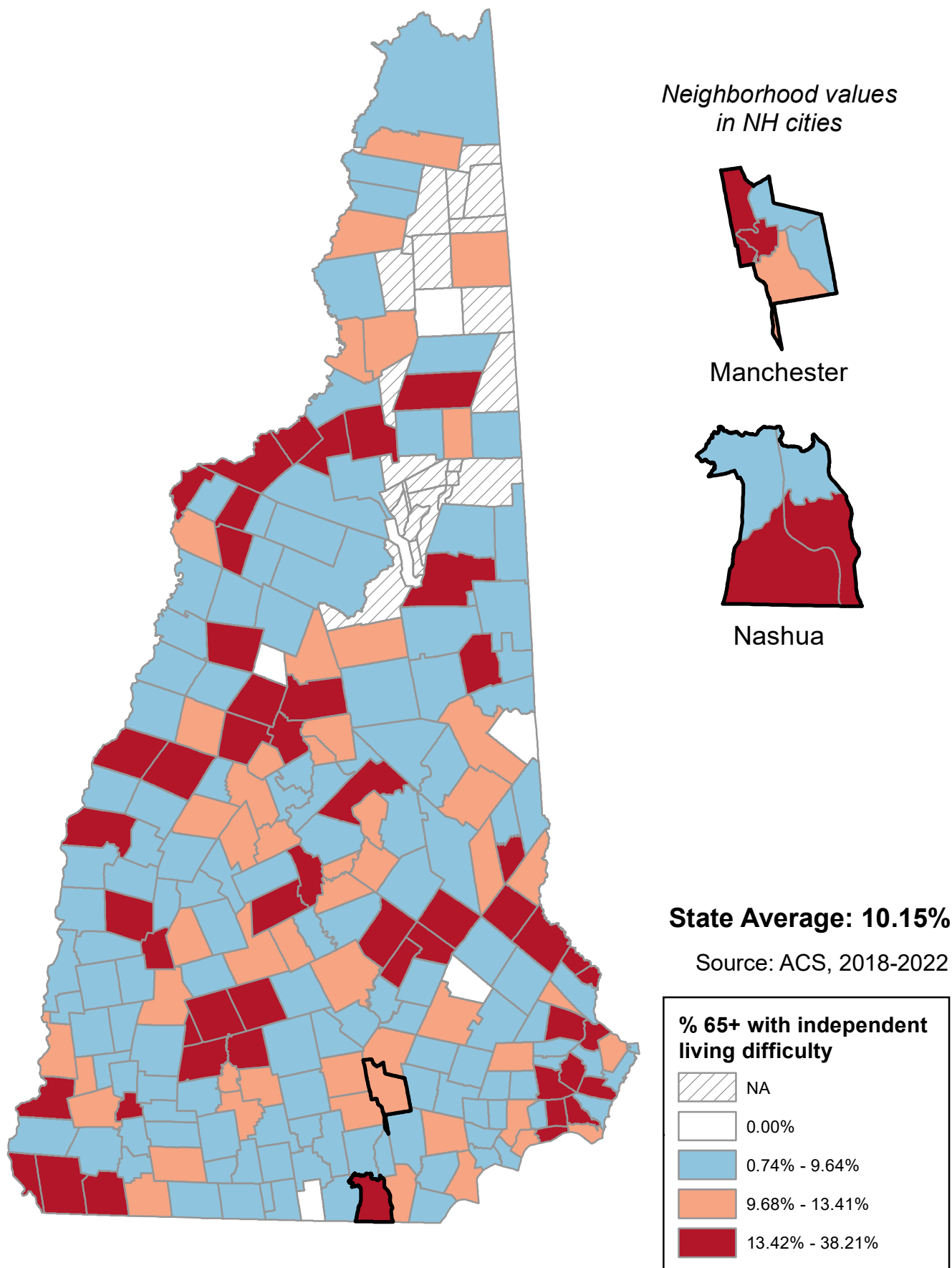


# Percentage of Population Age 65+ Years with Self-Reported Independent Living Difficulty



## Percentage of Population Age 65+ Years with Self-Reported Independent Living Difficulty

Acworth	7.14%	Dalton	18.30%	Haverhill	9.50%	Nelson	7.64%	South Hampton	19.75%	<b>Manchester</b>	
Albany	0.83%	Danbury	10.13%	Hebron	9.75%	New Boston	4.79%	Springfield	6.63%	Central Manchester	21.36%
Alexandria	13.40%	Danville	8.50%	Henniker	16.42%	New Castle	2.75%	Stark	10.56%	Manchester: West	14.39%
Allenstown	8.70%	Deerfield	10.34%	Hill	13.41%	New Durham	9.73%	Stewartstown	5.34%	Manchester: South	13.15%
Alstead	3.80%	Deering	14.72%	Hillsborough	21.24%	New Hampton	8.60%	Stoddard	6.38%	Manchester: North	7.38%
Alton	7.83%	Derry	10.40%	Hinsdale	23.06%	New Ipswich	5.65%	Stratford	5.68%	Manchester: East	7.70%
Amherst	3.20%	Dorchester	9.88%	Holderness	11.29%	New London	8.45%	Stratford	8.11%		
Andover	6.59%	Dover	9.15%	Hollis	8.29%	Newbury	13.10%	Stratham	14.12%	<b>Nashua</b>	
Antrim	18.47%	Dublin	4.97%	Hooksett	11.55%	Newfields	6.09%	Sugar Hill	4.17%	Nashua: Zip 03060	17.76%
Ashland	9.83%	Dummer	0%	Hopkinton	5.78%	Newington	21.25%	Sullivan	8.53%	Nashua: Zip 03062	13.60%
Atkinson	5.40%	Dunbarton	8.38%	Hudson	10.13%	Newmarket	4.09%	Sunapee	5.75%	Nashua: Zip 03063	8.55%
Auburn	3.59%	Durham	13.59%	Jackson	2.89%	Newport	14.13%	Surry	11.52%	Nashua: Zip 03064	8.16%
Barnstead	14.68%	East Kingston	3.35%	Jaffrey	11.55%	Newton	11.26%	Sutton	4.16%		
Barrington	8.57%	Easton	6.99%	Jefferson	29.46%	North Hampton	15.77%	Swanzy	7.68%		
Bartlett	14.04%	Eaton	2.72%	Keene	13.21%	Northfield	13.10%	Tamworth	3.83%		
Bath	10.51%	Effingham	0%	Kensington	14.18%	Northumberland	11.59%	Temple	7.21%		
Bedford	9.94%	Enfild	0%	Kingston	11.86%	Northwood	0%	Thornton	9.98%	<b>Unincorporated Places</b>	
Belmont	11.50%	Enfield	1.59%	Laconia	11.46%	Nottingham	3.77%	Tilton	12.59%	<i>Atkinson and Gilmanton</i>	
Bennington	12.86%	Epping	11.07%	Lancaster	6.77%	Orange	2.74%	Troy	2.74%	<i>Academy Grant</i>	
Benton	3.33%	Epsom	8.80%	Landaff	20.44%	Orford	3.61%	Tuftonboro	5.18%	<i>Bean's Grant</i>	
Berlin	16.46%	Errol	10.43%	Langdon	6.21%	Ossipee	9.84%	Unity	5.39%	<i>Bean's Purchase</i>	
Bethlehem	4.43%	Exeter	15.99%	Lebanon	8.95%	Pelham	9.22%	Wakefield	7.11%	<i>Cambridge</i>	
Boscawen	2.69%	Farmington	14.88%	Lee	5.24%	Pembroke	8.81%	Walpole	9.73%	<i>Chandler's Purchase</i>	
Bow	6.71%	Fitzwilliam	9.70%	Lempster	7.29%	Peterborough	5.15%	Warner	10.15%	<i>Crawford's Purchase</i>	
Bradford	8.45%	Francestown	12.96%	Lincoln	2.18%	Piermont	3.80%	Warren	20.17%	<i>Cutt's Grant</i>	
Brentwood	7.39%	Franconia	0.93%	Lisbon	14.37%	Pittsburg	3.95%	Washington	12.05%	<i>Dix's Grant</i>	
Bridgewater	6.00%	Franklin	14.46%	Litchfield	9.51%	Pittsfield	16.18%	Waterville Valley	9.68%	<i>Dixville</i>	
Bristol	7.59%	Freedom	8.26%	Littleton	22.07%	Plainfield	16.60%	Weare	2.74%	<i>Erving's Location</i>	
Brookfield	1.07%	Fremont	7.53%	Londonderry	9.10%	Plaislow	8.44%	Webster	12.09%	<i>Green's Grant</i>	
Brookline	0%	Gilford	4.69%	Loudon	16.97%	Plymouth	14.11%	Wentworth	7.87%	<i>Hadley's Purchase</i>	
Campton	15.21%	Gilmanton	5.32%	Lyman	7.63%	Portsmouth	11.65%	Westmoreland	17.36%	<i>Kilkenny</i>	
Canaan	17.04%	Gilsum	7.22%	Lyme	8.05%	Randolph	2.29%	Whitefield	17.88%	<i>Livermore</i>	
Candia	5.23%	Goffstown	10.91%	Lyndeborough	5.54%	Raymond	4.31%	Wilmot	3.03%	<i>Low and Burbank's Grant</i>	
Canterbury	6.71%	Gorham	11.86%	Madbury	12.27%	Richmond	14.11%	Wilton	4.94%	<i>Martin's Location</i>	
Carroll	5.88%	Goshen	38.21%	Madison	17.84%	Rindge	7.99%	Winchester	15.85%	<i>Millsfield</i>	
Center Harbor	2.06%	Grafton	11.67%	Manchester	13.39%	Rochester	14.87%	Windham	3.78%	<i>Odell</i>	
Charlestown	7.61%	Grantham	4.17%	Marlborough	9.44%	Rollinsford	14.25%	Windsor	20.83%	<i>Pinkham's Grant</i>	
Chatham	6.90%	Greenfield	9.69%	Marlow	6.06%	Roxbury	18.18%	Wolfeboro	9.85%	<i>Sargent's Purchase</i>	
Chester	3.42%	Greenland	5.81%	Mason	7.63%	Rumney	15.68%	Woodstock	8.93%	<i>Second College Grant</i>	
Chesterfield	4.41%	Greenville	8.29%	Meredith	15.32%	Rye	1.88%			<i>Success</i>	
Chichester	16.74%	Groton	16.92%	Merrimack	6.55%	Salem	9.68%			<i>Thompson and Meserves</i>	
Claremont	5.85%	Hale's Location	7.34%	Middleton	14.34%	Salisbury	21.09%			<i>Purchase</i>	
Clarksville	13.24%	Hampstead	4.00%	Milan	7.07%	Sanbornton	9.64%			<i>Wentworth's Location</i>	
Colebrook	7.62%	Hampton	8.71%	Milford	9.49%	Sandown	8.11%				
Columbia	12.96%	Hampton Falls	15.01%	Milton	12.70%	Sandwich	3.67%				
Concord	10.15%	Hancock	5.76%	Monroe	14.68%	Seabrook	9.73%				
Conway	7.17%	Hanover	17.92%	Mont Vernon	9.56%	Sharon	0.74%				
Cornish	5.96%	Harrisville	1.72%	Moultonborough	3.51%	Shelburne	6.04%				
Croydon	5.31%	Hart's Location	0%	Nashua	13.42%	Somersworth	13.96%				



Point32Health  
Foundation

In partnership with  
Harvard Pilgrim  
Health Care  
a Point32Health company

## Percentage of Population Age 65+ Years with Self-Reported Independent Living Difficulty (Ranked)

Goshen	38.21%	Durham	13.59%	New Durham	9.73%	Temple	7.21%	Hampstead	4.00%	<b>Manchester</b>	
Jefferson	29.46%	Nashua	13.42%	Fitzwilliam	9.70%	Conway	7.17%	Pittsburg	3.95%	Central Manchester	21.36%
Hinsdale	23.06%	Hill	13.41%	Greenfield	9.69%	Acworth	7.14%	Tamworth	3.83%	Manchester: West	14.39%
Littleton	22.07%	Alexandria	13.40%	Salem	9.68%	Wakefield	7.11%	Alstead	3.80%	Manchester: South	13.15%
Newington	21.25%	Manchester	13.39%	Waterville Valley	9.68%	Milan	7.07%	Piermont	3.80%	Manchester: East	7.70%
Hillsborough	21.24%	Clarksville	13.24%	Sanbornton	9.64%	Easton	6.99%	Windham	3.78%	Manchester: North	7.38%
Salisbury	21.09%	Keene	13.21%	Mont Vernon	9.56%	Chatham	6.90%	Nottingham	3.77%		
Windsor	20.83%	Newbury	13.10%	Litchfield	9.51%	Lancaster	6.77%	Sandwich	3.67%	<b>Nashua</b>	
Landaff	20.44%	Northfield	13.10%	Haverhill	9.50%	Bow	6.71%	Orford	3.61%	Nashua: Zip 03060	17.76%
Warren	20.17%	Columbia	12.96%	Milford	9.49%	Canterbury	6.71%	Auburn	3.59%	Nashua: Zip 03062	13.60%
South Hampton	19.75%	Francestown	12.96%	Marlborough	9.44%	Springfield	6.63%	Moultonborough	3.51%	Nashua: Zip 03063	8.55%
Antrim	18.47%	Bennington	12.86%	Pelham	9.22%	Andover	6.59%	Chester	3.42%	Nashua: Zip 03064	8.16%
Dalton	18.30%	Milton	12.70%	Dover	9.15%	Merrimack	6.55%	East Kingston	3.35%		
Roxbury	18.18%	Tilton	12.59%	Londonderry	9.10%	Stoddard	6.38%	Benton	3.33%		
Hanover	17.92%	Madbury	12.27%	Lebanon	8.95%	Langdon	6.21%	Amherst	3.20%		
Whitefield	17.88%	Webster	12.09%	Woodstock	8.93%	Newfields	6.09%	Wilmot	3.03%		
Madison	17.84%	Washington	12.05%	Pembroke	8.81%	Marlow	6.06%	Jackson	2.89%	<b>Unincorporated Places</b>	
Westmoreland	17.36%	Gorham	11.86%	Epsom	8.80%	Shelburne	6.04%	New Castle	2.75%	<i>Atkinson and Gilmanton</i>	
Canaan	17.04%	Kingston	11.86%	Hampton	8.71%	Bridgewater	6.00%	Orange	2.74%	<i>Academy Grant</i>	
Loudon	16.97%	Grafton	11.67%	Allenstown	8.70%	Cornish	5.96%	Wearse	2.74%	<i>Bean's Grant</i>	
Groton	16.92%	Portsmouth	11.65%	New Hampton	8.60%	Carroll	5.88%	Troy	2.74%	<i>Bean's Purchase</i>	
Chichester	16.74%	Northumberland	11.59%	Barrington	8.57%	Claremont	5.85%	Eaton	2.72%	<i>Cambridge</i>	
Plainfield	16.60%	Hooksett	11.55%	Sullivan	8.53%	Greenland	5.81%	Sharon	2.69%	<i>Chandler's Purchase</i>	
Berlin	16.46%	Jaffrey	11.55%	Danville	8.50%	Hopkinton	5.78%	Randolph	2.29%	<i>Crawford's Purchase</i>	
Henniker	16.42%	Surry	11.52%	Bradford	8.45%	Hancock	5.76%	Lincoln	2.18%	<i>Cutt's Grant</i>	
Pittsfield	16.18%	Belmont	11.50%	New London	8.45%	Sunapee	5.75%	Center Harbor	2.06%	<i>Dix's Grant</i>	
Exeter	15.99%	Laconia	11.46%	Plaistow	8.44%	Strafford	5.68%	Rye	1.88%	<i>Dixville</i>	
Winchester	15.85%	Holderness	11.29%	Dunbarton	8.38%	New Ipswich	5.65%	Harrisville	1.72%	<i>Erving's Location</i>	
North Hampton	15.77%	Newton	11.26%	Hollis	8.29%	Lyndeborough	5.54%	Enfield	1.59%	<i>Green's Grant</i>	
Rumney	15.68%	Epping	11.07%	Greenville	8.29%	Atkinson	5.40%	Brookfield	1.07%	<i>Hadley's Purchase</i>	
Meredith	15.32%	Goffstown	10.91%	Freedom	8.26%	Unity	5.39%	Franconia	0.93%	<i>Kilkenny</i>	
Campton	15.21%	Stark	10.56%	Sandown	8.11%	Stewartstown	5.34%	Albany	0.83%	<i>Livermore</i>	
Hampton Falls	15.01%	Bath	10.51%	Stratford	8.11%	Gilmanton	5.32%	Sharon	0.74%	<i>Low and Burbank's Grant</i>	
Farmington	14.88%	Errol	10.43%	Lyme	8.05%	Croydon	5.31%	Brookline	0%	<i>Martin's Location</i>	
Rochester	14.87%	Derry	10.40%	Rindge	7.99%	Lee	5.24%	Dummer	0%	<i>Millsfield</i>	
Deering	14.72%	Deerfield	10.34%	Wentworth	7.87%	Candia	5.23%	Effingham	0%	<i>Odell</i>	
Barnstead	14.68%	Warner	10.15%	Alton	7.83%	Tuftonboro	5.18%	Ellsworth	0%	<i>Pinkham's Grant</i>	
Monroe	14.68%	Concord	10.15%	Swanzey	7.68%	Peterborough	5.15%	Hart's Location	0%	<i>Sargent's Purchase</i>	
Franklin	14.46%	Hudson	10.13%	Nelson	7.64%	Dublin	4.97%	Northwood	0%	<i>Second College Grant</i>	
Lisbon	14.37%	Danbury	10.13%	Lyman	7.63%	Wilton	4.94%			<i>Success</i>	
Middleton	14.34%	Thornton	9.98%	Mason	7.63%	New Boston	4.79%			<i>Thompson and Meserves</i>	
Rollinsford	14.25%	Bedford	9.94%	Colebrook	7.62%	Gilford	4.69%			<i>Purchase</i>	
Kensington	14.18%	Dorchester	9.88%	Charlestown	7.61%	Bethlehem	4.43%			<i>Wentworth's Location</i>	
Newport	14.13%	Wolfeboro	9.85%	Bristol	7.59%	Chesterfield	4.41%				
Stratham	14.12%	Ossipee	9.84%	Fremont	7.53%	Raymond	4.31%				
Richmond	14.11%	Ashland	9.83%	Brentwood	7.39%	Grantham	4.17%				
Plymouth	14.11%	Hebron	9.75%	Hale's Location	7.34%	Sugar Hill	4.17%				
Bartlett	14.04%	Walpole	9.73%	Lempster	7.29%	Sutton	4.16%				
Somersworth	13.96%	Seabrook	9.73%	Gilsum	7.22%	Newmarket	4.09%				

Questions ? [Beth.Dugan@umb.edu](mailto:Beth.Dugan@umb.edu)