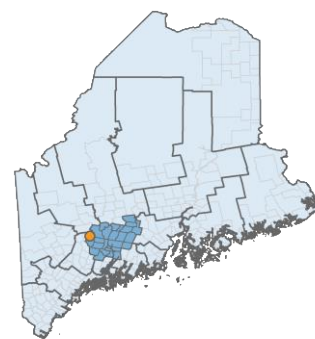


Fayette (Kennebec)

Fayette is a town in Kennebec County with 548 residents aged 65 and older. Compared to state average rates, older residents fare better on some healthy aging indicators with lower rates of hip fracture, high cholesterol, anemia, benign prostatic hyperplasia, cataract, chronic obstructive pulmonary disease (COPD), hypertension, and anxiety disorder. However, they have a higher rate of schizophrenia. Older residents in Kennebec County varied in obtaining preventive health screenings: residents 18 and older got annual physical exams (77.7%) and annual dental exams (67.3%), while 53.7% of men and 41% of women 65 and older completed all CDC recommended vaccinations and cancer screenings. A community resource to support healthy aging is their public library.



POPULATION CHARACTERISTICS

	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		1,302	1,366,949
Population 60 years or older as % of total population		51.5%	29.4%
Total population 60 years and older		670	402,170
Population 65 years or older as % of total population		42.1%	21.5%
Total population 65 years and older		548	293,488
% 65-74 years	*	83.0%	59.9%
% 75-84 years	*	16.4%	28.5%
% 85 years or older	*	0.5%	11.6%
% 65+ population who are female		58.2%	54.3%
% 85+ population who are female		100.0%	64.8%
Race and ethnicity of the population 65+			
% White		97.1%	96.6%
% African American		0.0%	0.3%
% Asian		0.0%	0.5%
% Other race(s)		2.9%	2.5%
% Hispanic		0.0%	0.7%
# 55+ who are Native American / Alaskan		0	1,794
Marital status of the population 65+			
% married	*	78.6%	57.0%
% divorced/separated		11.3%	16.9%
% widowed	*	7.3%	20.6%
% never married		2.7%	5.6%
Education of the population 65+			
% with less than high school education	*	0.4%	7.6%
% with high school or some college		53.8%	59.0%
% with college degree		14.2%	18.3%
% with graduate or professional degree	*	31.6%	15.1%
% 65+ population who speak only English at home		97.8%	92.7%
% 65+ population who are veterans of military service		23.9%	18.4%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone	*	16.4%	28.3%
Average household size (all ages)		2.2	2.3
Median house value (all ages)		\$244,800	\$244,800
% 60+ own home	*	89.5%	80.4%
% 60+ homeowners who have mortgage		33.3%	40.6%
% 65+ households (renter) spend >35% of income on housing		17.1%	35.2%
% 65+ households (owner) spend >35% of income on housing		22.7%	20.4%
% grandparents who live with grandchildren	*	0.0%	1.8%
# of assisted living sites		0	21
SOCIAL DETERMINANTS OF HEALTH			
COST OF LIVING			
Elder Index			
Single, homeowner without mortgage, good health (County)	0.97	\$23,808	\$24,528
Single, renter, good health (County)	0.90	\$25,788	\$28,704
Couple, homeowner without mortgage, good health (County)	0.97	\$36,312	\$37,380
Couple, renter, good health (County)	0.92	\$38,292	\$41,556
ECONOMIC			
% 60+ receiving food stamps in past year		5.9%	10.8%
% 65+ employed in past year		16.6%	18.8%
% 65+ with income below the poverty line in past year		5.8%	9.0%
Median annual income for households with a householder age 65+	*	\$44,572	\$49,828
% 65+ households with annual income < \$20,000	*	8.1%	17.1%
% 65+ households with annual income \$20,000-\$49,999		50.2%	33.1%
% 65+ households with annual income \$50,000-\$99,999		28.3%	29.4%
% 65+ households with annual income \$100,000+		13.4%	20.4%
WELLNESS			
% 18+ with less than 7 hours sleep (County)		28.7%	NA
% 18+ without leisure-time physical activity (County)		26.5%	NA
% 18+ with fair or poor self-reported health status (County)		15.0%	NA
% 18+ with 14+ physically unhealthy days (County)		11.5%	NA
COMMUNITY			
Annual # unhealthy days due to air pollution for 65+ (County)		1	NA
AARP Age-Friendly Communities		Not yet	Yes
# of public universities and community colleges		0	42
# of public libraries		1	261
# of senior centers		0	27
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		82.7%	82.5%
% households with only a smartphone to access the Internet (all ages)	*	1.7%	6.4%
% households without a computer (all ages)		4.3%	7.1%
% households with access to Broadband (all ages)		89.2%	87.3%
% households without access to the Internet (all ages)		9.3%	12.3%

SOCIAL DETERMINANTS OF HEALTH		Significantly different than state rate	Community estimate	State estimate
COMMUNITY				
Voter participation rate in 2020 election (age 18+)			81.4%	74.1%
Homicide rate/100,000 persons (County)			1.8	1.5
# firearm fatalities (all ages) (County)			66	770
# 65+ deaths by suicide (County)			24	290
Age-sex adjusted 1-year mortality rate			4.2%	4.2%
TRANSPORTATION				
% householders 65+ who own a motor vehicle		*	99.1%	91.0%
# fatal crashes involving adult age 60+ (County)			27	251
AllTransit Score			NA	0.51
HEALTH OUTCOMES				
FALLS				
% 65+ with hip fracture		B	1.6%	3.1%
PREVENTION				
% 18+ with physical exam/check-up in past year (County)			77.7%	NA
% mammography use among women age 50-74 Years (County)			73.3%	NA
% 50-75 with fecal occult blood test, sigmoidoscopy, or colonoscopy (County)			81.8%	NA
% 65+ men up to date on preventive services (County)			53.7%	NA
% 65+ women up to date on preventive services (County)			41.0%	NA
NUTRITION & DIET				
% 18+ with obesity (County)			34.3%	NA
% 65+ with high cholesterol		B	58.1%	69.5%
% 18+ with cholesterol screening (County)			62.6%	NA
ORAL HEALTH				
% 18+ with annual dental exam (County)			67.3%	NA
# dentists per 100,000 persons (all ages) (County)			65.1	47.2
% 65+ with complete tooth loss (County)			13.3%	NA
CHRONIC DISEASE				
% 65+ with Alzheimer's disease or related dementias			10.4%	11.0%
% 65+ with anemia		B	28.5%	38.1%
% 65+ with asthma			9.6%	11.8%
% 65+ with atrial fibrillation			15.0%	14.3%
% 65+ with benign prostatic hyperplasia (men)		B	26.8%	35.2%
% 65+ with breast cancer (women)			11.1%	9.6%
% 65+ with cataract		B	51.2%	60.4%
% 65+ with chronic kidney disease			26.0%	29.4%
% 65+ with chronic obstructive pulmonary disease		B	15.4%	20.9%
% 65+ with colon cancer			2.2%	2.1%
% 65+ with congestive heart failure			16.4%	18.1%
% 65+ with diabetes			22.0%	26.2%
% 65+ with endometrial cancer (women)			2.4%	2.2%
% 65+ with fibromyalgia, chronic pain, and fatigue			29.7%	34.8%
% 65+ with glaucoma			18.8%	23.3%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ ever had a heart attack		5.6%	6.1%
% 65+ with HIV/AIDS		0.26%	0.17%
% 65+ with hypertension	B	60.7%	67.1%
% 65+ with ischemic heart disease		33.6%	35.3%
% 65+ with liver disease		9.9%	10.2%
% 65+ with lung cancer		1.8%	1.8%
% 65+ with migraine and other chronic headache		7.3%	7.1%
% 65+ with osteoarthritis or rheumatoid arthritis		47.1%	51.5%
% 65+ with osteoporosis		12.9%	15.7%
% 65+ with peripheral vascular disease		12.8%	15.3%
% 65+ with pressure ulcer or chronic ulcer		6.0%	6.8%
% 65+ with prostate cancer (men)		7.9%	10.3%
% 65+ with stroke		11.6%	10.0%
% 65+ with 4+ (out of 15) chronic conditions	B	47.7%	55.5%
% 65+ with 0 chronic conditions	B	18.0%	12.4%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		229	2,080
% 65+ with substance use disorder		6.5%	8.7%
% 18+ excessive drinking (County)		13.3%	NA
% 65+ with tobacco use disorder		11.1%	13.6%
% 18+ current smokers (County)		17.2%	NA
MENTAL HEALTH			
% 18+ with 14+ days poor mental health (County)		15.5%	NA
% 65+ with depression		32.9%	34.8%
% 65+ with anxiety disorder	B	24.6%	30.7%
% 65+ with post-traumatic stress disorder		4.1%	3.9%
% 65+ with schizophrenia & other psychotic disorder	W	4.3%	3.2%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		24.1%	15.5%
% 65+ with self-reported vision difficulty		2.4%	4.6%
% 65+ with self-reported cognition difficulty	*	2.0%	7.5%
% 65+ with self-reported ambulatory difficulty		11.7%	17.8%
% 65+ with self-reported self-care difficulty		3.8%	5.2%
% 65+ with self-reported independent living difficulty	*	5.3%	10.5%
CAREGIVING			
# of Alzheimer's support groups		0	11
% grandparents raising grandchildren		0.00%	0.55%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
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Community estimate

State estimate

ACCESS TO CARE

% 65+ dually eligible for Medicare and Medicaid	*	14.2%	18.7%
% 65+ Medicare managed care enrollees	*	60.5%	50.3%
% 18-64 who lack health insurance (County)		7.8%	NA
# of primary care providers		0	2,199
# of hospitals		0	37
# of home health agencies		0	20
# of skilled nursing facilities		0	87
# of hospice agencies		0	14
# of community health centers		0	164
# of adult day health centers		0	33

SERVICE UTILIZATION					
1.	How many times did you visit your doctor or health care provider in the last 12 months?	0	1	2	3
2.	How many times did you visit a mental health professional in the last 12 months?	0	1	2	3
3.	How many times did you visit a substance abuse counselor in the last 12 months?	0	1	2	3
4.	How many times did you visit a community health worker in the last 12 months?	0	1	2	3
5.	How many times did you visit a social worker in the last 12 months?	0	1	2	3
6.	How many times did you visit a case manager in the last 12 months?	0	1	2	3
7.	How many times did you visit a nurse practitioner in the last 12 months?	0	1	2	3
8.	How many times did you visit a physician assistant in the last 12 months?	0	1	2	3
9.	How many times did you visit a pharmacist in the last 12 months?	0	1	2	3
10.	How many times did you visit a dietitian in the last 12 months?	0	1	2	3
11.	How many times did you visit a physical therapist in the last 12 months?	0	1	2	3
12.	How many times did you visit a speech therapist in the last 12 months?	0	1	2	3
13.	How many times did you visit a occupational therapist in the last 12 months?	0	1	2	3
14.	How many times did you visit a psychologist in the last 12 months?	0	1	2	3
15.	How many times did you visit a psychiatrist in the last 12 months?	0	1	2	3
16.	How many times did you visit a geriatrician in the last 12 months?	0	1	2	3
17.	How many times did you visit a pediatrician in the last 12 months?	0	1	2	3
18.	How many times did you visit a gynecologist in the last 12 months?	0	1	2	3
19.	How many times did you visit a urologist in the last 12 months?	0	1	2	3
20.	How many times did you visit a neurologist in the last 12 months?	0	1	2	3
21.	How many times did you visit an endocrinologist in the last 12 months?	0	1	2	3
22.	How many times did you visit an oncologist in the last 12 months?	0	1	2	3
23.	How many times did you visit a cardiologist in the last 12 months?	0	1	2	3
24.	How many times did you visit a pulmonologist in the last 12 months?	0	1	2	3
25.	How many times did you visit a nephrologist in the last 12 months?	0	1	2	3
26.	How many times did you visit a gastroenterologist in the last 12 months?	0	1	2	3
27.	How many times did you visit an allergist in the last 12 months?	0	1	2	3
28.	How many times did you visit an infectious disease specialist in the last 12 months?	0	1	2	3
29.	How many times did you visit a dermatologist in the last 12 months?	0	1	2	3
30.	How many times did you visit an ophthalmologist in the last 12 months?	0	1	2	3
31.	How many times did you visit an otolaryngologist in the last 12 months?	0	1	2	3
32.	How many times did you visit a plastic surgeon in the last 12 months?	0	1	2	3
33.	How many times did you visit an orthopedic surgeon in the last 12 months?	0	1	2	3
34.	How many times did you visit a neurosurgeon in the last 12 months?	0	1	2	3
35.	How many times did you visit a vascular surgeon in the last 12 months?	0	1	2	3
36.	How many times did you visit a transplant surgeon in the last 12 months?	0	1	2	3
37.	How many times did you visit a thoracic surgeon in the last 12 months?	0	1	2	3
38.	How many times did you visit a cardiac electrophysiologist in the last 12 months?	0	1	2	3
39.	How many times did you visit a heart failure specialist in the last 12 months?	0	1	2	3
40.	How many times did you visit a hypertension specialist in the last 12 months?	0	1	2	3
41.	How many times did you visit a diabetes specialist in the last 12 months?	0	1	2	3
42.	How many times did you visit a thyroid specialist in the last 12 months?	0	1	2	3
43.	How many times did you visit a prostate specialist in the last 12 months?	0	1	2	3
44.	How many times did you visit a breast specialist in the last 12 months?	0	1	2	3
45.	How many times did you visit a colorectal specialist in the last 12 months?	0	1	2	3
46.	How many times did you visit a liver specialist in the last 12 months?	0	1	2	3
47.	How many times did you visit a kidney specialist in the last 12 months?	0	1	2	3
48.	How many times did you visit a lung specialist in the last 12 months?	0	1	2	3
49.	How many times did you visit a skin specialist in the last 12 months?	0	1	2	3
50.	How many times did you visit an eye specialist in the last 12 months?	0	1	2	3
51.	How many times did you visit an ear, nose, and throat specialist in the last 12 months?	0	1	2	3
52.	How many times did you visit a cancer specialist in the last 12 months?	0	1	2	3
53.	How many times did you visit a heart specialist in the last 12 months?	0	1	2	3
54.	How many times did you visit a blood vessel specialist in the last 12 months?	0	1	2	3
55.	How many times did you visit a digestive system specialist in the last 12 months?	0	1	2	3
56.	How many times did you visit a urinary system specialist in the last 12 months?	0	1	2	3
57.	How many times did you visit a reproductive system specialist in the last 12 months?	0	1	2	3
58.	How many times did you visit an immune system specialist in the last 12 months?	0	1	2	3
59.	How many times did you visit a nervous system specialist in the last 12 months?	0	1	2	3
60.	How many times did you visit a muscular system specialist in the last 12 months?	0	1	2	3
61.	How many times did you visit a skeletal system specialist in the last 12 months?	0	1	2	3
62.	How many times did you visit a circulatory system specialist in the last 12 months?	0	1	2	3

# physician visits per year	*	3.6	4.7
# emergency room visits/1000 persons 65+ years annually		435.6	556.1
# Part D monthly prescription fills per person annually	*	41.7	49.8
# home health visits annually	*	1.1	1.7
# durable medical equipment claims annually	*	1.2	2.0
# inpatient hospital stays/1000 persons 65+ years annually		167.3	169.8
% Medicare inpatient hospital readmissions (as % of admissions)		15.6%	14.3%
# skilled nursing facility stays/1000 persons 65+ years annually		36.6	43.3
# skilled nursing home Medicare beds/1000 persons 65+ years		0.0	20.0
% 65+ getting Medicaid long term services and supports	*	1.3%	2.1%
% 65+ hospice users		2.4%	3.0%
% 65+ hospice users as % of decedents		48.4%	49.7%

NOTES

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Maine Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022.*
- *Housing: ACS, 2018-2022; Maine Home Care Association (MEHCA), 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: Centers for Disease Control and Prevention (CDC; Behavioral Risk Factor Surveillance Survey (BRFSS)), 2020-2021.*
- *Community: AARP, 2023; ACS, 2018-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; State of Maine, 2023; Maine State Library, 2023; Maine Secretary of State, 2023; OLLI, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021.*
- *Prevention: BRFSS, 2020-2021.*
- *Nutrition/Diet: BRFSS, 2020-2021; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2020-2021; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2020-2021; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2020-2021; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer's Association, 2023.*
- *Access to Care: BRFSS, 2020-2021; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; Maine.gov, 2023.*
- *Service Utilization: CMS, 2020-2021.*

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Suggested citation: Dugan E, Lee CM, Jansen T, Su YJ, Silverstein NM, & Song Q. (2025). The Maine 2025 Healthy Aging Data Report. Retrieved from www.healthyagingdatareports.org

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