

Bethel (Fairfield)



HEALTHY AGING INDICATORS	HIGHER / LOWER STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		61.9%	[55.53% - 68.25%]	55.7%	[55.33% - 56.11%]
% 75-84 years		24.3%	[19.58% - 29.07%]	29.1%	[28.75% - 29.45%]
% 85 years or older		13.8%	[8.91% - 18.67%]	15.2%	[14.93% - 15.43%]
% 65+ population who are female		56.3%	[49.64% - 62.88%]	56.8%	[56.36% - 57.18%]
% 85+ population who are female		55.0%	[35.43% - 74.52%]	66.6%	[65.94% - 67.18%]
Race and ethnicity of the population 65+					
% White		92.6%	[87.29% - 97.82%]	88.4%	[87.85% - 88.93%]
% African American	*	3.2%	[-0.12% - 6.43%]	6.8%	[6.63% - 6.88%]
% Asian		3.8%	[1.29% - 6.32%]	2.3%	[2.20% - 2.35%]
% Hispanic/Latino	*	1.1%	[-1.52% - 3.65%]	5.8%	[5.66% - 5.84%]
Marital status of the population 65+					
% married		55.7%	[51.04% - 60.31%]	53.8%	[53.46% - 54.12%]
% divorced/separated		11.6%	[6.95% - 16.17%]	14.9%	[14.58% - 15.29%]
% widowed		26.8%	[21.15% - 32.36%]	24.2%	[23.77% - 24.57%]
% never married		6.0%	[2.20% - 9.81%]	7.1%	[6.85% - 7.36%]
Education of the population 65+					
% with less than high school education	*	9.6%	[6.02% - 13.12%]	14.7%	[14.30% - 15.04%]
% with high school or some college	*	59.7%	[54.14% - 65.31%]	53.3%	[52.80% - 53.74%]
% with college degree		30.7%	[24.82% - 36.58%]	32.1%	[31.72% - 32.40%]
% with graduate or professional degree		14.1%	[9.73% - 18.40%]	16.8%	[16.58% - 17.09%]
% of 65+ population who speak only English at home		84.4%	[84.14% - 84.64%]	84.3%	[83.76% - 84.83%]
% of 65+ population who are veterans of military service		18.1%	[13.54% - 22.62%]	17.5%	[17.21% - 17.69%]
% of 60+ who are LGBT (County)		2.1%	[1.50% - 2.60%]	2.5%	[2.17% - 2.74%]
Age-sex adjusted 1-year mortality rate		4.4%	[3.59% - 5.14%]	4.1%	[4.08% - 4.18%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.4%	[61.90% - 72.84%]	65.2%	[64.24% - 66.16%]
% 60+ doing any physical activity within last month		77.9%	[73.61% - 82.24%]	75.0%	[74.20% - 75.79%]
% 60+ met CDC guidelines for muscle-strengthening activity		25.8%	[20.19% - 31.32%]	27.6%	[26.62% - 28.52%]
% 60+ met CDC guidelines for aerobic physical activity		54.4%	[47.93% - 60.79%]	58.1%	[56.98% - 59.11%]
% 60+ with fair or poor health status		14.4%	[10.71% - 18.13%]	17.6%	[16.90% - 18.31%]
% 60+ with 15+ physically unhealthy days in last month		11.8%	[8.55% - 15.14%]	12.4%	[11.74% - 12.96%]

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FALLS					
% 60+ who fell within last year		24.0%	[18.90% - 29.16%]	26.3%	[25.38% - 27.18%]
% 60+ who were injured in a fall within last year		8.5%	[5.11% - 11.83%]	9.8%	[9.22% - 10.46%]
% 65+ had hip fracture		4.0%	[3.22% - 4.80%]	3.7%	[3.63% - 3.75%]
PREVENTION					
% 60+ with physical exam/check-up in last year		85.3%	[81.78% - 88.83%]	88.5%	[87.93% - 89.09%]
% 60+ flu shot in last year		61.5%	[56.61% - 66.43%]	57.5%	[56.60% - 58.43%]
% 60+ with pneumonia vaccine		62.1%	[57.09% - 67.12%]	63.9%	[62.97% - 64.79%]
% 60+ with shingles vaccine		34.4%	[27.89% - 40.86%]	33.5%	[32.43% - 34.52%]
% 60+ women with a mammogram within last 2 years		83.1%	[77.06% - 89.19%]	79.7%	[78.56% - 80.79%]
% 60+ with colorectal cancer screening		82.6%	[78.05% - 87.13%]	78.2%	[77.29% - 79.05%]
% 60+ with HIV test		12.9%	[9.62% - 16.27%]	16.1%	[15.40% - 16.83%]
% 60+ met CDC preventive health screening goals		42.8%	[35.96% - 49.67%]	39.6%	[38.38% - 40.80%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.7%	[13.93% - 23.45%]	19.9%	[19.00% - 20.72%]
% 60+ stressed about buying food in last month		7.8%	[4.61% - 10.95%]	8.6%	[7.95% - 9.17%]
% 60+ self-reported obese		22.7%	[18.51% - 26.90%]	26.1%	[25.27% - 26.93%]
% 65+ clinically diagnosed obesity	W	26.2%	[24.05% - 28.27%]	22.5%	[22.35% - 22.66%]
% 65+ with high cholesterol		78.0%	[76.09% - 79.94%]	77.0%	[76.85% - 77.15%]
% 60+ with cholesterol screening		97.5%	[95.65% - 99.30%]	97.1%	[96.74% - 97.42%]
ORAL HEALTH					
% 60+ with dental insurance		56.2%	[47.30% - 65.05%]	59.2%	[57.60% - 60.76%]
% 60+ with annual dental exam		81.2%	[76.67% - 85.71%]	80.0%	[79.13% - 80.76%]
% 60+ with loss of 6 or more teeth		19.0%	[14.35% - 23.59%]	23.8%	[22.96% - 24.69%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	12.2%	[10.75% - 13.59%]	14.4%	[14.26% - 14.49%]
% 65+ with anemia	B	43.2%	[41.00% - 45.35%]	50.6%	[50.41% - 50.76%]
% 65+ with asthma		14.4%	[12.88% - 15.91%]	14.1%	[13.96% - 14.19%]
% 65+ with atrial fibrillation	B	13.7%	[12.27% - 15.15%]	16.1%	[15.94% - 16.18%]
% 65+ with autism spectrum disorder		0.07%	[0.03% - 0.11%]	0.12%	[0.11% - 0.14%]
% 65+ with benign prostatic hyperplasia (men)		44.4%	[41.11% - 47.76%]	42.8%	[42.49% - 43.01%]
% 65+ with breast cancer (women)	B	8.9%	[7.24% - 10.49%]	11.4%	[11.25% - 11.53%]
% 65+ with cataract		62.7%	[60.50% - 64.91%]	64.8%	[64.67% - 65.00%]
% 65+ with chronic kidney disease		31.5%	[29.35% - 33.66%]	29.9%	[29.70% - 30.03%]
% 65+ with chronic obstructive pulmonary disease		20.5%	[18.76% - 22.21%]	21.0%	[20.90% - 21.17%]
% 65+ with colon cancer		2.5%	[1.84% - 3.13%]	2.7%	[2.65% - 2.75%]
% 65+ with congestive heart failure	B	16.3%	[14.70% - 17.96%]	22.6%	[22.43% - 22.72%]
% 65+ with diabetes	B	30.0%	[27.81% - 32.11%]	33.8%	[33.59% - 33.93%]
% 65+ with endometrial cancer (women)		1.7%	[0.95% - 2.43%]	2.0%	[1.97% - 2.10%]

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% 65+ with epilepsy	W	4.2%	[3.27% - 5.23%]	2.9%	[2.82% - 2.95%]
% 65+ with fibromyalgia, chronic pain, and fatigue		28.5%	[26.37% - 30.61%]	26.6%	[26.42% - 26.73%]
% 65+ with glaucoma	B	22.6%	[20.84% - 24.42%]	28.3%	[28.11% - 28.41%]
% 65+ ever had a heart attack	B	2.5%	[1.87% - 3.12%]	4.5%	[4.40% - 4.53%]
% 65+ with HIV/AIDS	*	0.14%	[0.08% - 0.19%]	0.21%	[0.19% - 0.23%]
% 65+ with hypertension	B	73.5%	[71.41% - 75.50%]	76.2%	[76.07% - 76.37%]
% 65+ with hypothyroidism	B	22.1%	[20.29% - 23.88%]	25.1%	[24.99% - 25.28%]
% 65+ with ischemic heart disease		39.7%	[37.40% - 42.00%]	40.7%	[40.55% - 40.90%]
% 65+ with leukemias and lymphomas		2.8%	[2.07% - 3.63%]	2.7%	[2.60% - 2.71%]
% 65+ with liver disease		9.7%	[8.31% - 11.09%]	9.5%	[9.37% - 9.59%]
% 65+ with lung cancer		1.3%	[0.86% - 1.81%]	1.9%	[1.81% - 1.90%]
% 65+ with migraine and other chronic headache		5.1%	[4.01% - 6.09%]	5.2%	[5.13% - 5.29%]
% 65+ with osteoarthritis or rheumatoid arthritis		52.6%	[50.15% - 54.99%]	54.2%	[53.97% - 54.34%]
% 65+ with osteoporosis		22.0%	[20.27% - 23.79%]	20.2%	[20.11% - 20.37%]
% 65+ with peripheral vascular disease	W	23.6%	[21.66% - 25.56%]	19.9%	[19.72% - 19.99%]
% 65+ with pressure ulcer or chronic ulcer		10.7%	[9.30% - 12.02%]	9.2%	[9.11% - 9.31%]
% 65+ with prostate cancer (men)		12.5%	[10.36% - 14.61%]	13.1%	[12.93% - 13.28%]
% 65+ with stroke		12.6%	[11.26% - 14.01%]	11.9%	[11.80% - 12.01%]
% 65+ with traumatic brain injury		1.4%	[0.81% - 1.90%]	1.3%	[1.25% - 1.33%]
% 65+ with 4+ (out of 15) chronic conditions		59.6%	[57.35% - 61.80%]	61.8%	[61.61% - 61.95%]
% 65+ with 0 chronic conditions		7.3%	[6.01% - 8.54%]	7.2%	[7.10% - 7.29%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.8%	[1.17% - 2.50%]	2.2%	[2.10% - 2.21%]
% 65+ with substance use disorder	B	4.7%	[3.66% - 5.65%]	6.8%	[6.66% - 6.85%]
% 60+ who used marijuana in last month		N/A		2.9%	[2.30% - 3.53%]
% 60+ excessive drinking		11.5%	[8.34% - 14.57%]	9.2%	[8.64% - 9.71%]
% 65+ with tobacco use disorder		9.4%	[7.98% - 10.82%]	10.1%	[9.94% - 10.17%]
% 60+ current smokers	B	4.7%	[2.79% - 6.69%]	7.7%	[7.20% - 8.17%]
% 60+ ever used E-Cigarettes in last month		5.5%	[3.28% - 7.65%]	6.4%	[5.89% - 6.80%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		78.2%	[75.03% - 81.46%]	78.3%	[76.70% - 79.88%]
% 60+ with 15+ days poor mental health in last month		4.9%	[2.86% - 6.91%]	6.9%	[6.41% - 7.37%]
% 65+ with depression	B	27.7%	[25.72% - 29.62%]	30.3%	[30.10% - 30.41%]
% 65+ with anxiety disorder		24.1%	[22.10% - 26.10%]	25.5%	[25.35% - 25.66%]
% 65+ with bipolar disorder		4.6%	[3.61% - 5.54%]	3.9%	[3.78% - 3.92%]
% 65+ with post-traumatic stress disorder		0.8%	[0.35% - 1.25%]	1.3%	[1.20% - 1.29%]
% 65+ with schizophrenia & other psychotic disorder		4.3%	[3.28% - 5.25%]	4.6%	[4.53% - 4.68%]
% 65+ with personality disorder		3.0%	[2.14% - 3.83%]	2.6%	[2.49% - 2.61%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty	*	4.9%	[1.41% - 8.33%]	12.4%	[12.08% - 12.71%]
% 65+ with clinical diagnosis of deafness or hearing impairment	B	12.7%	[11.18% - 14.20%]	15.7%	[15.60% - 15.85%]
% 65+ with self-reported vision difficulty	*	0.9%	[-0.74% - 2.63%]	4.8%	[4.55% - 5.04%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.50% - 1.30%]	1.1%	[1.05% - 1.12%]
% 65+ with self-reported cognition difficulty	*	4.1%	[1.30% - 6.84%]	7.6%	[7.34% - 7.87%]
% 65+ with self-reported ambulatory difficulty	*	11.7%	[7.49% - 15.84%]	19.1%	[18.71% - 19.52%]
% 65+ with clinical diagnosis of mobility impairment		4.8%	[3.87% - 5.80%]	4.0%	[3.95% - 4.09%]
% 65+ with self-reported self-care difficulty	*	4.7%	[2.18% - 7.13%]	7.5%	[7.25% - 7.77%]
% 65+ with self-reported independent living difficulty	*	8.4%	[4.70% - 12.16%]	13.6%	[13.23% - 13.93%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		18.5%	[15.05% - 22.05%]	21.7%	[19.87% - 23.57%]
% of grandparents raising grandchildren		0.7%	[-0.17% - 1.56%]	0.8%	[0.73% - 0.86%]
% of grandparents who live with grandchildren		1.9%	[0.51% - 3.21%]	2.7%	[2.62% - 2.83%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	18.5%	[17.14% - 19.81%]	22.1%	[21.96% - 22.17%]
% 65+ Medicare managed care enrollees	*	19.7%	[18.28% - 21.02%]	29.9%	[29.76% - 29.99%]
% 60+ with a regular doctor		93.2%	[90.31% - 96.01%]	96.0%	[95.68% - 96.39%]
% 60+ who did not see a doctor when needed due to cost		4.2%	[2.30% - 6.06%]	4.5%	[4.14% - 4.92%]
SERVICE UTILIZATION					
# physician visits per year	*	9.3	[8.93 - 9.68]	8.6	[8.60 - 8.66]
# emergency room visits/1000 persons 65+ years annually	*	560.0	[488.71 - 631.22]	636.7	[631.77 - 641.56]
# Part D monthly prescription fills per person annually		49.0	[47.38 - 50.68]	50.3	[50.15 - 50.39]
# home health visits annually	*	3.1	[2.48 - 3.74]	4.1	[4.02 - 4.14]
# durable medical equipment claims annually	*	1.6	[1.39 - 1.83]	1.9	[1.88 - 1.91]
# inpatient hospital stays/1000 persons 65+ years annually		241.6	[211.67 - 271.46]	273.3	[270.72 - 275.80]
% Medicare inpatient hospital readmissions (as % of admissions)		18.1%	[14.08% - 22.04%]	17.2%	[16.89% - 17.47%]
# skilled nursing facility stays/1000 persons 65+ years annually		92.0	[74.31 - 109.65]	104.7	[103.23 - 106.08]
% 65+ getting Medicaid long term services and supports		5.4%	[4.61% - 6.17%]	5.5%	[5.48% - 5.60%]
% 65+ hospice users		2.9%	[2.27% - 3.50%]	2.8%	[2.70% - 2.79%]
% 65+ hospice users as % of decedents		49.6%	[39.21% - 59.94%]	45.5%	[44.85% - 46.14%]
Median hospice days per hospice user (65+, deceased)		10.5	[8.0 - 14.0]	10.0	[10.00 - 10.00]
Median hospice payment (Medicare + other) per hospice user		\$3,318	[\$2,857 - \$4,528]	\$3,741	[\$3,650 - \$3,816]
COMMUNITY					
% 60+ who used Internet in last month		80.1%	[75.71% - 84.50%]	75.1%	[74.32% - 75.89%]
TRANSPORTATION					
% 65+ who own a motor vehicle	*	92.8%	[89.88% - 95.80%]	87.3%	[87.15% - 87.49%]
% 60+ who always drive or ride wearing a seatbelt		91.2%	[88.27% - 94.22%]	93.0%	[92.53% - 93.49%]
% 60+ who drove under the influence of drinking in last month		N/A		2.2%	[1.76% - 2.56%]

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HOUSING					
% 65+ population who live alone		24.7%	[19.55% - 29.81%]	28.4%	[27.99% - 28.89%]
% 60+ own home	*	84.7%	[82.23% - 87.11%]	76.9%	[76.70% - 77.17%]
% 60+ homeowners who have mortgage		45.1%	[38.12% - 52.12%]	47.1%	[46.58% - 47.64%]
% 60+ stressed about paying rent/mortgage in last month		17.6%	[12.96% - 22.19%]	17.4%	[16.52% - 18.19%]
% 65+ households (renter) spend >35% of income on housing		42.7%	[15.44% - 70.05%]	44.0%	[42.55% - 45.42%]
% 65+ households (owner) spend >35% of income on housing		23.8%	[17.66% - 29.93%]	29.5%	[28.89% - 30.15%]
% 65+ moved within same county in last year		4.0%	[1.06% - 6.89%]	3.7%	[3.48% - 3.89%]
% 65+ moved from different county in last year		0.7%	[-0.46% - 1.83%]	0.8%	[0.71% - 0.90%]
% 65+ moved from different state in last year		0.1%	[-1.03% - 1.31%]	0.9%	[0.82% - 1.05%]
% of vacant homes in community	*	5.6%	[2.65% - 8.64%]	9.6%	[9.29% - 9.87%]
ECONOMIC					
% 60+ receiving food benefits in last year		7.7%	[4.39% - 10.95%]	10.9%	[10.53% - 11.21%]
% 65+ employed in last year		22.8%	[18.36% - 27.27%]	24.8%	[24.48% - 25.15%]
% 65+ with income below the poverty line in last year		5.8%	[2.33% - 9.27%]	7.0%	[6.79% - 7.30%]
% 65+ households with annual income < \$20,000	*	10.4%	[4.31% - 16.56%]	17.1%	[16.57% - 17.55%]
% 65+ households with annual income \$20,000-\$49,999		29.2%	[21.70% - 36.62%]	31.0%	[30.35% - 31.62%]
% 65+ households with annual income \$50,000-\$99,999		33.9%	[25.21% - 42.53%]	27.6%	[27.04% - 28.17%]
% 65+ households with annual income \$100,000+		26.5%	[19.06% - 34.01%]	24.4%	[23.82% - 24.89%]

Notes. 1 We use B, W, or * to denote significant differences in rates where the margins of error do not overlap (B=rate is better than the comparison, W=rate is worse than comparison, *=rate is different than comparison).

2 All community and state margins of error are 95% confidence intervals.

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