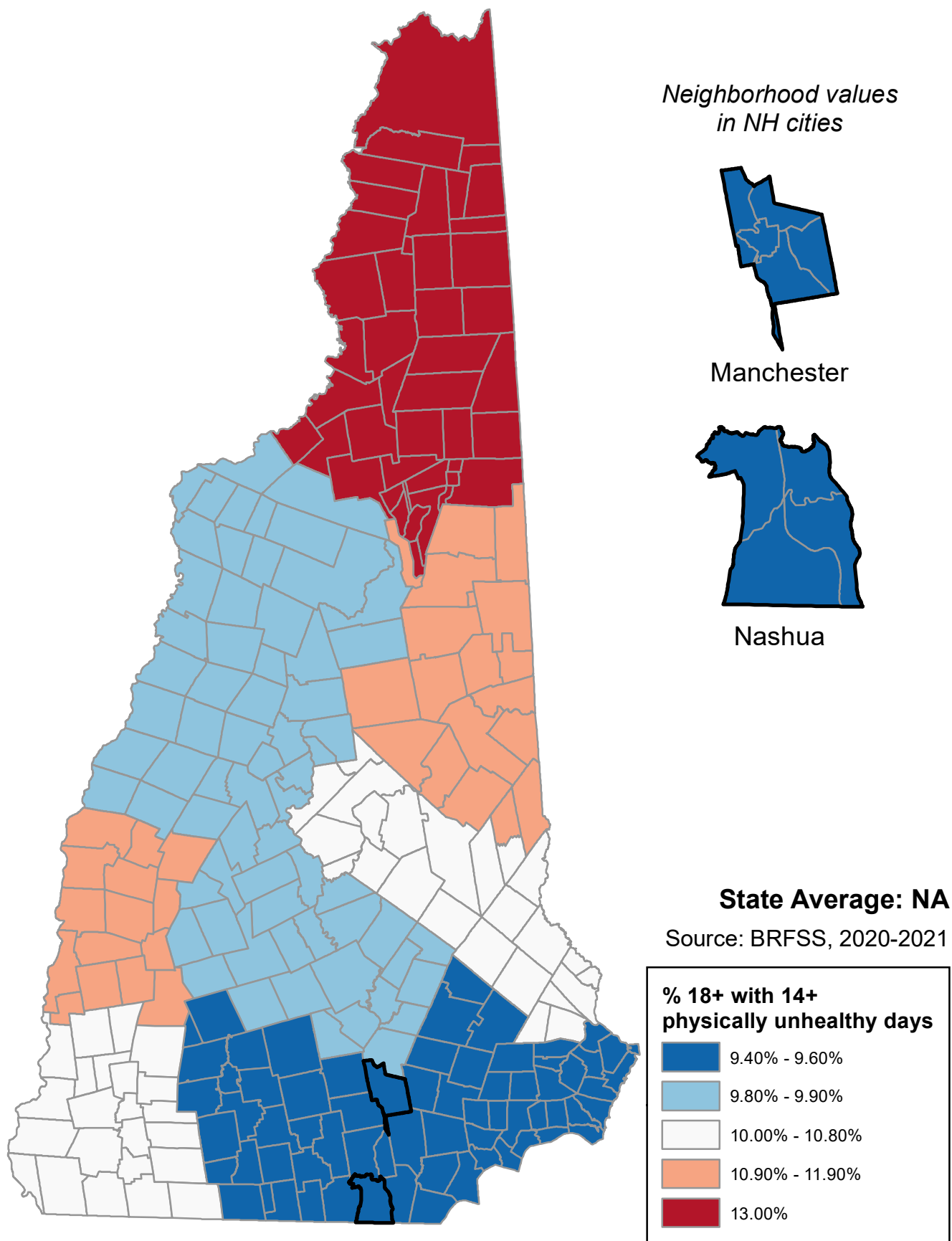


Percentage of Persons Age 18+ Years with 14+ Physically Unhealthy Days (County)



Percentage of Persons Age 18+ Years with 14+ Physically Unhealthy Days (County)

Acworth	11.90%	Dalton	13.00%	Haverhill	9.80%	Nelson	10.70%	South Hampton	9.60%	Manchester	
Albany	10.90%	Danbury	9.90%	Hebron	9.80%	New Boston	9.40%	Springfield	11.90%	Central Manchester	9.40%
Alexandria	9.80%	Danville	9.60%	Henniker	9.90%	New Castle	9.60%	Stark	13.00%	Manchester: West	9.40%
Allenstown	9.90%	Deerfield	9.60%	Hill	9.90%	New Durham	10.00%	Stewartstown	13.00%	Manchester: South	9.40%
Alstead	10.70%	Deering	9.40%	Hillsborough	9.40%	New Hampton	10.80%	Stoddard	10.70%	Manchester: North	9.40%
Alton	10.80%	Derry	9.60%	Hinsdale	10.70%	New Ipswich	9.40%	Strafford	10.00%	Manchester: East	9.40%
Amherst	9.40%	Dorchester	9.80%	Holderness	9.80%	New London	9.90%	Stratford	13.00%		
Andover	9.90%	Dover	10.00%	Hollis	9.40%	Newbury	9.90%	Stratham	9.60%	Nashua	
Antrim	9.40%	Dublin	10.70%	Hooksett	9.90%	Newfields	9.60%	Sugar Hill	9.80%	Nashua: Zip 03060	9.40%
Ashland	9.80%	Dummer	13.00%	Hopkinton	9.90%	Newington	9.60%	Sullivan	10.70%	Nashua: Zip 03062	9.40%
Atkinson	9.60%	Dunbarton	9.90%	Hudson	9.40%	Newmarket	9.60%	Sunapee	11.90%	Nashua: Zip 03063	9.40%
Auburn	9.60%	Durham	10.00%	Jackson	10.90%	Newport	11.90%	Surry	10.70%	Nashua: Zip 03064	9.40%
Barnstead	10.80%	East Kingston	9.60%	Jaffrey	10.70%	Newton	9.60%	Sutton	9.90%		
Barrington	10.00%	Easton	9.80%	Jefferson	13.00%	North Hampton	9.60%	Swanzy	10.70%		
Bartlett	10.90%	Eaton	10.90%	Keene	10.70%	Northfield	9.90%	Tamworth	10.90%		
Bath	9.80%	Effingham	10.90%	Kensington	9.60%	Northumberland	13.00%	Temple	9.40%		
Bedford	9.40%	Ellsworth	9.80%	Kingston	9.60%	Northwood	9.60%	Thornton	9.80%	Unincorporated Places	
Belmont	10.80%	Enfield	9.80%	Laconia	10.80%	Nottingham	9.60%	Tilton	10.80%	<i>Atkinson and Gilmanton</i>	
Bennington	9.40%	Epping	9.60%	Lancaster	13.00%	Orange	9.80%	Troy	10.70%	<i>Academy Grant</i>	
Benton	9.80%	Epsom	9.90%	Landaff	9.80%	Orford	9.80%	Tuftonboro	10.90%	<i>Bean's Grant</i>	
Berlin	13.00%	Errol	13.00%	Langdon	11.90%	Ossipee	10.90%	Unity	11.90%	<i>Bean's Purchase</i>	
Bethlehem	9.80%	Exeter	9.60%	Lebanon	9.80%	Pelham	9.40%	Wakefield	10.90%	<i>Cambridge</i>	
Boscawen	9.90%	Farmington	10.00%	Lee	10.00%	Pembroke	9.90%	Walpole	10.70%	<i>Chandler's Purchase</i>	
Bow	9.90%	Fitzwilliam	10.70%	Lempster	11.90%	Peterborough	9.40%	Warner	9.90%	<i>Crawford's Purchase</i>	
Bradford	9.90%	Francestown	9.40%	Lincoln	9.80%	Piermont	9.80%	Warren	9.80%	<i>Cutt's Grant</i>	
Brentwood	9.60%	Franconia	9.80%	Lisbon	9.80%	Pittsburg	13.00%	Washington	11.90%	<i>Dix's Grant</i>	
Bridgewater	9.80%	Franklin	9.90%	Litchfield	9.40%	Pittsfield	9.90%	Waterville Valley	9.80%	<i>Dixville</i>	
Bristol	9.80%	Freedom	10.90%	Littleton	9.80%	Plainfield	11.90%	Weare	9.40%	<i>Erving's Location</i>	
Brookfield	10.90%	Fremont	9.60%	Londonderry	9.60%	Plaistow	9.60%	Webster	9.90%	<i>Green's Grant</i>	
Brookline	9.40%	Gilford	10.80%	Loudon	9.90%	Plymouth	9.80%	Wentworth	9.80%	<i>Hadley's Purchase</i>	
Campton	9.80%	Gilmanton	10.80%	Lyman	9.80%	Portsmouth	9.60%	Westmoreland	10.70%	<i>Kilkenny</i>	
Canaan	9.80%	Gilsun	10.70%	Lyme	9.80%	Randolph	13.00%	Whitefield	13.00%	<i>Livermore</i>	
Candia	9.60%	Goffstown	9.40%	Lyndeborough	9.40%	Raymond	9.60%	Wilmot	9.90%	<i>Low and Burbank's Grant</i>	
Canterbury	9.90%	Gorham	13.00%	Madbury	10.00%	Richmond	10.70%	Wilton	9.40%	<i>Martin's Location</i>	
Carroll	13.00%	Goshen	11.90%	Madison	10.90%	Rindge	10.70%	Winchester	10.70%	<i>Millsfield</i>	
Center Harbor	10.80%	Grafton	9.80%	Manchester	9.40%	Rochester	10.00%	Windham	9.60%	<i>Odell</i>	
Charlestown	11.90%	Grantham	11.90%	Marlborough	10.70%	Rollinsford	10.00%	Windsor	9.40%	<i>Pinkham's Grant</i>	
Chatham	10.90%	Greenfield	9.40%	Marlow	10.70%	Roxbury	10.70%	Wolfeboro	10.90%	<i>Sargent's Purchase</i>	
Chester	9.60%	Greenland	9.60%	Mason	9.40%	Rumney	9.80%	Woodstock	9.80%	<i>Second College Grant</i>	
Chesterfield	10.70%	Greenville	9.40%	Meredith	10.80%	Rye	9.60%			<i>Success</i>	
Chichester	9.90%	Groton	9.80%	Merrimack	9.40%	Salem	9.60%			<i>Thompson and Meserves</i>	
Claremont	11.90%	Hale's Location	10.90%	Middleton	10.00%	Salisbury	9.90%			<i>Purchase</i>	
Clarksville	13.00%	Hampstead	9.60%	Milan	13.00%	Sanbornton	10.80%			<i>Wentworth's Location</i>	
Colebrook	13.00%	Hampton	9.60%	Milford	9.40%	Sandown	9.60%				
Columbia	13.00%	Hampton Falls	9.60%	Milton	10.00%	Sandwich	10.90%				
Concord	9.90%	Hancock	9.40%	Monroe	9.80%	Seabrook	9.60%				
Conway	10.90%	Hanover	9.80%	Mont Vernon	9.40%	Sharon	9.40%				
Cornish	11.90%	Harrisville	10.70%	Moultonborough	10.90%	Shelburne	13.00%				
Croydon	11.90%	Hart's Location	10.90%	Nashua	9.40%	Somersworth	10.00%				



Point32Health
Foundation

In partnership with
Harvard Pilgrim
Health Care
a Point32Health company

Percentage of Persons Age 18+ Years with 14+ Physically Unhealthy Days (County) (Ranked)

Berlin	13.00%	Sandwich	10.90%	Rollinsford	10.00%	Holderness	9.80%	Raymond	9.60%	Manchester	
Carroll	13.00%	Tamworth	10.90%	Somersworth	10.00%	Landaff	9.80%	Rye	9.60%	Central Manchester	9.40%
Clarksville	13.00%	Tuftonboro	10.90%	Strafford	10.00%	Lebanon	9.80%	Salem	9.60%	Manchester: West	9.40%
Colebrook	13.00%	Wakefield	10.90%	Allenstown	9.90%	Lincoln	9.80%	Sandown	9.60%	Manchester: South	9.40%
Columbia	13.00%	Wolfeboro	10.90%	Andover	9.90%	Lisbon	9.80%	Seabrook	9.60%	Manchester: North	9.40%
Dalton	13.00%	Alton	10.80%	Boscawen	9.90%	Littleton	9.80%	South Hampton	9.60%	Manchester: East	9.40%
Dummer	13.00%	Barnstead	10.80%	Bow	9.90%	Lyman	9.80%	Stratham	9.60%		
Errol	13.00%	Belmont	10.80%	Bradford	9.90%	Lyme	9.80%	Windham	9.60%	Nashua	
Gorham	13.00%	Center Harbor	10.80%	Canterbury	9.90%	Monroe	9.80%	Amherst	9.40%	Nashua: Zip 03060	9.40%
Jefferson	13.00%	Gilford	10.80%	Chichester	9.90%	Orange	9.80%	Antrim	9.40%	Nashua: Zip 03062	9.40%
Lancaster	13.00%	Gilmanton	10.80%	Concord	9.90%	Orford	9.80%	Bedford	9.40%	Nashua: Zip 03063	9.40%
Milan	13.00%	Laconia	10.80%	Danbury	9.90%	Piermont	9.80%	Bennington	9.40%	Nashua: Zip 03064	9.40%
Northumberland	13.00%	Meredith	10.80%	Dunbarton	9.90%	Plymouth	9.80%	Brookline	9.40%		
Pittsburg	13.00%	New Hampton	10.80%	Epsom	9.90%	Rumney	9.80%	Deering	9.40%		
Randolph	13.00%	Sanbornton	10.80%	Franklin	9.90%	Sugar Hill	9.80%	Fracestown	9.40%		
Shelburne	13.00%	Tilton	10.80%	Henniker	9.90%	Thornton	9.80%	Goffstown	9.40%		
Stark	13.00%	Alstead	10.70%	Hill	9.90%	Warren	9.80%	Greenfield	9.40%	Unincorporated Places	
Stewartstown	13.00%	Chesterfield	10.70%	Hooksett	9.90%	Waterville Valley	9.80%	Greenville	9.40%	<i>Atkinson and Gilmanton</i>	
Stratford	13.00%	Dublin	10.70%	Hopkinton	9.90%	Wentworth	9.80%	Hancock	9.40%	<i>Academy Grant</i>	
Whitefield	13.00%	Fitzwilliam	10.70%	Loudon	9.90%	Woodstock	9.80%	Hillsborough	9.40%	<i>Bean's Grant</i>	
Acworth	11.90%	Gilsom	10.70%	New London	9.90%	Atkinson	9.60%	Hollis	9.40%	<i>Bean's Purchase</i>	
Charlestown	11.90%	Harrisville	10.70%	Newbury	9.90%	Auburn	9.60%	Hudson	9.40%	<i>Cambridge</i>	
Claremont	11.90%	Hinsdale	10.70%	Northfield	9.90%	Brentwood	9.60%	Pelham	9.40%	<i>Chandler's Purchase</i>	
Cornish	11.90%	Jaffrey	10.70%	Pembroke	9.90%	Candia	9.60%	Lyndeborough	9.40%	<i>Crawford's Purchase</i>	
Croydon	11.90%	Keene	10.70%	Pittsfield	9.90%	Chester	9.60%	Manchester	9.40%	<i>Cutt's Grant</i>	
Goshen	11.90%	Marlborough	10.70%	Salisbury	9.90%	Danville	9.60%	Mason	9.40%	<i>Dix's Grant</i>	
Grantham	11.90%	Marlow	10.70%	Sutton	9.90%	Deerfield	9.60%	Merrimack	9.40%	<i>Dixville</i>	
Langdon	11.90%	Nelson	10.70%	Warner	9.90%	Derry	9.60%	Milford	9.40%	<i>Erving's Location</i>	
Lempster	11.90%	Richmond	10.70%	Webster	9.90%	East Kingston	9.60%	Mont Vernon	9.40%	<i>Green's Grant</i>	
Newport	11.90%	Rindge	10.70%	Wilnot	9.90%	Epping	9.60%	Nashua	9.40%	<i>Hadley's Purchase</i>	
Plainfield	11.90%	Roxbury	10.70%	Alexandria	9.80%	Exeter	9.60%	New Boston	9.40%	<i>Kilkenny</i>	
Springfield	11.90%	Stoddard	10.70%	Ashland	9.80%	Fremont	9.60%	New Ipswich	9.40%	<i>Livermore</i>	
Sunapee	11.90%	Sullivan	10.70%	Bath	9.80%	Greenland	9.60%	Pelham	9.40%	<i>Low and Burbank's Grant</i>	
Unity	11.90%	Surry	10.70%	Benton	9.80%	Hampstead	9.60%	Peterborough	9.40%	<i>Martin's Location</i>	
Washington	11.90%	Swanzy	10.70%	Bethlehem	9.80%	Hampton	9.60%	Sharon	9.40%	<i>Millsfield</i>	
Albany	10.90%	Troy	10.70%	Bridgewater	9.80%	Hampton Falls	9.60%	Temple	9.40%	<i>Odell</i>	
Bartlett	10.90%	Walpole	10.70%	Bristol	9.80%	Kensington	9.60%	Weare	9.40%	<i>Pinkham's Grant</i>	
Brookfield	10.90%	Westmoreland	10.70%	Campton	9.80%	Kingston	9.60%	Wilton	9.40%	<i>Sargent's Purchase</i>	
Chatham	10.90%	Winchester	10.70%	Canaan	9.80%	Londonderry	9.60%	Windsor	9.40%	<i>Second College Grant</i>	
Conway	10.90%	Barrington	10.00%	Dorchester	9.80%	New Castle	9.60%			<i>Success</i>	
Eaton	10.90%	Dover	10.00%	Easton	9.80%	Newfields	9.60%			<i>Thompson and Meserves</i>	
Effingham	10.90%	Durham	10.00%	Ellsworth	9.80%	Newington	9.60%			<i>Purchase</i>	
Freedom	10.90%	Farmington	10.00%	Enfield	9.80%	Newmarket	9.60%			<i>Wentworth's Location</i>	
Hale's Location	10.90%	Lee	10.00%	Franconia	9.80%	Newton	9.60%				
Hart's Location	10.90%	Madbury	10.00%	Grafton	9.80%	North Hampton	9.60%				
Jackson	10.90%	Middleton	10.00%	Groton	9.80%	Northwood	9.60%				
Madison	10.90%	Milton	10.00%	Hanover	9.80%	Nottingham	9.60%				
Moultonborough	10.90%	New Durham	10.00%	Haverhill	9.80%	Plaistow	9.60%				
Ossipee	10.90%	Rochester	10.00%	Hebron	9.80%	Portsmouth	9.60%				

Questions ? Beth.Dugan@umb.edu