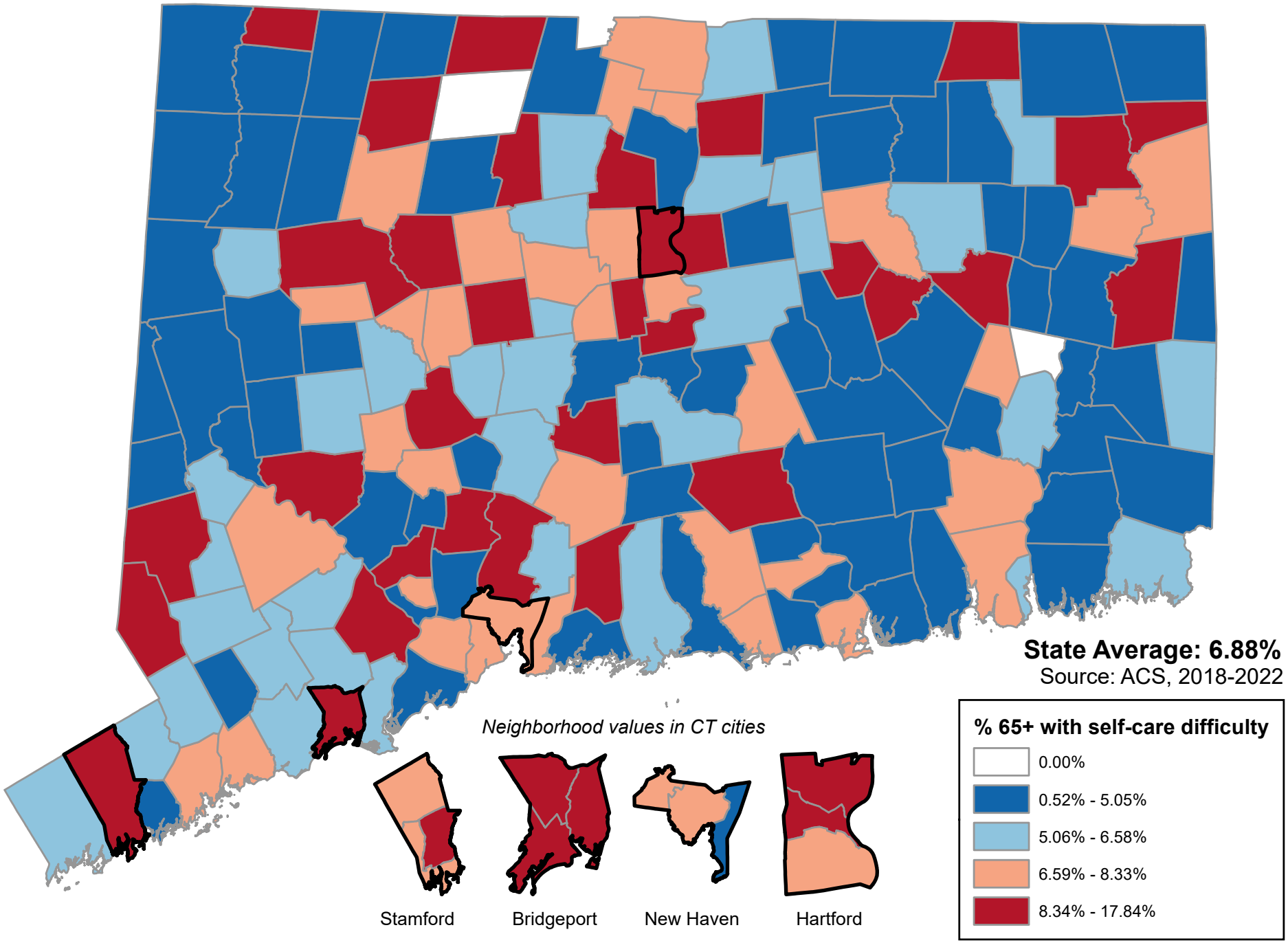
Map 127

Percentage of Population Age 65+ Years with Self-Reported Self-Care Difficulty



Map generated 12/2024 by The Healthy Aging Data Report Team at Gerontology Institute, University of Massachusetts Boston
To see more Healthy Aging Data Reports go to www.healthyagingdatareports.org | Research supported by the Point32Health Foundation

Percentage of Population Age 65+ Years with Self-Reported Self-Care Difficulty

Andover	15.18%	Durham	3.27%	Lyme	2.76%	Pomfret	8.47%	Warren	5.56%		
Ansonia	8.23%	East Granby	8.29%	Madison	3.12%	Portland	2.92%	Washington	1.39%		
Ashford	2.34%	East Haddam	1.35%	Manchester	4.83%	Preston	4.92%	Waterbury	9.79%		
Avon	6.24%	East Hampton	6.83%	Mansfield	5.78%	Prospect	3.55%	Waterford	7.92%		
Barkhamsted	0%	East Hartford	9.54%	Marlborough	3.44%	Putnam	9.40%	Watertown	5.84%		
Beacon Falls	3.90%	East Haven	7.13%	Meriden	8.68%	Redding	6.17%	West Hartford	7.21%		
Berlin	2.94%	East Lyme	4.39%	Middlebury	7.34%	Ridgefield	8.95%	West Haven	7.00%		
Bethany	13.38%	East Windsor	8.96%	Middlefield	4.97%	Rocky Hill	16.19%	Westbrook	1.98%		
Bethel	5.54%	Eastford	5.38%	Middletown	6.25%	Roxbury	0.52%	Weston	4.91%		
Bethlehem	2.26%	Easton	6.06%	Milford	4.66%	Salem	1.38%	Westport	8.11%		
Bloomfield	10.18%	Ellington	2.61%	Monroe	6.37%	Salisbury	4.02%	Wethersfield	7.77%		
Bolton	5.33%	Enfield	5.22%	Montville	8.33%	Scotland	4.02%	Willington	4.73%		
Bozrah	4.29%	Essex	3.10%	Morris	7.28%	Seymour	12.44%	Wilton	6.26%		
Branford	3.62%	Fairfield	5.62%	Naugatuck	7.60%	Sharon	4.98%	Winchester	9.54%		
Bridgeport	11.03%	Farmington	7.73%	New Britain	7.24%	Shelton	8.60%	Windham	9.70%		
Bridgewater	1.05%	Franklin	6.98%	New Canaan	6.48%	Sherman	5.00%	Windsor	3.85%		
Bristol	8.85%	Glastonbury	5.07%	New Fairfield	3.84%	Simsbury	6.20%	Windsor Locks	7.25%		
Brookfield	5.74%	Goshen	2.11%	New Hartford	1.72%	Somers	5.04%	Wolcott	5.40%		
Brooklyn	6.81%	Granby	1.75%	New Haven	7.00%	South Windsor	5.32%	Woodbridge	3.70%		
Burlington	7.16%	Greenwich	5.85%	New London	6.57%	Southbury	12.62%	Woodbury	6.43%		
Canaan	2.28%	Griswold	3.51%	New Milford	2.49%	Southington	6.52%	Woodstock	2.22%		
Canterbury	3.88%	Groton	3.68%	Newington	9.85%	Sprague	0%	***Neighborhoods***			
Canton	12.38%	Guilford	6.03%	Newtown	6.62%	Stafford	2.13%	Bridgeport Area1	10.17%		
Chaplin	1.13%	Haddam	10.81%	Norfolk	0.70%	Stamford	9.67%	Bridgeport Area2	10.20%		
Cheshire	5.47%	Hamden	8.48%	North Branford	9.10%	Sterling	4.71%	Bridgeport Area3	9.77%		
Chester	4.94%	Hampton	3.57%	North Canaan	13.87%	Stonington	5.06%	Hartford Area1	10.60%		
Clinton	6.82%	Hartford	8.42%	North Haven	5.31%	Stratford	5.79%	Hartford Area2	8.68%		
Colchester	4.79%	Hartland	8.76%	North Stonington	1.33%	Suffield	8.25%	Hartford Area3	7.28%		
Colebrook	2.79%	Harwinton	9.63%	Norwalk	6.74%	Thomaston	7.12%	New Haven Area1	6.92%		
Columbia	17.84%	Hebron	3.76%	Norwich	5.97%	Thompson	4.71%	New Haven Area2	7.17%		
Cornwall	2.92%	Kent	1.10%	Old Lyme	2.53%	Tolland	4.06%	New Haven Area3	4.47%		
Coventry	7.90%	Killingly	7.60%	Old Saybrook	6.64%	Torrington	7.70%	Stamford Area1	7.83%		
Cromwell	5.05%	Killingworth	7.61%	Orange	7.41%	Trumbull	6.11%	Stamford Area2	8.08%		
Danbury	9.07%	Lebanon	3.81%	Oxford	3.56%	Union	8.99%	Stamford Area3	9.77%		
Darien	3.30%	Ledyard	3.17%	Plainfield	10.84%	Vernon	6.58%				
Deep River	7.73%	Lisbon	1.80%	Plainville	5.07%	Voluntown	5.87%				
Derby	4.48%	Litchfield	11.25%	Plymouth	8.12%	Wallingford	7.56%				

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In partnership with CarePartners

Percentage of Population Age 65+ Years with Self-Reported Self-Care Difficulty (Ranked)

Columbia	17.84%	Plymouth	8.12%	Middletown	6.25%	Willington	4.73%	Ashford	2.34%		
Rocky Hill	16.19%	Westport	8.11%	Avon	6.24%	Sterling	4.71%	Canaan	2.28%		
Andover	15.18%	Waterford	7.92%	Simsbury	6.20%	Thompson	4.71%	Bethlehem	2.26%		
North Canaan	13.87%	Coventry	7.90%	Redding	6.17%	Milford	4.66%	Woodstock	2.22%		
Bethany	13.38%	Wethersfield	7.77%	Trumbull	6.11%	Derby	4.48%	Stafford	2.13%		
Southbury	12.62%	Farmington	7.73%	Easton	6.06%	East Lyme	4.39%	Goshen	2.11%		
Seymour	12.44%	Deep River	7.73%	Guilford	6.03%	Bozrah	4.29%	Westbrook	1.98%		
Canton	12.38%	Torrington	7.70%	Norwich	5.97%	Tolland	4.06%	Lisbon	1.80%		
Litchfield	11.25%	Killingworth	7.61%	Voluntown	5.87%	Scotland	4.02%	Granby	1.75%		
Bridgeport	11.03%	Naugatuck	7.60%	Greenwich	5.85%	Salisbury	4.02%	New Hartford	1.72%		
Plainfield	10.84%	Killingly	7.60%	Watertown	5.84%	Beacon Falls	3.90%	Washington	1.39%		
Haddam	10.81%	Wallingford	7.56%	Stratford	5.79%	Canterbury	3.88%	Salem	1.38%		
Bloomfield	10.18%	Orange	7.41%	Mansfield	5.78%	Windsor	3.85%	East Haddam	1.35%		
Newington	9.85%	Middlebury	7.34%	Brookfield	5.74%	New Fairfield	3.84%	North Stonington	1.33%		
Waterbury	9.79%	Morris	7.28%	Fairfield	5.62%	Lebanon	3.81%	Chaplin	1.13%		
Windham	9.70%	Windsor Locks	7.25%	Warren	5.56%	Hebron	3.76%	Kent	1.10%		
Stamford	9.67%	New Britain	7.24%	Bethel	5.54%	Woodbridge	3.70%	Bridgewater	1.05%		
Harwinton	9.63%	West Hartford	7.21%	Cheshire	5.47%	Groton	3.68%	Norfolk	0.70%		
East Hartford	9.54%	Burlington	7.16%	Wolcott	5.40%	Branford	3.62%	Roxbury	0.52%		
Winchester	9.54%	East Haven	7.13%	Eastford	5.38%	Hampton	3.57%	Barkhamsted	0%		
Putnam	9.40%	Thomaston	7.12%	Bolton	5.33%	Oxford	3.56%	Sprague	0%		
North Branford	9.10%	New Haven	7.00%	South Windsor	5.32%	Prospect	3.55%	***Neighborhoods***			
Danbury	9.07%	West Haven	7.00%	North Haven	5.31%	Griswold	3.51%	A1 Hartford	10.60%		
Union	8.99%	Franklin	6.98%	Enfield	5.22%	Marlborough	3.44%	A2 Bridgeport	10.20%		
East Windsor	8.96%	East Hampton	6.83%	Glastonbury	5.07%	Darien	3.30%	A1 Bridgeport	10.17%		
Ridgefield	8.95%	Clinton	6.82%	Plainville	5.07%	Durham	3.27%	A3 Stamford	9.77%		
Bristol	8.85%	Brooklyn	6.81%	Stonington	5.06%	Ledyard	3.17%	A3 Bridgeport	9.77%		
Hartland	8.76%	Norwalk	6.74%	Cromwell	5.05%	Madison	3.12%	A2 Hartford	8.68%		
Meriden	8.68%	Old Saybrook	6.64%	Somers	5.04%	Essex	3.10%	A2 Stamford	8.08%		
Shelton	8.60%	Newtown	6.62%	Sherman	5.00%	Berlin	2.94%	A1 Stamford	7.83%		
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Hartford	8.42%	Southington	6.52%	Chester	4.94%	Colebrook	2.79%	A1 New Haven	6.92%		
Montville	8.33%	New Canaan	6.48%	Preston	4.92%	Lyme	2.76%	A3 New Haven	4.47%		
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Suffield	8.25%	Monroe	6.37%	Manchester	4.83%	Old Lyme	2.53%				
Ansonia	8.23%	Wilton	6.26%	Colchester	4.79%	New Milford	2.49%				

Questions ? Beth.Dugan@umb.edu