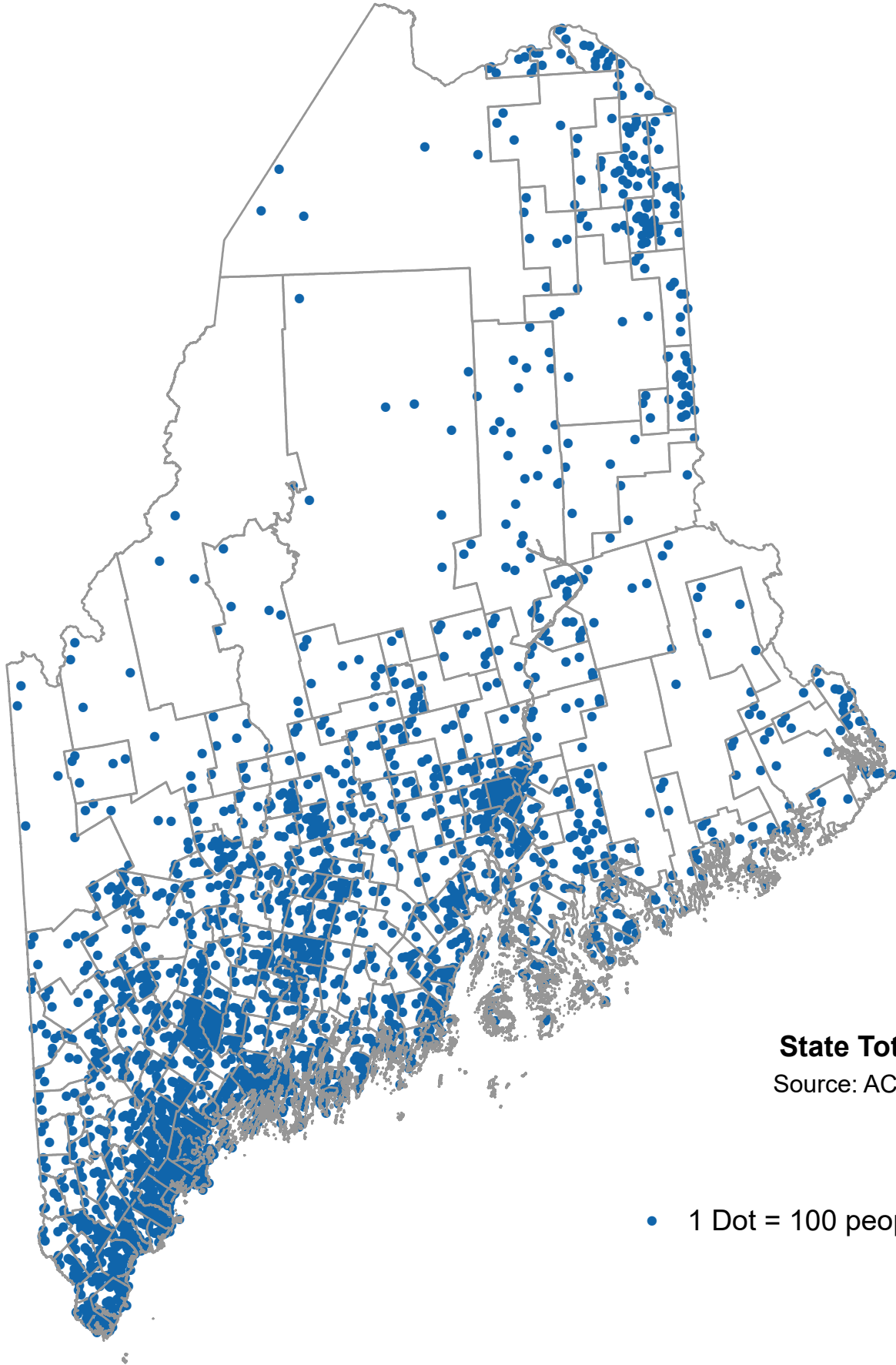


Density of Population Age 65+ Years



State Total: 293,488

Source: ACS, 2018-2022

• 1 Dot = 100 people Age 65+

Density of Population Age 65+ Years

Abbot	756	Bowdoin	561	Chelsea	665	East Central Penobscot	709	Great Pond	552	Kingman	643
Acton	661	Bowdoinham	496	Cherryfield	372	East Central Washington	367	Greenbush	709	Kingsbury	756
Addison	689	Bowerbank	350	Chester	1,783	East Hancock	552	Greene	812	Kittery	2,709
Albion	504	Bradford	531	Chesterville	955	East Machias	367	Greenville	934	Knox	495
Alexander	425	Bradley	324	China	574	East Millinocket	2,723	Greenwood	521	Lagrange	531
Alfred	664	Bremen	953	Clifton	675	Eastbrook	552	Guilford	756	Lake View	827
Allagash	567	Brewer	1,814	Clinton	783	Easton	364	Hallowell	776	Lakeville	643
Alna	514	Bridgewater	991	Codyville	478	Eastport	758	Hamlin	747	Lamoine	3,206
Alton	214	Bridgton	1,417	Columbia	689	Eddington	675	Hammond	517	Lebanon	726
Amherst	3,206	Brighton	1,153	Columbia Falls	689	Edgecomb	313	Hampden	1,434	Lee	643
Amity	371	Bristol	1,474	Connor	2,598	Edinburg	461	Hancock	705	Leeds	318
Andover	577	Brooklin	551	Cooper	407	Eliot	1,729	Hanover	577	Levant	767
Anson	501	Brooks	495	Coplin	850	Ellsworth	3,206	Harmony	1,153	Lewiston	6,971
Appleton	1,008	Brooksville	575	Corinna	859	Embden	355	Harpwell	2,206	Liberty	454
Argyle	214	Brownfield	584	Corinth	746	Enfield	722	Harrington	625	Limerick	574
Arrowsic	511	Brownville	827	Cornish	329	Etna	678	Harrison	692	Limestone	348
Arundel	701	Brunswick	4,828	Cornville	237	Eustis	850	Hartford	669	Limington	856
Ashland	594	Buckfield	499	Cranberry Isles	371	Exeter	859	Hartland	1,153	Lincoln Plan	577
Athens	1,153	Bucksport	1,366	Crawford	425	Fairfield	949	Haynesville	371	Lincoln Town	1,783
Auburn	4,486	Burlington	722	Criehaven	693	Falmouth	2,808	Hebron	499	Lincolnton	1,362
Augusta	4,228	Burnham	501	Crystal	641	Farmingdale	602	Hermon	1,167	Linneus	304
Aurora	552	Buxton	1,535	Cumberland	1,343	Farmington	2,536	Hersey	517	Lisbon	1,436
Avon	742	Byron	577	Cushing	367	Fayette	548	Hibberts gore	693	Litchfield	762
Baileysville	425	Calais	1,070	Cutler	489	Fort Fairfield	961	Highland	695	Littleton	1,803
Baldwin	284	Cambridge	624	Cyr	747	Fort Kent	835	Hiram	585	Livermore	352
Bancroft	371	Camden	1,795	Dallas	455	Frankfort	839	Hodgdon	1,803	Livermore Falls	537
Bangor	5,970	Canaan	1,153	Damariscotta	953	Franklin	454	Holden	516	Long Island	2,206
Bar Harbor	1,249	Canton	669	Danforth	396	Freedom	365	Hollis	685	Louds Island	1,474
Baring	425	Cape Elizabeth	2,319	Dayton	361	Freeport	2,153	Hope	358	Lovell	775
Bath	2,511	Caratunk	704	Deblois	372	Frenchboro	371	Houlton	1,803	Lowell	722
Beals	463	Caribou	2,598	Dedham	314	Frenchville	502	Howland	461	Lubec	560
Beaver Cove	934	Carmel	512	Deer Isle	985	Friendship	469	Hudson	531	Ludlow	517
Beddington	372	Carrabassett Valley	850	Denmark	584	Frye Island	1,060	Industry	579	Lyman	1,108
Belfast	2,921	Carroll	643	Dennistown	311	Fryeburg	863	Island Falls	641	Machias	775
Belgrade	871	Carthage	742	Dennysville	367	Gardiner	1,358	Isle au Haut	693	Machiasport	489
Belmont	367	Casco	925	Detroit	424	Garfield	594	Islesboro	1,362	Macwahoc	371
Benton	537	Castine	575	Dexter	810	Garland	746	Jackman	311	Madawaska	1,273
Berwick	1,451	Castle Hill	516	Dixfield	773	Georgetown	511	Jackson	495	Madison	1,312
Bethel	921	Caswell	348	Dixmont	678	Gilead	921	Jay	955	Magalloway	577
Biddeford	3,833	Central Aroostook	517	Dover-Foxcroft	1,171	Glenburn	527	Jefferson	693	Manchester	457
Bingham	704	Central Hancock	3,206	Dresden	1,149	Glenwood	371	Jonesboro	689	Mapleton	516
Blaine	991	Central Somerset	695	Drew	643	Gorham	2,694	Jonesport	463	Mariaville	3,206
Blanchard	756	Chapman	516	Durham	555	Gouldsboro	629	Kenduskeag	767	Mars Hill	991
Blue Hill	626	Charleston	746	Dyer Brook	517	Grand Isle	1,273	Kennebunk	3,721	Marshall Island	371
Boothbay	1,256	Charlotte	407	Eagle Lake	604	Grand Lake Stream	478	Kennebunkport	1,210	Marshfield	775
Boothbay Harbor	1,102	Chebeague Island	2,206	East Central Franklin	850	Gray	1,499	Kingfield	850	Masardis	594

Density of Population Age 65+ Years

Matinicus Isle	693	North Berwick	1,140	Peru	773	Shirley	756	Thorndike	495	Weston	371
Mattawamkeag	643	North Franklin	850	Phillips	742	Sidney	827	Topsfield	478	Westport Island	244
Maxfield	461	North Haven	693	Phippsburg	637	Skowhegan	2,343	Topsham	2,284	Whitefield	497
Mechanic Falls	432	North Oxford	577	Pittsfield	643	Smithfield	999	Tremont	551	Whiting	489
Meddybemps	407	North Penobscot	2,723	Pittston	435	Smyrna	517	Trenton	3,206	Whitney	643
Medford	827	North Washington	396	Pleasant Ridge	695	Solon	695	Troy	495	Whitneyville	775
Medway	2,723	North Yarmouth	609	Plymouth	678	Somerville	693	Turner	1,495	Willimantic	756
Mercer	999	Northeast Piscataquis	934	Poland	1,137	Sorrento	552	Twombly Ridge	643	Wilton	715
Merrill	517	Northeast Somerset	704	Portage Lake	594	South Aroostook	641	Union	1,008	Windham	2,936
Mexico	630	Northfield	775	Porter	585	South Berwick	1,093	Unity Town	501	Windsor	364
Milbridge	625	Northport	1,362	Portland	11,504	South Bristol	1,474	Unity UT	504	Winn	643
Milford	709	Northwest Aroostook	567	Pownal	338	South Franklin	742	Upton	577	Winslow	1,597
Millinocket	2,723	Northwest Hancock	552	Prentiss	643	South Oxford	921	Van Buren	747	Winter Harbor	371
Milo	827	Northwest Piscataquis	934	Presque Isle	1,936	South Portland	5,300	Vanceboro	396	Winterport	688
Milton	521	Northwest Somerset	311	Princeton	478	South Thomaston	450	Vassalboro	1,083	Winterville	604
Minot	564	Norway	1,225	Prospect	839	Southeast Piscataquis	350	Veazie	374	Winthrop	1,162
Monhegan	1,474	Oakfield	517	Randolph	463	Southport	1,102	Verona Island	1,366	Wiscasset	1,149
Monmouth	675	Oakland	1,550	Rangeley	455	Southwest Harbor	500	Vienna	494	Woodland	2,598
Monroe	495	Ogunquit	625	Rangeley Pla	455	Springfield	643	Vinalhaven	693	Woodstock	521
Monson	756	Old Orchard Beach	2,704	Raymond	1,060	Square Lake	604	Wade	375	Woodville	1,783
Monticello	991	Old Town	1,249	Readfield	480	St. Agatha	502	Waite	478	Woolwich	1,049
Montville	365	Orient	371	Reed	371	St. Albans	624	Waldo	2,921	Wyman	850
Moose River	311	Orland	508	Richmond	562	St. Francis	567	Waldoboro	1,384	Yarmouth	1,439
Moro	517	Orono	1,387	Ripley	624	St. George	1,188	Wales	1,172	York	3,688
Morrill	367	Orrington	884	Robbinston	1,070	St. John	567	Wallagrass	567		
Moscow	704	Osborn	552	Rockland	1,618	Stacyville	2,723	Waltham	3,206		
Mount Chase	2,723	Otis	3,206	Rockport	777	Standish	1,734	Warren	492		
Mount Desert	470	Otisfield	434	Rome	1,550	Starks	501	Washburn	2,598		
Mount Vernon	494	Owls Head	449	Roque Bluffs	775	Stetson	859	Washington	302		
Muscle Ridge Islands	449	Oxford	795	Roxbury	577	Steuben	372	Waterboro	1,029		
Naples	986	Palermo	454	Rumford	1,402	Stockholm	375	Waterford	775		
Nashville	594	Palmyra	424	Sabattus	1,172	Stockton Springs	839	Waterville	2,809		
New Canada	567	Paris	1,562	Saco	3,520	Stoneham	921	Wayne	298		
New Gloucester	810	Parkman	501	Sandy River	455	Stonington	985	Webster	643		
New Limerick	304	Parsonsfeld	279	Sanford	3,961	Stow	863	Weld	742		
New Portland	695	Passadumkeag	722	Sangerville	501	Strong	579	Wellington	501		
New Sharon	2,536	Passamaquoddy Indian R	478	Scarborough	5,207	Sullivan	552	Wells	3,330		
New Sweden	375	Passamaquoddy Ple Pt R	758	Searsmont	334	Sumner	669	Wesley	775		
New Vineyard	579	Patten	2,723	Searsport	676	Surry	581	West Bath	2,511		
Newburgh	281	Pembroke	407	Sebago	342	Swans Island	371	West Central Franklin	742		
Newcastle	514	Penobscot	370	Sebec	350	Swanville	2,921	West Forks	704		
Newfield	357	Penobscot Indian Island R	641	Seboeis	461	Sweden	775	West Gardiner	694		
Newport	786	Penobscot Indian Island R	461	Seboomook Lake	311	Talmadge	478	West Paris	498		
Newry	577	Perham	375	Sedgwick	323	Temple	742	Westbrook	3,617		
Nobleboro	455	Perkins	496	Shapleigh	538	The Forks	704	Westfield	991		
Norridgewock	999	Perry	758	Sherman	641	Thomaston	814	Westmanland	375		



Point32Health
Foundation

In partnership with

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Density of Population Age 65+ Years (Ranked)

Portland	11,504	West Bath	2,511	Madison	1,312	Stonington	985	Clinton	783	East Central Penobscot	709
Lewiston	6,971	Skowhegan	2,343	Grand Isle	1,273	Fort Fairfield	961	Rockport	777	Greenbush	709
Bangor	5,970	Cape Elizabeth	2,319	Madawaska	1,273	Chesterville	955	Hallowell	776	Milford	709
South Portland	5,300	Topsham	2,284	Boothbay	1,256	Jay	955	Lovell	775	Hancock	705
Scarborough	5,207	Chebeague Island	2,206	Bar Harbor	1,249	Bremen	953	Machias	775	Bingham	704
Brunswick	4,828	Harpswell	2,206	Old Town	1,249	Damariscotta	953	Marshfield	775	Caratunk	704
Auburn	4,486	Long Island	2,206	Norway	1,225	Fairfield	949	Northfield	775	Moscow	704
Augusta	4,228	Freeport	2,153	Kennebunkport	1,210	Beaver Cove	934	Roque Bluffs	775	Northeast Somerset	704
Sanford	3,961	Presque Isle	1,936	St. George	1,188	Greenville	934	Sweden	775	The Forks	704
Biddeford	3,833	Brewer	1,814	Sabattus	1,172	Northeast Piscataquis	934	Waterford	775	West Forks	704
Kennebunk	3,721	Hodgdon	1,803	Wales	1,172	Northwest Piscataquis	934	Wesley	775	Arundel	701
York	3,688	Houlton	1,803	Dover-Foxcroft	1,171	Casco	925	Whitneyville	775	Central Somerset	695
Westbrook	3,617	Littleton	1,803	Hermon	1,167	Bethel	921	Dixfield	773	Highland	695
Saco	3,520	Camden	1,795	Winthrop	1,162	Gilead	921	Peru	773	New Portland	695
Wells	3,330	Chester	1,783	Athens	1,153	South Oxford	921	Kenduskeag	767	Pleasant Ridge	695
Amherst	3,206	Lincoln Town	1,783	Brighton	1,153	Stoneham	921	Levant	767	Solon	695
Central Hancock	3,206	Woodville	1,783	Canaan	1,153	Orrington	884	Litchfield	762	West Gardiner	694
Ellsworth	3,206	Standish	1,734	Harmony	1,153	Belgrade	871	Eastport	758	Criehaven	693
Lamoine	3,206	Eliot	1,729	Hartland	1,153	Fryeburg	863	Passamaquoddy Ple Pt R	758	Hibberts gore	693
Mariaville	3,206	Rockland	1,618	Dresden	1,149	Stow	863	Perry	758	Isle au Haut	693
Otis	3,206	Winslow	1,597	Wiscasset	1,149	Corinna	859	Abbot	756	Jefferson	693
Trenton	3,206	Paris	1,562	North Berwick	1,140	Exeter	859	Blanchard	756	Matinicus Isle	693
Waltham	3,206	Oakland	1,550	Poland	1,137	Stetson	859	Guilford	756	North Haven	693
Windham	2,936	Rome	1,550	Lyman	1,108	Limington	856	Kingsbury	756	Somerville	693
Belfast	2,921	Buxton	1,535	Boothbay Harbor	1,102	Carrabassett Valley	850	Monson	756	Vinalhaven	693
Swanville	2,921	Gray	1,499	Southport	1,102	Coplin	850	Shirley	756	Harrison	692
Waldo	2,921	Turner	1,495	South Berwick	1,093	East Central Franklin	850	Willimantic	756	Addison	689
Waterville	2,809	Bristol	1,474	Vassalboro	1,083	Eustis	850	Cyr	747	Columbia	689
Falmouth	2,808	Louds Island	1,474	Calais	1,070	Kingfield	850	Hamlin	747	Columbia Falls	689
East Millinocket	2,723	Monhegan	1,474	Robbinston	1,070	North Franklin	850	Van Buren	747	Jonesboro	689
Medway	2,723	South Bristol	1,474	Frye Island	1,060	Wyman	850	Charleston	746	Winterport	688
Millinocket	2,723	Berwick	1,451	Raymond	1,060	Frankfort	839	Corinth	746	Hollis	685
Mount Chase	2,723	Yarmouth	1,439	Woolwich	1,049	Prospect	839	Garland	746	Dixmont	678
North Penobscot	2,723	Lisbon	1,436	Waterboro	1,029	Stockton Springs	839	Avon	742	Etna	678
Patten	2,723	Hampden	1,434	Appleton	1,008	Fort Kent	835	Carthage	742	Plymouth	678
Stacyville	2,723	Bridgton	1,417	Union	1,008	Brownville	827	Phillips	742	Searsport	676
Kittery	2,709	Rumford	1,402	Mercer	999	Lake View	827	South Franklin	742	Clifton	675
Old Orchard Beach	2,704	Orono	1,387	Norridgewock	999	Medford	827	Temple	742	Eddington	675
Gorham	2,694	Waldoboro	1,384	Smithfield	999	Milo	827	Weld	742	Monmouth	675
Caribou	2,598	Bucksport	1,366	Blaine	991	Sidney	827	West Central Franklin	742	Canton	669
Connor	2,598	Verona Island	1,366	Bridgewater	991	Thomaston	814	Lebanon	726	Hartford	669
Washburn	2,598	Islesboro	1,362	Mars Hill	991	Greene	812	Burlington	722	Sumner	669
Woodland	2,598	Lincolnton	1,362	Monticello	991	Dexter	810	Enfield	722	Chelsea	665
Farmington	2,536	Northport	1,362	Westfield	991	New Gloucester	810	Lowell	722	Alfred	664
New Sharon	2,536	Gardiner	1,358	Naples	986	Oxford	795	Passadumkeag	722	Acton	661
Bath	2,511	Cumberland	1,343	Deer Isle	985	Newport	786	Wilton	715	Carroll	643

Density of Population Age 65+ Years (Ranked)

Drew	643	Byron	577	Hammond	517	Whiting	489	Vanceboro	396	Pownal	338
Kingman	643	Hanover	577	Hersey	517	Readfield	480	New Sweden	375	Searsmont	334
Lakeville	643	Lincoln Plan	577	Ludlow	517	Codyville	478	Perham	375	Cornish	329
Lee	643	Magalloway	577	Merrill	517	Grand Lake Stream	478	Stockholm	375	Bradley	324
Mattawamkeag	643	Newry	577	Moro	517	Passamaquoddy Indian R	478	Wade	375	Sedgwick	323
Pittsfield	643	North Oxford	577	Oakfield	517	Princeton	478	Westmanland	375	Leeds	318
Prentiss	643	Roxbury	577	Smyrna	517	Talmadge	478	Veazie	374	Dedham	314
Springfield	643	Upton	577	Castle Hill	516	Topsfield	478	Beddington	372	Edgecomb	313
Twombly Ridge	643	Brooksville	575	Chapman	516	Waite	478	Cherryfield	372	Dennistown	311
Webster	643	Castine	575	Holden	516	Mount Desert	470	Deblois	372	Jackman	311
Whitney	643	China	574	Mapleton	516	Friendship	469	Steuben	372	Moose River	311
Winn	643	Limerick	574	Alna	514	Beals	463	Amity	371	Northwest Somerset	311
Crystal	641	Allagash	567	Newcastle	514	Jonesport	463	Bancroft	371	Seboomook Lake	311
Island Falls	641	New Canada	567	Carmel	512	Randolph	463	Cranberry Isles	371	Linneus	304
Penobscot Indian Island R	641	Northwest Aroostook	567	Arrowsic	511	Edinburg	461	Frenchboro	371	New Limerick	304
Sherman	641	St. Francis	567	Georgetown	511	Howland	461	Glenwood	371	Washington	302
South Aroostook	641	St. John	567	Orland	508	Maxfield	461	Haynesville	371	Wayne	298
Phippsburg	637	Wallagrass	567	Albion	504	Penobscot Indian Island R	461	Macwahoc	371	Baldwin	284
Mexico	630	Minot	564	Unity UT	504	Seboeis	461	Marshall Island	371	Newburgh	281
Gouldsboro	629	Richmond	562	Frenchville	502	Manchester	457	Orient	371	Parsonsfeld	279
Blue Hill	626	Bowdoin	561	St. Agatha	502	Dallas	455	Reed	371	Westport Island	244
Harrington	625	Lubec	560	Anson	501	Nobleboro	455	Swans Island	371	Cornville	237
Milbridge	625	Durham	555	Burnham	501	Rangeley	455	Weston	371	Alton	214
Ogunquit	625	Aurora	552	Parkman	501	Rangeley Pla	455	Winter Harbor	371	Argyle	214
Cambridge	624	East Hancock	552	Sangerville	501	Sandy River	455	Penobscot	370		
Ripley	624	Eastbrook	552	Starks	501	Franklin	454	Belmont	367		
St. Albans	624	Great Pond	552	Unity Town	501	Liberty	454	Cushing	367		
North Yarmouth	609	Northwest Hancock	552	Wellington	501	Palermo	454	Dennysville	367		
Eagle Lake	604	Osborn	552	Southwest Harbor	500	South Thomaston	450	East Central Washington	367		
Square Lake	604	Sorrento	552	Buckfield	499	Muscle Ridge Islands	449	East Machias	367		
Winterville	604	Sullivan	552	Hebron	499	Owis Head	449	Morrill	367		
Farmingdale	602	Brooklin	551	West Paris	498	Pittston	435	Freedom	365		
Ashland	594	Tremont	551	Whitefield	497	Otisfield	434	Montville	365		
Garfield	594	Fayette	548	Bowdoinham	496	Mechanic Falls	432	Easton	364		
Masardis	594	Shapleigh	538	Perkins	496	Alexander	425	Windsor	364		
Nashville	594	Benton	537	Brooks	495	Baileyville	425	Dayton	361		
Portage Lake	594	Livermore Falls	537	Jackson	495	Baring	425	Hope	358		
Hiram	585	Bradford	531	Knox	495	Crawford	425	Newfield	357		
Porter	585	Hudson	531	Monroe	495	Detroit	424	Embden	355		
Brownfield	584	Lagrange	531	Thorndike	495	Palmyra	424	Livermore	352		
Denmark	584	Glenburn	527	Troy	495	Charlotte	407	Bowerbank	350		
Surry	581	Greenwood	521	Mount Vernon	494	Cooper	407	Sebec	350		
Industry	579	Milton	521	Vienna	494	Meddybemps	407	Southeast Piscataquis	350		
New Vineyard	579	Woodstock	521	Warren	492	Pembroke	407	Caswell	348		
Strong	579	Central Aroostook	517	Cutler	489	Danforth	396	Limestone	348		
Andover	577	Dyer Brook	517	Machiasport	489	North Washington	396	Sebago	342		

Questions ?
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