The older population is increasing, while the Mississippi state population is declining

29.3% Increase in Mississippi population of adults 65+ between 2010 and 2021

15.9% Of Mississippi over 65+ In some counties older adults make up nearly 25% of the population

Social Determinants of Health

Race Matters

Accumulated inequities cause health disparities that age-friendly communities can help mitigate

Place Matters

Compared to urban counties, rural counties...

- 3X as many older Black adults (65+) in Mississippi compared to national average

Older Black adults (65+) in Mississippi are more likely to...

- report higher rates of Alzheimer’s disease and related dementias
- report lower average income than 65+ white households ($20k less)
- report less than a high school education
- have less access to care Fewer primary care physicians and hospitals (20 vs 120)

Aging Population Density

- 1 Dot = 100 People Age 65+
- State Total: 474,270

Together We Can Create Change

Understand

- Download your Community Profile at healthymys.com
- Educate yourself and others about the older people who live in your city or town.
- Compare your community to state averages.

Engage

- Start a conversation.
- Bring together older people and community organizations to discuss how to address opportunities and challenges.
- Connect with the MSDH Age-Friendly Public Health System to learn from others who care about aging.

Act

- Identify what’s working.
- Use the data to prioritize needs.
- Collaborate with diverse partners and funders.
- Join the age-friendly movement.

LEARN MORE

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