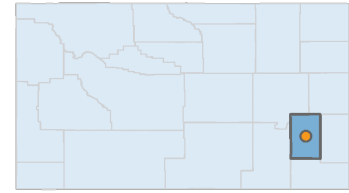


# Platte

Platte is a county in Wyoming with 2,087 residents age 65 or older. Compared to state average rates, older residents in Platte County are more likely to be married but less likely to have a college degree. They are less likely to have access to Broadband and have a significantly lower than state median house value. The most prevalent chronic conditions among people age 65+ in Platte County are hypertension (38%), arthritis (29%), and ischemic heart disease (24%). Community resources to support healthy aging include 80% with a regular doctor, a hospital, a nursing home, a senior center, and an adult day health center.



<b>POPULATION CHARACTERISTICS</b>	<b>County rate is significantly different than State rate</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
Total population all ages		8,572	581,348
Population 60 years or older as % of total population		32.9%	23.3%
Total population 60 years or older		2,819	135,237
Population 65 years or older as % of total population		24.3%	16.4%
Total population 65 years or older		2,087	95,566
% 65-74 years		57.0%	61.2%
% 75-84 years		34.6%	28.3%
% 85 years or older		8.4%	10.5%
% 65+ population who are female		51.3%	51.7%
% 85+ population who are female		53.7%	60.2%
Race and ethnicity of the population 65+			
% White		99.2%	95.6%
% African American		0.0%	0.3%
% Other race(s)		0.8%	4.1%
% Hispanic/Latino		0.6%	4.4%
# 55+ who are Native American / Alaskan		0	2,430
Marital status of the population 65+			
% married	*	72.2%	60.7%
% divorced/separated		11.0%	15.3%
% widowed		11.6%	20.8%
% never married		5.1%	3.3%
Education of the population 65+			
% with less than high school education		7.5%	7.6%
% with high school or some college		75.3%	64.1%
% with college degree	*	7.4%	16.4%
% with graduate or professional degree		9.8%	11.9%
% of 65+ population who speak only English at home		98.5%	95.3%
% of 65+ population who are veterans of military service		23.0%	22.4%
Life expectancy at birth		76.6	78.1

**HEALTHY AGING INDICATORS**BETTER / WORSE  
STATE RATECOUNTY  
ESTIMATESTATE  
ESTIMATE**COVID-19**

Total COVID-19 cases March 2020 - January 2023	2,237	183,173
COVID-19 mortality rate per 100,000 people	513.3	340.4
% 65+ had one dose of COVID-19 vaccine	95.0%	95.0%
% 65+ had two doses of COVID-19 vaccine	92.6%	93.5%
% 65+ had bivalent booster of COVID-19 vaccine	34.7%	46.9%

**WELLNESS**

% 60+ getting the recommended hours of sleep	64.9%	65.9%
% 60+ doing any physical activity within last month	69.4%	71.5%
% 60+ met CDC guidelines for muscle-strengthening activity	22.7%	27.2%
% 60+ met CDC guidelines for aerobic physical activity	50.5%	55.7%
% 60+ with fair or poor health status	27.2%	19.5%
% 60+ with 15+ physically unhealthy days in last month	13.3%	13.6%

**FALLS**

% 60+ who fell within last year	29.6%	30.8%
% 60+ who were injured in a fall within last year	10.1%	10.7%

**PREVENTION**

% 60+ with physical exam/check-up in last year	80.5%	80.5%
% 60+ had flu shot in last year	53.8%	53.8%
% 60+ had pneumonia vaccine	57.7%	59.5%
% 60+ had shingles vaccine	39.3%	37.9%
% 60+ women with a mammogram within last 2 years	65.0%	67.6%
% 60+ with colorectal cancer screening	43.8%	51.9%
% 60+ with HIV test	19.2%	16.7%
% 60+ met CDC preventive health screening goals	16.8%	22.9%

**CHRONIC DISEASE**

% 65+ with Alzheimer's disease or related dementias	N/A	8.2%
% 65+ with arthritis	29.0%	27.0%
% 65+ with asthma	2.0%	2.8%
% 65+ with atrial fibrillation	N/A	7.1%
% 65+ with cancer (breast, colorectal, lung, prostate)	N/A	7.1%
% 65+ with chronic kidney disease	14.3%	15.6%
% 65+ with chronic obstructive pulmonary disease (COPD)	11.6%	10.3%
% 65+ with diabetes	20.7%	19.7%
% 65+ with high cholesterol	20.3%	25.5%
% 65+ with heart failure	13.7%	11.2%
% 65+ with hypertension	37.5%	41.9%
% 65+ with ischemic heart disease	23.7%	21.1%
% 65+ with osteoporosis	N/A	5.1%
% 65+ with stroke	N/A	2.2%

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>NUTRITION &amp; DIET</b>			
% 60+ with 5 or more servings of fruits or vegetables per day		11.0%	15.6%
% 60+ self-reported obese		29.2%	28.4%
% 60+ with cholesterol screening		93.7%	93.0%
<b>ORAL HEALTH</b>			
% 60+ with annual dental exam		64.0%	69.4%
# of dentists per 100,000 persons (all ages)		23.0	52.8
% 60+ with loss of 6 or more teeth		32.3%	28.7%
<b>BEHAVIORAL HEALTH</b>			
# of drug overdose deaths (all ages)		17	1,225
% 60+ current smokers		11.7%	11.1%
% 60+ ever used E-Cigarettes in last Month		8.3%	8.3%
% 60+ who used marijuana in last month		2.5%	2.4%
% 60+ excessive drinking		6.3%	7.8%
% 65+ with alcohol abuse disorder		N/A	1.3%
% 65+ with drug abuse/substance abuse disorder		0.9%	1.1%
<b>MENTAL HEALTH</b>			
% 60+ with 15+ days poor mental health in last month		6.3%	6.9%
% 65+ with depression		10.9%	12.9%
% 65+ with schizophrenia & other psychotic disorder		N/A	0.7%
<b>LIVING WITH DISABILITY</b>			
% 65+ with self-reported hearing difficulty		21.1%	18.6%
% 65+ with self-reported vision difficulty		5.7%	6.1%
% 65+ with self-reported cognition difficulty		7.3%	6.5%
% 65+ with self-reported ambulatory difficulty		24.5%	19.2%
% 65+ with self-reported self-care difficulty		6.8%	4.8%
% 65+ with self-reported independent living difficulty		14.6%	9.4%
<b>CAREGIVING</b>			
% of grandparents raising grandchildren		0.8%	1.2%
% of grandparents who live with grandchildren		1.1%	2.5%
<b>ACCESS TO CARE</b>			
% 60+ with a regular doctor		79.9%	85.7%
% 60+ who did not see a doctor when needed due to cost		5.7%	6.4%
# of primary care providers in county		30	1,460
# of hospitals in county		1	29
# of home health agencies in county		0	31
# of nursing homes in county		1	35
# of community health centers in county		0	18
# of adult day health centers in county		1	10
# of hospice agencies in county		0	18

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>COMMUNITY</b>			
Particulate matter PM2.5		N/A	N/A
Ozone		N/A	N/A
Air pollution: annual # of unhealthy days for 65+		2	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		1	46
% 60+ who used Internet in last month		64.6%	73.0%
% households that have smartphone (all ages)		13.2%	7.2%
% households without computer (all ages)		13.4%	6.9%
% households with access to Broadband (all ages)	*	74.5%	85.9%
% households without access to Internet (all ages)	*	25.1%	13.8%
Voter participation rate in 2020 presidential election (age 18+)		71.5%	62.7%
<b>SAFETY &amp; CRIME</b>			
Homicide rate/100,000 persons		0.0	3.7
# firearm fatalities (all ages)		12	625
# 60+ deaths by suicide		0	221
<b>TRANSPORTATION</b>			
% 65+ who own a motor vehicle		97.0%	94.6%
% 60+ who always drive or ride wearing a seatbelt		77.6%	78.7%
# of fatal crashes involving adult age 60+		4	146
<b>HOUSING</b>			
% 65+ population who live alone		23.9%	28.1%
Average household size (all ages)	*	2.2	2.4
Median house value	*	\$188,600	\$228,000
% 60+ who own home		83.1%	83.4%
% 60+ homeowners who have mortgage		30.4%	35.8%
% 65+ households(renter) who spend>35% of income on housing		31.1%	30.2%
% 65+ households(owner) who spend>35% of income on housing		15.1%	16.0%
<b>ECONOMIC</b>			
% 60+ receiving food benefits in last year		4.1%	3.8%
% 65+ employed in last year		20.1%	20.6%
% 65+ with income below the poverty line in last year		12.5%	8.0%
65+ median household income		\$42,259	\$47,223
% 65+ households with annual income < \$20,000		22.1%	18.7%
% 65+ households with annual income \$20,000-\$49,999		33.6%	33.9%
% 65+ households with annual income \$50,000-\$99,999		26.9%	29.6%
% 65+ households with annual income \$100,000+		17.5%	17.8%

## HEALTHY AGING INDICATORS

ELDER INDEX: COST OF LIVING	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
Single, homeowner without mortgage, good health	0.99	\$21,672	\$21,936
Single, renter, good health	0.92	\$23,136	\$25,032
Couple, homeowner without mortgage, good health	0.99	\$34,332	\$34,680
Couple, renter, good health	0.95	\$35,796	\$37,776

### TECHNICAL NOTES

*\*See our technical report for more detailed information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between county and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an \*. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.*

### Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Vaccine data: Centers for Disease Control and Prevention (CDC; accessed 2/15/23) & Cases/Deaths: Wyoming Department of Health (WDH; accessed 2/3/23).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2011-2020).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2011-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2011-2020), CMS (2018), & CDC WONDER (2016-2020).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2011-2020), CMS (2022), AgingCare (2022), Health Resources & Services Administration (HRSA; 2022).*
- *Community: ACS (2016-2020), State of Wyoming (2022), & U.S. Environmental Protection Agency (EPA, 2020).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: ACS (2016-2020), BRFSS (2011-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

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