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty		9.0%	[2.72% - 15.38%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		19.3%	[12.69% - 25.86%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		1.3%	[0.07% - 2.56%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		2.5%	[-0.04% - 4.94%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	13.2%	[11.13% - 15.18%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	21.5%	[19.09% - 24.01%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		95.3%	[93.27% - 97.34%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		3.2%	[1.64% - 4.85%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	7.5	[6.98 - 7.98]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually		558.4	[468.93 - 647.93]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually	*	42.7	[40.20 - 45.28]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.0	[2.01 - 3.91]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually		1.7	[1.29 - 2.09]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually	*	195.7	[153.99 - 237.38]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		12.6%	[7.05% - 18.13%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	77.2	[53.00 - 101.37]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports	*	1.8%	[0.98% - 2.56%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users	*	1.5%	[0.70% - 2.22%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		46.7%	[24.84% - 68.63%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		8.0	[4.1 - 15.7]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$2,885	[\$1,551 - \$5,502]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		72.7%	[68.15% - 77.33%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle		94.9%	[86.26% - 103.52%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		90.8%	[87.92% - 93.78%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		28.1%	[21.70% - 34.53%]	28.4%	[27.99% - 28.89%]
% 60+ own home		78.9%	[73.14% - 84.58%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		45.0%	[34.24% - 55.79%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		15.2%	[10.67% - 19.73%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		52.9%	[28.19% - 77.69%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		22.8%	[14.28% - 31.35%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		0.7%	[-4.09% - 5.45%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.0%	[-5.60% - 5.60%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		2.0%	[0.03% - 4.05%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	29.1%	[22.73% - 35.51%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		8.0%	[2.15% - 13.85%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		31.9%	[23.26% - 40.54%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		6.3%	[0.19% - 12.48%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000		17.9%	[6.97% - 28.80%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		25.9%	[15.36% - 36.47%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		27.7%	[19.09% - 36.38%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		28.5%	[20.67% - 36.27%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu